



KINGSTON SENIORS FESTIVAL

2026 EVENT GUIDE



Festival Partner

**Victorian
Seniors
Festival
2026**



Welcome to the 2026 Kingston Seniors Festival

EVENT BOOKINGS

Please Refer to Individual Event Listings for Booking Details.
Please make inquiries directly to the event organiser listed in the program.

The Festival is an opportunity for older people to:

- Learn about the activities and services that are available in the local community.
- Join local seniors clubs, groups and programs.
- Make new friends.
- Have fun.

Exploring This Year’s Events

To make it easier for you to explore what’s on offer, this year’s events have been grouped into four main categories. Each category highlights a variety of activities designed to suit different interests, hobbies and lifestyles:

Arts, Culture & Creativity	Body & Soul	Gather & Socialise	Learning & Technology
• The Arts • Craft • Fashion • Concerts, Music and Singing • Movies	• Exercise and Fitness • Nature and Walks • Sports • Zumba and Yoga	• Chatty Cafes • Games and Cards • Dancing	• Books and Authors • Info Sessions (Retirement, Finances, Aged Care) • Health and Wellbeing

Note: Many of these events and activities occur throughout the year. Please contact event organisers to discuss how you can participate on an ongoing basis.

Victorian Seniors Festival

For more information about the Victorian Seniors Festival and the many events on offer, please visit seniorsonline.vic.gov.au/Victorian-seniors-festival

ACKNOWLEDGEMENT

The City of Kingston proudly acknowledges the Bunurong Boon wurrung Peoples of the Kulin Nation as the Traditional Owners and Custodians of this land, and we pay our respect to their Elders, past and present.

DISCLAIMER

Please note that events are subject to change. Please contact individual event organisers for further information. The City of Kingston does not have control or responsibility for the accuracy of the events and information listed in the booklet. The material in this booklet was accurate at the time of printing.

Mayor’s Message

I’m delighted to invite you to join us for the 2026 Kingston Seniors Festival this October; a month-long celebration of our wonderful older residents. With more than 100 free and low-cost events and activities on offer, there’s plenty of opportunity to get out, try something new, learn something, meet people and have some fun.

From author talks and social catch-ups to nature walks, craft, fitness, movies, live music, dancing and games, there really is something for everyone. You can also find information sessions on retirement, aged care and local services to help you stay connected and informed.

But the Seniors Festival is about more than what’s on the program. It’s about people.

Our older residents bring so much to Kingston through their knowledge, experience, stories, friendships and contributions to our community. The festival is a chance to celebrate that, while creating opportunities to connect with others and make new friends.

We know that staying socially connected is an important part of living a happy and healthy life. Sometimes it can be as simple as sharing a coffee, joining a group, learning something new or having a chat with someone you haven’t met before.

I encourage you to take a look through the program, find something that catches your eye and give it a go. You might discover a new interest, meet someone new or simply enjoy a great day out with friends. My thanks to everyone across Council, our community centres, local organisations, groups and volunteers who help bring the Seniors Festival to life each year.

I hope you have a wonderful October, and plenty of opportunities to connect, create and celebrate.

Georgina L. Oxley

Georgina Oxley
Mayor
City of Kingston



Bayside Book Club

Hosted by Longbeach Learning and Activity Centre

This friendly group welcomes new members and gives an opportunity for book lovers to get together to discuss books and make social contacts. October's book is Ghost Cities by Siang Lu.

Saturday 3 October
2.00pm - 4.00pm
Cost Free

Location Longbeach Learning and Activity Centre
15 Chelsea Road, Chelsea
Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop - Free Parking

Bookings are essential
Contact Reception
📞 97761386
✉ reception@longbeachcentre.org.au
🌐 www.socialplanet.com.au/activity/view?id=49999

Comedy at the Shirley

Hosted by Kingston Arts

Join us for an evening of gut-busting humour, featuring a treasure trove of comedic talent that'll have you laughing 'til your cheeks ache. Lovingly curated by veteran comedy programmer, Janet A McLeod. Expect big-name comics and rising stars from Australia and around the world.

Friday 9 October
7:30pm - 9:00pm
Cost Full \$30 | Conc. \$25
Groups of 4+ \$25

Location Shirley Burke Theatre
64 Parkers Road, Parkdale
Venue accessibility Wheelchair and scooter accessible - Hearing loop - Close to train station and bus stop

Bookings are essential
Contact Kingston Arts
📞 9556 4440
✉ arts@kingston.vic.gov.au
🌐 www.kingstonarts.com.au/comedy-at-the-shirley

The Art of Entomology with Jason Penfold

Hosted by Kingston Libraries

Join Melbourne artist and educator Jason Penfold for a journey into the hidden beauty of the insect world, where science, art and nature come together. Hear the story behind his unique artistic practice, revealing how natural history, personal storytelling and intricate craftsmanship combine to create his extraordinary works.

Friday 9 October
2.00pm - 3.30pm
Cost Free

Location Cheltenham Library
12 Stanley Avenue, Cheltenham
Venue accessibility Wheelchair and scooter accessible

Bookings are essential
Contact Kingston Libraries
📞 1300 135 668
✉ library.events@kingston.vic.gov.au
🌐 www.library.kingston.vic.gov.au/whats-on/events-activities

Mosaic Community Choir - Come and Try

Hosted by Mosaic Community Choir

If you love to sing, come along and join the choir for an evening of fun. Warm up your voice, learn a new song and enjoy the supper break with our friendly choristers.

Monday 12 October
7:15 pm - 9:15 pm
Cost Free

Location Cheltenham Community Centre - Church of Christ
8 Chesterville Road, Cheltenham
Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop

Bookings are essential
Contact Jackie McInroy
📞 0448 777 580
🌐 www.mosaicchoir.com.au

Jazzeoke

Hosted by Kingston Arts

This isn't your usual karaoke night! Join the Mordialloc Jazz Orchestra (MoJO) for a night of song, jazz and friendly company. MoJO provide a selection of over 130 songs for you to choose from. Register to sing alongside the band or enjoy the jazz as a member of the audience.

Wednesday 14 October
7:30pm - 9:30pm
Cost \$10

Location Kingston City Hall
979-985 Nepean Highway, Moorabbin
Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop

Bookings are essential
Contact Kingston Arts
📞 9556 4440
✉ arts@kingston.vic.gov.au
🌐 www.kingstonarts.com.au/jazzeoke

Southern Music Club

Hosted by Moorabbin Seniors Club Inc.

A night of music appreciation. Bring your own instrument or use our piano or organ. You can sing or just listen.

