

## Kingston 2024 Health and Wellbeing Survey

The Kingston 2024 Health and Wellbeing Survey is being conducted by **Metropolis Research** on behalf of the City of Kingston from 24 February through to early April.

A total of 1000 residents from across Kingston will participate in the 2024 survey, which is a **door-to-door interview** that will take approximately 20 minutes to complete. Approximately 3000 residents will be invited to take part to reach the 1000 sample size.

**All field staff will be wearing identification and carrying a letter from Council** verifying their role in conducting the surveys.

The survey provides an important source of data from our community about health and wellbeing needs and changes in health status overtime.

We will use this information to help inform development of the Kingston Municipal Public Health and Wellbeing Plan (MPHWP) and Council Plan 2025-2029.

Previous surveys were conducted in 2012, 2016 and 2020.



### Who is conducting the survey?

Kingston City Council has commissioned **Metropolis Research** to conduct this, its fourth, *Health and Wellbeing Survey*. Previous surveys were also conducted in 2012, 2016 and 2020 by Metropolis.

The survey was designed by Council's Health & Social Policy team, in consultation with Metropolis Research to help identify municipal health and wellbeing priorities, new and emerging issues and changes and trends over time.

### Is it compulsory? Is it anonymous?

Residents will be invited to take part in the survey interview. **Participation is voluntary** and residents can choose to not to be involved.

The survey **is anonymous**. It collects some demographic information about participants such as gender and age group but **no personal identification information is collected, and the survey is completely confidential**.

### What happens with the data collected in the survey

Kingston City Council retains ownership of all data and information provided to the research consultant.

All data accessed by the consultant shall at all times be kept confidential and shall not be disclosed to any other party without the prior written approval of Council.



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## What does the survey involve and how long does it take to do?

The Survey is being conducted as a **door-to-door interview**, taking place from **24 February through to early April**.

The survey will take approximately **20 minutes to complete**.

Surveys will be **conducted during daylight hours** with the vast majority conducted on weekends when people are more likely to be home.

If some surveys need to be conducted on weekdays they will be conducted from around 10am to 5pm. No door knocking will occur after dark or into dinner time.

Surveys will be conducted with a total of **1000 residents** from across Kingston. Approximately 3000 residents will be invited to take part in the survey to reach the 1000 sample.

## How do I know the survey is legitimate

Council has engaged Metropolis Research to undertake the Kingston Health and Wellbeing Survey.

**All field staff will be wearing identification and carrying a letter from Council** verifying their role in conducting the door-to-door interview surveys.

## What sort of information and data do the questions capture

The survey provides an important source of data from our community about health and wellbeing needs and changes in health status overtime.

Undertaking the Kingston Health and Wellbeing survey every four years helps us to understand our community's:

- Health and wellbeing needs across different populations groups and locations.
- Healthy lifestyle and mental wellbeing practices and risk factors such as physical activity levels, diet, stress, community participation levels and belonging .
- Health harm and impacts arising from consumption of tobacco products, alcohol and other drugs, and gambling.
- Perceptions of safety and experiences of discrimination and violence.
- Health impacts of climate change and mitigation practices.

Metropolis Research prepares a comprehensive report, which analyses the data collected and compares findings to previous years to highlight changes in our communities health status and themes arising. Council officers then use this to inform the types of programs, services and projects delivered by Council.

The 2024 Health and Wellbeing Survey report will be available to view on the **Public health and wellbeing** page of the City of Kingston website alongside previous survey reports, Kingston's Health and Wellbeing profile and the Kingston Municipal Public Health and Wellbeing Plan.