

Activity GUIDE

WESTALL
COMMUNITY
HUB

JANUARY - JUNE 2025



*A place to learn new skills, stay fit,
have fun and meet new people!*



City of
KINGSTON

MONDAYS

ENGLISH CLASSES - English for living

10:00am - 1:00pm

Friendly, casual sessions for those with limited English skills who want to increase their confidence. Facilitated by a qualified trainer. Facilitated by Longbeach Place Neighbourhood House.
Contact ☎ 9776 1386 ✉ reception@longbeachplace.org.au

ZUMBA

7:00pm - 8:00pm

\$5 per session

*cash only

A Latin-inspired, easy-to-follow dance fitness class suitable for all fitness levels. Everyone welcome!



TUESDAYS

PILATES

9:45am - 10:30am

\$5 per session

Help develop core strength and coordination through traditional pilates movements, use of breath and correct alignment. You'll feel a difference in your posture and gain overall toning with every class. BYO drink bottle and mat.

ART FOR CONNECTION

10:00am - 12:00pm

\$5 per session

Discover your inner artist! Come along to learn technical skills for painting and drawing from a professional artist in an inclusive and social environment. Suitable for beginners to advanced. This program is run in partnership with Australian Multicultural Community Services.

KIDS CREATIVE DANCE CLASS

4:15pm - 5:15pm

\$5 per session

Learn new moves and have fun in this creative dance class with a professional dance instructor. Class runs during school terms.

CREATIVE DANCE



PILATES



WEDNESDAYS

CRAFTY COMMUNITY GROUP

9:15am - 12:00pm
\$2 per class

Come and join our friendly weekly craft group! Bring along any craft you like, share your skills and ideas – and learn some new ones! Tea and coffee provided.

BASIC ENGLISH FOR THE CHINESE COMMUNITY

2:00pm - 3:00pm
\$2 per class

English language conversation group, supported by a registered volunteer. See Westall Hub staff for details or call 9581 3050.

ZUMBA **NEW!**

7:15pm - 8:15pm
\$5 per session
*cash only

A Latin-inspired, easy-to-follow dance fitness class suitable for all fitness levels. Everyone welcome!



Kids Art Class

**Wednesdays
& Thursdays**
4:15pm - 5:15pm
\$5 per class
Ages 5+

Have fun creating art by painting, sketching, collage and more, in a class with a professional artist. All materials supplied.



THURSDAYS

ENGLISH CONVERSATION GROUP

9:30am - 11:30am
\$2 per class

Come and learn the basics of conversational English with our volunteer tutors to increase your confidence and understanding of the English language. Class runs during school terms.

Pilates

7:00pm-8:00pm
\$5 per session*
*Cash only

Join our mat Pilates class to increase your core strength, muscular balance and flexibility. All levels of fitness from beginner to advanced are welcome. BYO mat and water bottle.

FRIDAYS

MOVE & CONNECT

10:00am - 11:00am

\$5 per session

A class for connecting your mind and body using various activities from relaxation to expression through movement. No prior experience necessary.

FRIENDSHIP GROUP

11:00am-12:00pm

FREE

Join us to meet new people, socialise and connect with your community. This free session is for everyone-enjoy some company and try some of the activities on offer.

MOVE & CONNECT



FRIENDSHIP GROUP



Keep updated by signing up
to the Westall e-Newsletter.

*Scan to
sign up!*



EARLY YEARS SERVICES

PLAYGROUPS

Small Talk

Mondays

10:00am - 12:00pm

For more information on Kingston playgroups, please contact:

☎ 9581 4966

✉ playgroups@kingston.vic.gov.au

🌐 kingston.vic.gov.au/services/families-and-children/playgroups

Little Learners

Tuesdays,

Wednesdays

& Fridays

10:00am - 12:00pm

KINDERGARTEN

Give your child a great start to their education!

Three-year-old kindergarten

- Children learn, build confidence & independence skills

Four-year-old kindergarten

- Help prepare your child for school

To register for kindergarten go to:

🌐 kingston.vic.gov.au/services/families-and-children/childcare-and-early-learning/kingergarten

KINDERGARTEN



SCHOOL HOLIDAY ACTIVITIES



Kingston's Community Hubs offer a range of FREE activities during the school holidays. The program is available for primary school children! Find out what's happening during the school holidays by signing up to our e-newsletter, visiting one of our Community Hubs, giving us a call on 9581 3050 or emailing westallhub@kingston.vic.gov.au

HEALTH & WELLBEING

MATERNAL & CHILD HEALTH

Tuesday - Friday
9:00am - 5:00pm

A Maternal & Child Health Service offer families information, guidance and support on issues that include:

- Breastfeeding
- Maternal & family health
- Home & car safety for children
- Immunisation
- Child health & development
- Family planning & parenting
- Accident & injury prevention
- Nutrition

Appointment bookings: ☎ 1300 764 807

MATERNAL & CHILD HEALTH



IMMUNISATIONS

4TH THURSDAY OF THE MONTH
5:00pm - 6:00pm

City of Kingston Immunisation sessions at Westall Community Hub every month.