Wednesday 14 October
7.30pm - 10.00pm
Cost Free during October

Location Moorabbin Activity Hub
964 Nepean Highway, Moorabbin
Venue accessibility Close to train station and bus stop

For event inquiries
Contact Peter Holles
📞 0407 817 038
✉ moorabbinseniors@outlook.com

Mandala Painting

Hosted by Chelsea Heights Community Centre

Join us for a relaxing, hands-on Mandala Painting workshop. Mandalas are beautiful, circular designs that represent harmony and connection. Learn simple dotting and painting techniques to create a stunning piece to take home. Beginner friendly. BYO lunch.

Wednesday 14 October
12.30pm - 2.30pm
Cost \$25

Location Chelsea Heights Community Centre
160 Thames Promenade, Chelsea Heights
Venue accessibility Wheelchair and scooter accessible - Close to bus stop

Bookings are essential
Contact Amandine Gresil
📞 9772 3391
✉ office@chelseaheightscommunitycentre.com.au
🌐 www.chelseaheightscommunitycentre.com.au

Knit One Give One

Hosted by Aspendale Gardens Community Service

Our knitting/crocheting group is a part of the Knit One Give One (KOGO) initiative, which has more than 5,000 knitters across Australia. All are welcome to join our friendly group and help us knit/crochet items for homeless and disadvantaged communities.

Tuesday 20 October
12:30pm - 2:00pm
Cost Free

Location Aspendale Gardens Community Service
103-105 Kearney Drive, Aspendale Gardens
Venue accessibility Wheelchair and scooter accessible

Bookings are essential
Contact Aspendale Gardens Community Service
📞 9587 5955
✉ enquiries@agcsinc.org.au
🌐 www.agcsinc.org.au/kogo

Paint a Posy

Hosted by
Aspendale Gardens
Community Service

Whether you're a seasoned painter or just starting out, this relaxing workshop will help you craft a stunning floral masterpiece to take home. The session includes step-by-step guidance with local artist, Lee Cummins. All materials are provided and no prior experience is needed.

Thursday 22 October

10.00am - 12.00pm

Cost
\$20

Location
Aspendale Gardens
Community Service
103-105 Kearney Drive,
Aspendale Gardens

Venue accessibility
Wheelchair and scooter
accessible

Bookings are essential

Contact
Aspendale Gardens
Community Service

📞 95875955
✉ enquiries@agcsinc.
org.au
🌐 www.nhs.clevero.co/
aspendalegardens-cs/
view/course/304389715

Pop Up Sewing
and Craft Day

Hosted by
Crafty Crafters and
Chelsea Activity Hub

Join Chelsea Activity Hub's 'Crafty Crafters' for a fun craft session in a friendly atmosphere. Bring along your craft, scrapbooking or sewing. There is ample room for sewing machines and laying out quilts. Bring your own lunch or purchase at nearby cafes.

Saturday 24 October

10.00am - 3.00pm

Cost
\$6

Location
Chelsea Activity Hub
3-5 Showers Avenue,
Chelsea

Venue accessibility
Wheelchair and scooter
accessible - Close to
train station and bus
stop

For event inquiries

Contact
Chelsea Activity Hub

📞 9581 3045
✉ chelseaactivityhub@
kingston.vic.gov.au
🌐 www.kingston.vic.gov.
au/chelsea-activity-
hub

Whichever Way
the Wind Blows
Exhibition -
Celebration
Event

Hosted by
Kingston
Arts

This exhibition features jewellery and small objects that explore the impact of waste on our fragile coastline. Created by five contemporary jewellery and object makers: Melinda Young, Gabbee Stolp, Regina Middleton, Liv Boyle, and Lori Hakim. Refreshments and nibbles provided.

Saturday 24 October

11.00am - 1.00pm

Cost
Free

Location
Shirley Burke Theatre -
G3 Gallery
64 Parkers Road,
Parkdale

Venue accessibility
Wheelchair and scooter
accessible - Close to
train station and bus
stop

Bookings are essential

Contact
Visual Arts Team

📞 9556 4440
✉ visualarts@kingston.
vic.gov.au
🌐 www.kingstonarts.
com.au/whats-on/
exhibition-celebration-
whichever-way-the-
wind-blows

Halloween
Seniors Night

Hosted by
Pilipino Elderly
Association of South
East Region

Come along to a night of fun and dancing. Wear your best Halloween costume and enter our costume competition.

Saturday 24 October

6:00 pm - 11:00 pm

Cost
\$60

Location
Clarinda Community
Centre
58B Viney Street,
Clarinda

Venue accessibility
Wheelchair and scooter
accessible - Close to bus
stop

Bookings are essential

Contact
Flora

📞 0421118006
✉ peaser1993@gmail.
com

The Vintage Reel
Cinema Club

Hosted by
Longbeach Learning
and Activity Centre

Join in on the fun of watching Vintage Films together with like-minded people. Free Popcorn and Morning tea.

Tuesday 27 October

11.00am - 1.00pm

Cost
Gold Coin Donation

Location
Longbeach Learning
and Activity Centre
15 Chelsea Road,
Chelsea

Venue accessibility
Wheelchair and scooter
accessible - Close to
train station and bus
stop - Free Parking

Bookings are essential

Contact
Reception

📞 97761386
✉ reception@
longbeachcentre.org.
au
🌐 www.socialplanet.
com.au/activity/
view?id=50005

Author talk -
Brigid Carrick
in Conversation:
The Belfast
Express

Hosted by
Kingston
Libraries

Local author Brigid shares the inspiration behind her novel, The Belfast Express, her experiences as a writer, and the stories that have influenced her work. Content Warning: This event may include discussion of events and circumstances people may find distressing.

Thursday 29 October

2.00pm - 3.30pm

Cost
Free

Location
Cheltenham Library
12 Stanley Avenue,
Cheltenham

Venue accessibility
Wheelchair and scooter
accessible

Bookings are essential

Contact
Kingston Libraries

📞 1300 135 668
✉ library.events@
kingston.vic.gov.au
🌐 www.library.kingston.
vic.gov.au/whats-on/
events-activities

Golden Oldie
Movie Screening

Hosted by
Mordialloc
Neighbourhood House

Enjoy a classic comedy movie with friends this Seniors Month, complete with popcorn and a choc top in a relaxed and welcoming atmosphere.

Multiple dates

Monday
12, 26 October

1:00pm - 3:00pm

Cost
\$2

Location
Mordialloc
Neighbourhood House
457 Main Street,
Mordialloc

Venue accessibility
Wheelchair and scooter
accessible - Close to
train station

Bookings are essential

Contact
Program Coordinator

📞 9587 4534
✉ programs@
mordihouse.com.au
🌐 www.mordihouse.com.
au/

Everyday
Support Skills

Hosted by
City of
Kingston

Build practical skills to support others through tough times in this free training by Relationships Australia Victoria, designed for volunteers and committee members in seniors' groups.

Friday 2 October

10:00 am - 12:00 pm

Cost
Free

Location
Mentone Activity Hub
29 Venice Street,
Mentone

Venue accessibility
Wheelchair and scooter
accessible - Close to
train station and bus
stop

Bookings are essential

Contact
Karyn Knight

✉ karyn.knight@
kingston.vic.gov.au
🌐 www.kingston.vic.gov.
au/everyday-support-
skills

Move & Groove	Social Walking Group - Karkarook Park	Zumba	Chair Yoga	Fashion Parade	Hatha Yoga	Line Dancing Hoedown -Dress to Impress	Tai Chi
Hosted by Mordialloc Neighbourhood House	Hosted by Life Activities Club Cheltenham	Hosted by Clarinda Community Centre	Hosted by Life Activities Club Cheltenham	Hosted by Mordialloc Community Centre	Hosted by Life Activities Club Cheltenham	Hosted by Mordialloc Community Centre	Hosted by Clarinda Community Centre
Music-filled movement session that combines dance, exercise, and rhythm in an enjoyable and supportive environment.	Come along for a one hour social walk in nature. The walk is on a level gravel path and average fitness is sufficient. The walk will be followed by a coffee at a nearby cafe. Park your car in the first carpark and meet on the pathway neaby.	A Latin-inspired, easy-to-follow dance fitness class suitable for all fitness levels. Everyone welcome. BYO drink bottle.	Join us for Chair Yoga.	Come along and enjoy the latest fashion by Postie. Light morning tea is included.	Join us for a session of regular Hatha Yoga.	Mordialloc and Dingley Community Centres have joined forces to bring you a fun-filled hour of line dancing led by Lorraine. Enjoy an afternoon of music, laughter and fun. Everyone is welcome from beginners to experienced dancers. Dress in your favourite line dancing gear.	Tai Chi is a traditional Chinese practice that combines slow, graceful movements with deep breathing and mindfulness. This class offers benefits, such as improved balance, strength, flexibility, and mental well-being. No experience is required.
Monday 5 October	Monday 5 October	Tuesday 6 October	Tuesday 6 October	Thursday 8 October	Thursday 8 October	Tuesday 13 October	Thursday 15 October
1:30pm - 2:15pm	9.30am - 11.30am	6.00pm - 7.00pm	10:30am - 11:30am	11.00am - 1.00pm	6:00pm - 7:30pm	10.00am - 11.30am	12.00pm - 1.00pm
Cost Free	Cost Free	Cost \$6	Cost Free	Cost \$20	Cost Free	Cost \$5	Cost \$6
Location Mordialloc Neighbourhood House 457 Main Street, Mordialloc	Location Karkarook Park Corner Fairchild Street and Warrigal Road, Heatherton	Location Clarinda Community Centre 58B Viney Street, Clarinda	Location Cheltenham East Community Hall 39-41 Follett Road, Cheltenham	Location Mordialloc Community Centre 115A Warren Road, Parkdale	Location Cheltenham East Community Hall 39-41 Follett Road, Cheltenham	Location Dingley Community Centre 31B Marcus Road, Dingley Village	Location Clarinda Community Centre 58B Viney Street, Clarinda
Venue accessibility Wheelchair and scooter accessible - Close to train station	Venue accessibility Close to bus stop	Venue accessibility Wheelchair and scooter accessible - Close to bus stop	Venue accessibility Wheelchair and scooter accessible	Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop	Venue accessibility Wheelchair and scooter accessible	Venue accessibility Wheelchair and scooter accessible - Close to bus stop	Venue accessibility Wheelchair and scooter accessible - Close to bus stop
Bookings are essential	For event inquiries	For event inquiries	For event inquiries	Bookings are essential	For event inquiries	Bookings are essential	For event inquiries
Contact Program Coordinator	Contact Rosie	Contact Clarinda Community Centre	Contact Cheryll	Contact Mordialloc Community Centre	Contact Cheryll	Contact Mordialloc Community Centre	Contact Clarinda Community Centre
📞 9587 4534	📞 0428 514 725	📞 8551 1200	📞 0466 687 313_	📞 9580 3675	📞 0466 687 313_	📞 9580 3675	📞 8551 1200
✉ programs@mordihouse.com.au	✉ rosalynb@bigpond.net.au	✉ clarindacc@kingston.vic.gov.au	✉ mcheryll9@gmail.com	✉ kathy@mordicc.org.au	✉ laccheltenhamorg@gmail.com	✉ kathy@mordicc.org.au	✉ clarindacc@kingston.vic.gov.au
🌐 www.mordihouse.com.au		🌐 www.kingston.vic.gov.au/community/events/upcoming-events/yin-yoga	🌐 www.kingston.vic.gov.au/life-activities-club-cheltenham	🌐 www.mordialloccommunitycentre.org.au	🌐 www.kingston.vic.gov.au/life-activities-club-cheltenham	🌐 www.mordialloccommunitycentre.org.au	🌐 www.kingston.vic.gov.au/community/events/upcoming-events/tai-chi-clarinda

Eat Well,
Age Well
with Joel Feren

Hosted by
Kingston
Libraries

Ageing well is not about restriction; it’s about nourishment, strength and enjoying the foods you love. Join Accredited Practising Dietitian Joel Feren for an engaging and uplifting presentation exploring how everyday food choices can support a healthier, more active life.

Thursday 15 October

10.30am - 12.00pm

Cost
Free

Location
Cheltenham Library
12 Stanley Avenue,
Cheltenham

Venue accessibility
Wheelchair and scooter accessible

Bookings are essential

Contact
Kingston Libraries

📞 1300 135 668
✉ library.events@kingston.vic.gov.au
🌐 www.library.kingston.vic.gov.au/whats-on/events-activities

Open Gate
Day at
Chelsea Heights
Community
Centre

Hosted by
Chelsea Heights
Community Centre

Whether you’re an experienced gardener, a curious beginner, or just want to enjoy a morning outdoors, our Open Gate Day is the perfect chance to connect, learn, and explore! Meet our wonderful team of volunteers and find out how you can get involved in your local green space.