For further information:

🌐 kingston.vic.gov.au/immunisation

☎ 9581 4870

☎ 1300 764 807

✉ immunisation@kingston.vic.gov.au

**BOOKINGS
REQUIRED!**



COMMUNITY SERVICES

PENINSULA COMMUNITY LEGAL CENTRE

Tuesdays

Offering free legal advice
☎ 9783 3600 or 1800 064 784



OUR PLACE

Monday - Friday
9:00am - 5:00pm

Supporting children and families
Fatima ☎ 0431 792 919 | Pali ☎ 0421 932 103 (Mon-Fri)



KINGSTON FAMILY SUPPORT SERVICES

Thursdays
9:00am - 1:00pm

Offering free and confidential support for families
with children up to 18 years of age.



FAMILY LIFE

Family Life provides free support with our Family Life Brief Support Practitioners. Get help with information, resources, group work and advice. For information and support please call 8599 5433 or email briefsupport@familylife.com.au



AUSSIE COMMUNITY CARE

Tuesdays
10:00am - 12:00pm

Aussie Community Care is a registered NDIS service provider, offering comprehensive disability services to the Clayton South community, and focussing on enhancing the quality of life for individuals with disabilities. Contact: ☎ 0412 772 008.



HOLMESGLEN WESTALL JOB CLUB

Last Thursday
of each month
9:30am - 12:30pm

The Job Club can help you with career advice, skills assessment and training advice, one-on-one consultations, free workshops and follow up support. Get job-ready! Call 9564 2755 for more information.



SOUTH EAST COMMUNITY LINKS (SECL)

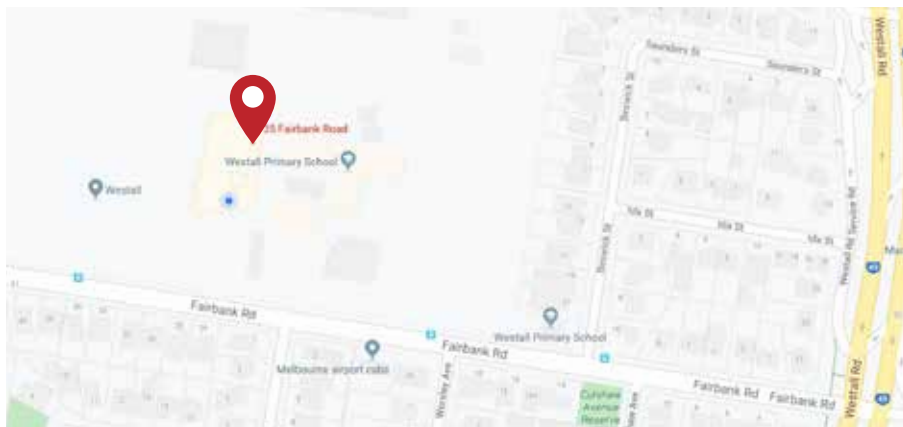
Wednesdays
1:00pm - 5:00pm

Offering youth services, including after school programs and L2P Drive program to the Clayton South community. Contact: Karen Vergara on 0413 925 612



WESTALL COMMUNITY HUB SCULPTURE

Standing pride of place at the front of the Westall Hub is *Unukomuno (One Community)*. A multi-dimensional art work by Ian Bracegirdle. The sculpture is reflective of the rich and diverse community of Clayton South. Unukomuno's organic shape makes reference to the historic market gardens of the area and the layered colours, images, symbols and words create a graphic quilt of the local neighbourhood created through community engagement.



Westall Community Hub

35 Fairbank Road, Clayton South

📞 9581 3050 ✉ westallhub@kingston.vic.gov.au

Hub hours: Mon – Fri 9:00am – 5:00pm

Public transport options:

TRAIN: Westall station (1.5km from Hub) Pakenham & Cranbourne lines

BUS: Routes 705 Mordialloc – Springvale & 824 Moorabbin – Keysborough