Sunday 18 October

9.45am - 2.00pm

Cost
Free

Location
Chelsea Heights
Community Garden
160 Thames Promenade,
Chelsea Heights

Venue accessibility
Wheelchair and scooter accessible

Bookings are essential

Contact
Amandine Gresil

📞 9772 3391
✉ office@chelseaheightscommunitycentre.com.au
🌐 www.chelseaheightscommunitycentre.com.au

Yin Yoga

Hosted by
Clarinda Community
Centre

Yin Yoga is a slow-paced yoga focused on holding static poses for longer periods of time, allowing the muscles to relax and the deeper connective tissues to release. Yin Yoga is accessible for all experience levels. BYO mat and drink bottle.

Monday 19 October

5.30pm - 6.30pm

Cost
\$6

Location
Clarinda Community
Centre
58B Viney Street,
Clarinda

Venue accessibility
Wheelchair and scooter accessible - Close to bus stop

For event inquiries

Contact
Clarinda Community
Centre

📞 8551 1200
✉ clarindacc@kingston.vic.gov.au
🌐 kingston.vic.gov.au/community/events/upcoming-events/yin-yoga

Social
Walking Group
- Braeside Park

Hosted by
Life Activities Club
Cheltenham

Come along for a one hour social nature walk. Meet fellow walkers at the Ibis car park. The walk will be followed by coffee and nibbles. Please bring your own coffee. Please note: the walk is on a level gravel path and average fitness is fine.

Monday 19 October

9.30am - 11.30am

Cost
Free

Location
Braeside Park
470 Lower Dandenong
Road, Braeside

Venue accessibility
Close to bus stop

For event inquiries

Contact
Rosie

📞 0428 514 725
✉ rosalynb@bigpond.net.au

Hatha Yoga

Hosted by
Sundowner Community
Centre

Hatha Yoga is a practise that incorporates breathing techniques, poses and meditation. It is designed to calm the body, mind and spirit. Hatha Yoga is suitable for all levels of fitness and flexibility. Bring your own mat and drink bottle.

Monday 26 October

9.30am - 10.30am

Cost
\$6

Location
Sundowner Community
Centre
31 Sundowner Avenue,
Clarinda

Venue accessibility
Wheelchair and scooter accessible - Close to bus stop

For event inquiries

Contact
Sundowner Community
Centre

📞 8551 1206
✉ Sundownercc@kingston.vic.gov.au
🌐 www.kingston.vic.gov.au/community/events/upcoming-events/hatha-yoga-sundowner

Jazz Class
(Beginners)

Hosted by
Mordialloc Community
Centre

Guided by Emma, our amazing dance coordinator, learn a beginners Broadway jazz routine in a fun environment.

Tuesday 27 October

10.30am - 11.30am

Cost
\$10

Location
Mordialloc Community
Centre
115A Warren Road,
Parkdale

Venue accessibility
Wheelchair and scooter accessible - Close to train station and bus stop

Bookings are essential

Contact
Mordialloc Community
Centre

📞 9580 3675
✉ kathy@mordicc.org.au
🌐 www.mordialloccommunitycentre.org.au

Movement is
Medicine with
Back In Motion

Hosted by
Aspendale Gardens
Community Service

Come along to hear from a qualified Physio from Back in Motion Aspendale Gardens about ageing well. Topics include; the benefits of exercise (exercise class held afterwards), debunking common myths and safe and effective ways to stay active.

Wednesday 28 October

1.30pm - 3.00pm

Cost
Free

Location
Aspendale Gardens
Community Service
103-105 Kearney Drive,
Aspendale Gardens

Venue accessibility
Wheelchair and scooter accessible

Bookings are essential

Contact
Aspendale Gardens
Community Service

📞 9587 5955
✉ enquiries@agcsinc.org.au
🌐 www.nhs.clevero.co/aspendalegardens-cs/view/course/304354614

Strength &
Balance

Hosted by
Mordialloc
Neighbourhood House

Join our additional Seniors Month class focused on improving strength, balance, flexibility, and confidence in movement.

Multiple dates

Thursday
1, 8, 15, 22, 29 October

2.00pm - 3.00pm

Cost
Free

Location
Mordialloc
Neighbourhood House
457 Main Street,
Mordialloc

Venue accessibility
Wheelchair and scooter accessible - Close to train station

Bookings are essential

Contact
Program Coordinator

📞 9587 4534
✉ programs@mordihouse.com.au
🌐 www.mordihouse.com.au

Line Dancing Hosted by Aspendale Senior Citizens Inc. This class caters for all line dancers from absolute beginners to more advanced. Each dance is called out by our wonderful teacher. Come and have a lot of fun, keep fit and enjoy the great music. We finish with a chat over tea, coffee and biscuits. Multiple dates Wednesday 7, 14, 21, 28 October 1.00pm - 2.00pm Cost \$5 Location Aspendale Seniors Club 151A Station Street, Aspendale Venue accessibility Wheelchair and scooter accessible - Close to train station For event inquiries Contact Sheila Mulder 📞 0417 542 941 ✉ hermschel@bigpond.com	Active Seniors Yoga Hosted by Kingston Active (Waves Leisure Centre) Designed for active seniors, this session focuses on gentle movement emphasizing physical postures, deep breathing, mindfulness and connecting to your body. Multiple dates Wednesday 7, 14 October 11:30am - 12:30pm Cost Free Location Waves Leisure Centre 111 Chesterville Road, Highett Venue accessibility Wheelchair and scooter accessible - Close to bus stop Bookings are essential Contact Waves Customer Service 📞 9559 7111 ✉ active@kingston.vic.gov.au 🌐 www.kingstonactive.com.au	Free Swim on Wednesdays at Waves Leisure Centre Hosted by Kingston Active (Waves Leisure Centre) To celebrate Kingston Seniors Festival, Kingston residents aged 60+ can use the pool for free on Wednesdays only during October. Just mention Kingston Seniors Festival to the friendly staff member at the front counter. Multiple dates Wednesday 7, 14, 21, 28 October 6:00am - 9:00pm Cost Free Location Waves Leisure Centre 111 Chesterville Road, Highett Venue accessibility Wheelchair and scooter accessible - Close to bus stop For event inquiries Contact Waves Customer Service 📞 9559 7111 ✉ active@kingston.vic.gov.au 🌐 www.kingstonactive.com.au	Chair Based Exercise Hosted by Longbeach Learning and Activity Centre Join our Chair-Based Exercise Class for a gentle, fun way to boost strength, flexibility, circulation, and overall wellbeing. Perfect for anyone wanting to move safely and feel great, all in a supportive and friendly environment! Multiple dates Wednesday 7, 21 October 10:30am - 11:20am Cost Free Location Longbeach Learning and Activity Centre 15 Chelsea Road, Chelsea Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop - Free Parking Bookings are essential Contact Reception 📞 97761386 ✉ reception@longbeachcentre.org.au 🌐 www.socialplanet.com.au/activity/view?id=49997	Love to Live – Gentle Chair-Based Exercise Hosted by Cheltenham Community Centre Stay active, improve mobility and support your wellbeing with this fun and welcoming chair-based exercise class. Suitable for all fitness levels, this low-impact session helps build strength, flexibility, balance, and confidence in a supportive social environment. Multiple dates Wednesday 7, 14, 21, 28 October 12.00pm - 12:45pm Cost Free Location Cheltenham Community Centre 8 Chesterville Road, Cheltenham Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop Bookings are essential Contact Bahar Beheshti 📞 9583 0095 ✉ healthwellbeing@chelt.com.au 🌐 www.chelt.com.au/events	Gentle Exercises (Body and Balance) Hosted by Aspendale Senior Citizens Inc. Join us for a class of exercises to beautiful music, led by a much loved teacher. Followed by a chat over tea, coffee and biscuits. Multiple dates Wednesday 7, 14, 21, 28 October 9.30am - 11.00am Cost \$5 Location Aspendale Seniors Club 151A Station Street, Aspendale Venue accessibility Wheelchair and scooter accessible - Close to train station For event inquiries Contact Sheila Mulder 📞 0417 542 941 ✉ hermschel@bigpond.com	Zumba Gold Hosted by Kingston Active (Waves Leisure Centre) A low-impact dance fitness class perfect for beginners of all fitness levels and active older adults who are looking for a modified Zumba class that recreates the original moves at a lower-intensity. Multiple dates Thursday 8, 15 October 11:30am - 12:30pm Cost Free Location Waves Leisure Centre 111 Chesterville Road, Highett Venue accessibility Wheelchair and scooter accessible - Close to bus stop Bookings are essential Contact Waves Customer Service 📞 9559 7111 ✉ active@kingston.vic.gov.au 🌐 www.kingstonactive.com.au	Active Adult Hosted by Longbeach Learning and Activity Centre Join this low-impact aerobic class with 1kg hand weights and chair exercises to improve muscle strength, balance, and bone density. Perfect for staying active and strong. Multiple dates Wednesday 14, 28 October 9:30am - 10:20am Cost Free Location Longbeach Learning and Activity Centre 15 Chelsea Road, Chelsea Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop - Free Parking Bookings are essential Contact Reception 📞 97761386 ✉ reception@longbeachcentre.org.au 🌐 www.socialplanet.com.au/activity/view?id=50242
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Seniors Festival Coffee Morning Hosted by Cheltenham Community Centre Join us for a Seniors Festival Coffee Morning, celebrating connection, community, and International Coffee Day. Purchase a coffee from our café and receive a free piece of cake. Enjoy a relaxed morning chatting with friendly staff and community members in a warm and welcoming environment.	Concert with Professional Entertainer - Joe Mandica Hosted by Aspendale Senior Citizens Inc. Come and listen to some great music and singing by a wonderful entertainer. Enjoy a warm welcome from our members and have a chat over a cup of tea, coffee and biscuits.	Morning Melodies Hosted by Longbeach Learning and Activity Centre Get ready to tap, sing, and laugh at Morning Melodies at a special Seniors Festival price — it's a music session with classic hits, trivia, and instruments for everyone to join in.	Basketball Open Day (All Levels) Hosted by Mordialloc Community Centre Be guided by our pro coach, Jess, for a fun morning of basketball skills. Followed by a cuppa and treat.	A Musical Morning Hosted by Chelsea Heights Community Centre Enjoy a delicious morning tea while being entertained by live music from Frank Lee Darling, featuring a selection of popular tunes sure to have you singing along. Doors open at 9.45am.	Chatty Café Hosted by Aspendale Gardens Community Service Chatty café is open to all members of our community. Enjoy a cup of coffee, tea and light refreshments and chat to CEO Narelle Hearn. We'll run some informal chatting time as well as ask questions to the group to learn more about each other.	Concert with Professional Entertainer - Carol Partridge Hosted by Aspendale Senior Citizens Inc. Come and listen to some great music and singing by a wonderful entertainer. Enjoy a warm welcome from our members and have a chat over a cup of tea, coffee and biscuits.	Chatty Cafe - Game On! Hosted by Longbeach Learning and Activity Centre Join us for a morning of connection and fun at our Seniors Festival Chatty Cafe. Enjoy a free morning tea and engage in lively trivia and games. It's the perfect opportunity to meet new people, make friends, and have fun. Everyone is welcome.
Thursday 1 October 11.00am - 12.00pm Cost FREE	Monday 5 October 1.15pm - 3.00pm Cost Free	Tuesday 6 October 11.00am - 12:30pm Cost \$5 - Seniors Fest Special	Wednesday 7 October 10.30am - 12.00pm Cost \$5	Wednesday 7 October 10.00am - 11.30am Cost \$15	Friday 9 October 10:30am - 11:30am Cost Free	Monday 12 October 1.15pm - 3.00pm Cost Free	Tuesday 13 October 10.00am - 11:30am Cost Gold coin donation
Location Cheltenham Community Centre 8 Chesterville Road, Cheltenham Venue accessibility Wheelchair and scooter accessible - Close to bus stop	Location Aspendale Seniors Club 151A Station Street, Aspendale Venue accessibility Wheelchair and scooter accessible - Close to train station	Location Longbeach Learning and Activity Centre 15 Chelsea Road, Chelsea Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop - Free Parking	Location Aspendale Gardens Community Service 103-105 Kearney Drive, Aspendale Gardens Venue accessibility Wheelchair and scooter accessible - Close to bus stop	Location Chelsea Heights Community Centre 160 Thames Promenade, Chelsea Heights Venue accessibility Wheelchair and scooter accessible	Location Aspendale Gardens Community Service 103-105 Kearney Drive, Aspendale Gardens Venue accessibility Wheelchair and scooter accessible (including accessible toilet facilities, parking and flat entry)	Location Aspendale Seniors Club 151A Station Street, Aspendale Venue accessibility Wheelchair and scooter accessible - Close to train station	Location Longbeach Learning and Activity Centre 15 Chelsea Road, Chelsea Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop - Free Parking
Bookings are essential Contact Bahar Beheshti ☎ 9583 0095 ✉ healthwellbeing@chelt.com.au 🌐 www.chelt.com.au/events.html	For event inquiries Contact Sheila Mulder ☎ 0417 542 941 ✉ hermschel@bigpond.com	Bookings are essential Contact Reception ☎ 97761386 ✉ reception@longbeachcentre.org.au 🌐 www.socialplanet.com.au/activity/view?id=50120	Bookings are essential Contact Mordialloc Community Centre ☎ 9580 3675 ✉ kathy@mordicc.org.au 🌐 www.mordialloccommunitycentre.org.au	Bookings are essential Contact Amandine Gresil ☎ 9772 3391 ✉ office@chelseaheightscommunitycentre.com.au 🌐 www.chelseaheightscommunitycentre.com.au	For event inquiries Contact Aspendale Gardens Community Service ☎ 9587 5955 ✉ enquiries@agcsinc.org.au 🌐 www.agcsinc.org.au/chatty-café	For event inquiries Contact Sheila Mulder ☎ 0417 542 941 ✉ hermschel@bigpond.com	Bookings are essential Contact Reception ☎ 97761386 ✉ reception@longbeachcentre.org.au 🌐 www.socialplanet.com.au/activity/view?id=50123

Mordi Munch - Dolly Parton Show Hosted by Mordialloc Community Centre Join us for a fun filled afternoon at the Mordialloc Community Centre for the Dolly Parton Show.Cost includes a 2 course lunch, show, glass of champers, tea and coffee. Doors open at 12.00pm.	Concert with Professional Entertainer - Chelly Parisi Hosted by Aspendale Senior Citizens Inc. Come and listen to some great music and singing by a wonderful entertainer. Enjoy a warm welcome from our members and have a chat over a cup of tea, coffee and biscuits.	Chelbara Singers Hosted by Longbeach Learning and Activity Centre Join in the joy of singing with our Chelbara Singers during the Seniors Festival.	Bus Trip Hosted by Mordialloc Community Centre Join us for a fun day trip out to the RAAF Museum at Pt Cook. Morning tea and a delicious 3 course lunch is included. Arrive at the centre by 8.45am. Bus will leave the centre at 9am sharp.	Movie Afternoon - The Best Exotic Marigold Hotel Hosted by Cheltenham Community Centre Come along to our movie screening of The Best Exotic Marigold Hotel, a feel-good film in a friendly community setting. This is the perfect opportunity to unwind, connect with others, and share a lovely time together.	Fiesta Latina Señor y Señora Hosted by Fil-Aus Seniors Association Inc Come along for a delightful day of community and dance at our Fiesta Latina. Enjoy food and drinks. Bring your friends and dancing shoes.	Concert with Professional Entertainer - Jeff Patterson Hosted by Aspendale Senior Citizens Inc. Come and listen to some great music and singing by a wonderful entertainer. Enjoy a warm welcome from our members and have a chat over a cup of tea. coffee and biscuits.	Friendly Fellas Hosted by Friendly Fellas and Chelsea Activity Hub Fellas, come along and connect with others in a relaxed and friendly environment over a cuppa and light refreshments.
Wednesday 14 October 12.00pm - 3.00pm Cost \$43	Monday 19 October 1.15pm - 3.00pm Cost Free	Monday 19 October 10.00am - 12.00pm Cost Free	Thursday 22 October 8.45am - 4.00pm Cost \$70	Thursday 22 October 1.00pm - 3.00pm Cost Free	Sunday 25 October 12:00pm - 4:30pm Cost \$10	Monday 26 October 1.15pm - 3.00pm Cost Free	Tuesday 27 October 10.00am - 11.30am Cost \$6
Location Mordialloc Community Centre 115A Warren Road, Parkdale Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop	Location Aspendale Seniors Club 151A Station Street, Aspendale Venue accessibility Wheelchair and scooter accessible - Close to train station	Location Longbeach Learning and Activity Centre 15 Chelsea Road, Chelsea Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop - Free Parking	Location Mordialloc Community Centre 115A Warren Road, Parkdale Venue accessibility Close to train station and bus stop	Location Cheltenham Community Centre 8 Chesterville Road, Cheltenham Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop	Location Mentone Activity Hub 29 Venice Street, Mentone Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop	Location Aspendale Seniors Club 151A Station Street, Aspendale Venue accessibility Wheelchair and scooter accessible - Close to train station	Location Chelsea Activity Hub 3-5 Showers Avenue, Chelsea Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop
Bookings are essential Contact Mordialloc Community Centre 📞 9580 3675 ✉ kathy@mordicc.org.au 🌐 www.mordialloc community centre.org.au	For event inquiries Contact Sheila Mulder 📞 0417 542 941 ✉ hermschel@bigpond.com	Bookings are essential Contact Reception 📞 97761386 ✉ reception@ longbeachcentre.org.au 🌐 www.socialplanet.com.au/activity/view?id=50233	Bookings are essential Contact Mordialloc Community Centre 📞 9580 3675 ✉ kathy@mordicc.org.au 🌐 www.mordialloc community centre.org.au	Bookings are essential Contact Bahar Beheshti 📞 9583 0095 ✉ healthwellbeing@ chelt.com.au 🌐 www.chelt.com.au/ events	Bookings are essential Contact Len or Rebecca 📞 0422 440 255 0422 453 578 ✉ lenvillanueva57@ hotmail.com 🌐 www.filaus.com.au	For event inquiries Contact Sheila Mulder 📞 0417 542 941 ✉ hermschel@bigpond.com	Bookings are essential Contact Chelsea Activity Hub 📞 9581 3045 ✉ chelseaactivityhub@ kingston.vic.gov.au 🌐 www.kingston.vic.gov.au/Chelsea-activity-hub

Table Tennis Monday Mornings Hosted by Moorabbin Seniors Club Inc. Join us for Social Table Tennis. Beginners or experienced players welcome. Own bat required. Multiple dates Monday 5, 12, 19, 26 October 10.00am - 12.30pm Cost Free during October Location Moorabbin Activity Hub 964 Nepean Highway, Moorabbin Venue accessibility Close to train station and bus stop For event inquiries Contact Marcus Carli ☎ 0410 443 687 ✉ moorabbinseniors@outlook.com 🌐 www.kingston.vic.gov.au/table-tennis-Moorabbin-seniors	Table Tennis Monday Afternoons Hosted by Moorabbin Seniors Club Inc. Join us for Social Table Tennis. Beginners or experienced players welcome. Own bat required. Multiple dates Monday 5, 12, 19, 26 October 1.00pm - 3.30pm Cost Free during October Location Moorabbin Activity Hub 964 Nepean Highway, Moorabbin Venue accessibility Close to train station and bus stop For event inquiries Contact Marcus Carli ☎ 0410 443 687 ✉ moorabbinseniors@outlook.com 🌐 www.kingston.vic.gov.au/table-tennis-Moorabbin-seniors	Table Tennis Thursday Hosted by Moorabbin Seniors Club Inc. Join us for Social Table Tennis. Beginners or experienced players welcome. Own bat required. Multiple dates Thursday 1, 8, 15, 22, 29 October 1.00pm - 3.30pm Cost Free during October Location Moorabbin Activity Hub 964 Nepean Highway, Moorabbin Venue accessibility Close to train station and bus stop For event inquiries Contact Marcus Carli ☎ 0410 443 687 ✉ moorabbinseniors@outlook.com 🌐 www.kingston.vic.gov.au/table-tennis-Moorabbin-seniors	Social Ballroom Dancing Hosted by Aspendale Senior Citizens Inc. Come and join in a variety of ballroom dances or just listen to some great music. You do not need a partner. We have a break in the middle and enjoy a chat over tea, coffee and biscuits. All are welcome. Multiple dates Friday 2, 9, 16, 23, 30 October 9.30am - 12.00pm Cost \$3 Location Aspendale Seniors Club 151A Station Street, Aspendale Venue accessibility Wheelchair and scooter accessible - Close to train station For event inquiries Contact Sheila Mulder ☎ 0417 542 941 ✉ hermschel@bigpond.com	Seniors Social Tennis Morning Hosted by Chelsea Lawn Tennis Club Join us for a non competitive, fun morning of social tennis with a friendly group of members. Please wear suitable shoes. Raquet, tennis balls and morning tea provided. Booking is not required. Multiple dates Monday 5 October Wednesday 7 October 9.30am - 11.30am Cost Free Location Chelsea Lawn Tennis Club 13 Beardsworth Avenue, Chelsea Venue accessibility Close to train station and bus stop For event inquiries Contact Fay Ryan ☎ 0438 722 007 ✉ chelseatennis22@yahoo.com.au	Social Table Tennis Hosted by Aspendale Senior Citizens Inc. Enjoy a great game of table tennis with a very friendly group of people. Finish with tea, coffee and biscuits. Multiple dates Tuesday 6, 13, 20, 27 October 9.15am - 11.30am Cost \$3 Location Aspendale Seniors Club 151A Station Street, Aspendale Venue accessibility Wheelchair and scooter accessible - Close to train station For event inquiries Contact Sheila Mulder ☎ 0417 542 941 ✉ hermschel@bigpond.com	500 Card & Cuppa Hosted by Aspendale Gardens Community Service Play a game of 500 and enjoy a chat and cuppa. All welcome. Multiple dates Wednesday 7, 14, 21 October 1:00pm - 4:00pm Cost Free Location Aspendale Gardens Community Service 103-105 Kearney Drive, Aspendale Gardens Venue accessibility Wheelchair and scooter accessible (including accessible toilet, parking and flat entry) For event inquiries Contact Aspendale Gardens Community Service ☎ 9587 5955 ✉ enquiries@agcsinc.org.au 🌐 www.agcsinc.org.au/500cards-cuppa	Chatty Café – Connect over a Cuppa Hosted by Cheltenham Community Centre Enjoy a relaxed morning of conversation and connection at our Chatty Café. Whether you come on your own or with a friend, you'll be warmly welcomed. Enjoy a chat and make new connections. Complimentary cake with every coffee purchased. Multiple dates Wednesday 7, 14, 21, 28 October 10:30am - 11:30am Cost Free Location Cheltenham Community Centre 8 Chesterville Road, Cheltenham Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop Bookings are essential Contact Bahar Beheshti ☎ 9583 0095 ✉ healthwellbeing@chelt.com.au 🌐 www.chelt.com.au/events
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BIKETOBER

Ride, Rate, Win!

Ride anywhere, anytime

1-31 Oct

Rate your routes and help make your community better for biking

100+ prizes to win!

Scan the QR code to get involved!



Find out more lovetoride.net/kingston

Rummikub and 500 Card Games

Hosted by Life Activities Club Cheltenham

Join us and play Rummikub or 500 Card games.

Multiple dates

Friday 9, 16, 23, 30 October

1.00pm - 4.00pm

Cost Free

Location Cheltenham East Community Hall 39-41 Follett Road, Cheltenham

Venue accessibility Wheelchair and scooter accessible

For event inquiries

Contact Marion

9568 7482
carnegie.beena@gmail.com
www.kingston.vic.gov.au/life-activities-club-cheltenham

Scrabble

Hosted by Life Activities Club Cheltenham

Come along and join our regular Scrabble sessions with club members.

Multiple dates

Monday 12, 26 October

1:00pm - 4:00pm

Cost Free

Location Cheltenham East Community Hall 39-41 Follett Road, Cheltenham

Venue accessibility Wheelchair and scooter accessible

For event inquiries

Contact Helen

0437 856 629
laccheltenhamorg@gmail.com
www.kingston.vic.gov.au/life-activities-club-cheltenham

Mahjong Open Day

Hosted by Mordialloc Community Centre

Are you interested in learning Mahjong? Come along and lean today. We welcome beginners.

Multiple dates

Friday 16, 23 October

10.00am - 12.00pm

Cost Free

Location Mordialloc Community Centre 115A Warren Rd, Parkdale

Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop

Bookings are essential

Contact Mordialloc Community Centre

Dementia Information Session

Hosted by Westall Community Hub

An informative session about dementia, presented by health professionals from The Water Well Project.

Friday 2 October

9.45am - 11.00am

Cost Free

Location Westall Community Hub 35 Fairbank Road, Clayton South

Venue accessibility Wheelchair and scooter accessible - Hearing loop - Close to train station and bus stop

Bookings are essential

Contact Westall Community Hub
9581 3050
westallhub@kingston.vic.gov.au
www.kingston.vic.gov.au/westall-community-hub

Transport Information Session

Hosted by City of Kingston

The session is for people who, due to health conditions, have limited access to transport. Information includes Multi-Purpose Taxi Program (half price taxi card), community bus service, government subsidised transport programs, companion card and more.

Thursday 8 October

1pm - 2.30pm

Cost Free

Location Aspendale Senior Citizens Centre 151A Station St, Aspendale

Venue accessibility Wheelchair access

Bookings are essential

Contact Aspendale Senior Citizens Centre
0409 767 438

Aged Pension, Your Choices

Hosted by City of Kingston and Services Australia

Basics about income and assets, online services, concession cards as well as deeming & gifting. Understand your pension options, make informed decisions to maximize your retirement savings and secure your financial future.

Monday 12 October

10.30am - 11.30am

Cost Free

Location Aspendale Gardens Community Service 103-105 Kearney Drive, Aspendale Gardens

Venue accessibility Wheelchair access

Bookings are essential

Contact Aspendale Gardens Community Service
9587 5955

Transport Information Session

Hosted by City of Kingston

The session is for people who, due to health conditions, have limited access to transport. Information includes Multi-Purpose Taxi Program (half price taxi card), community bus service, government subsidised transport programs, companion card and more.

Tuesday 13 October

11.30am - 12.30pm

Cost Free

Location Mordialloc Neighbourhood House 457 Main St, Mordialloc

Venue accessibility Wheelchair access

Bookings are essential

Contact Mordialloc Neighbourhood House
9587 4534

AI in Everyday Life Presented by ReadyTechGo

Hosted by
Kingston
Libraries

Whether your brand new to AI or simply want to know what all the buzz is about, this welcoming session is the perfect place to start. Discover how tools like ChatGPT can help with everyday tasks, explore the benefits and limitations of AI, and learn practical tips for staying safe online.

Friday, 23 October

11.00am - 12.30pm

Cost
Free

Location
Cheltenham Library
12 Stanley Avenue,
Cheltenham

Venue accessibility
Wheelchair and scooter accessible

Bookings are essential

Contact
Kingston Libraries

☎ 1300 135 668

✉ library.events@kingston.vic.gov.au

🖱️ www.library.kingston.vic.gov.au/whats-on/events-activities



Wellbeing and Financial Literacy

Hosted by Kingston Libraries

Boost your wellbeing. Build your confidence. Take control of your finances. Pick up simple budgeting tips, explore ways to support your wellbeing, and learn about services available in your community.

Monday, 26 October
2.00pm - 3.30pm
Cost Free

Location Clarinda Library
58 Viney Street, Clarinda
Venue accessibility Wheelchair and scooter accessible

Bookings are essential
Contact Kingston Libraries
📞 1300 135 668
✉ library.events@kingston.vic.gov.au
🌐 www.library.kingston.vic.gov.au/whats-on/events-activities

Accommodation Options / Downsizing Your Home

Hosted by City of Kingston and Services Australia

This session explores accommodation alternatives and the benefits from downsizing your home, including financial considerations, lifestyle changes, and practical steps to transition to a living space that better suits your needs.

Tuesday, 27 October
11.30am - 12.30pm
Cost Free

Location Mordialloc Neighbourhood House
457 Main St, Mordialloc
Venue accessibility Wheelchair access

Bookings are essential
Contact Mordialloc Neighbourhood House
📞 9587 4534

Life-Saving Skills Info Session: CPR & Defibrillator Basics (non certified course)

Hosted by Chelsea Heights Community Centre

Join us for a relaxed, practical information session to build your confidence and learn essential first-aid skills. You will learn the basics of resuscitation, including simple steps to help someone in need and defibrillator demystified.

Note: this workshop is a casual, non-certified awareness session.

Wednesday, 28 October
10.00am - 11.00am
Cost Free

Location Chelsea Heights Community Centre
160 Thames Promenade, Chelsea Heights
Venue accessibility Wheelchair and scooter accessible

Bookings are essential
Contact Amandine Gresil
📞 9772 3391
✉ office@chelseaheightscommunitycentre.com.au
🌐 www.chelseaheightscommunitycentre.com.au

Heart Health Information Session

Hosted by Westall Community Hub

An informative session about heart health, presented by health professionals from The Water Well Project.

Friday, 30 October
9.45am - 11.00am
Cost Free

Location Westall Community Hub
35 Fairbank Road, Clayton South
Venue accessibility Wheelchair and scooter accessible - Hearing loop - Close to train station and bus stop

Bookings are essential
Contact Westall Community Hub
📞 9581 3050
✉ westallhub@kingston.vic.gov.au
🌐 www.kingston.vic.gov.au/westall-community-hub

Savvy Seniors

Hosted by Mordialloc Neighbourhood House

Join our regular IT Help Program and build confidence using phones, tablets, computers, email, apps, and online services.

Multiple dates
Wednesday 7, 14, 21, 28 October
1:30pm - 2:30pm
Cost \$3

Location Mordialloc Neighbourhood House
457 Main Street, Mordialloc
Venue accessibility Wheelchair and scooter accessible - Close to train station

Bookings are essential
Contact Program Coordinator
📞 9587 4534
✉ programs@mordihouse.com.au
🌐 www.mordihouse.com.au

Aged Care Information Session

Hosted by Kingston AccessCare

The City of Kingston's AccessCare team is hosting in-home care information sessions. Join us to learn what in-home care is, how to apply for support through My Aged Care and how we can assist you or your loved one to maintain their independence.

Multiple dates
Tuesday 13, 20 October 11.00am - 12.30pm
Thursday, 15 October 6.00pm - 7.30pm
Cost Free

Location City of Kingston (Mentone Office)
34 Brindisi Street, Mentone
Venue accessibility Wheelchair and scooter accessible - Close to train station and bus stop

Bookings are essential
Contact AccessCare
📞 1300 819 200
✉ info@accesscare.org.au
🌐 www.accesscare.org.au

Tech Help Café

Hosted by Cheltenham Community Centre

Drop in for a friendly chat with Billy, our tech guru, while enjoying a discounted coffee. Get help with phones, iPads, emails, settings, and other small everyday tech questions. This is casual one-on-one support, not a formal class, in a welcoming environment.

Multiple dates
Tuesday 6, 20 October
1pm - 2pm
Cost Free

Location Cheltenham Community Centre
8 Chesterville Road, Cheltenham
Venue accessibility Wheelchair and scooter accessible - Close to bus stop

Bookings are essential
Contact Bahar Beheshti
📞 9583 0095
✉ healthwellbeing@chelt.com.au
🌐 www.chelt.com.au/events.html

Premium in home support, you can trust.

Why choose AccessCare?

- ✓ Compassionate, highly qualified professionals
- ✓ Consistent, reliable care you can depend on
- ✓ Tailored support that respects your goals and preferences
- ✓ Flexible services that adapt as your needs change

To find out more, talk to us.

📞 1300 819 200
🌐 accesscare.org.au





Victorian Seniors Festival 2026