

PROFILE SNAPSHOT

OUR COMMUNITY



51% of people are female
49% of people are male

Please note that only data for females and males was available. However, it is estimated that approximately 0.5% of Kingston's population may identify as transgender (0.1%), gender diverse (0.2%) or intersex (0.2%).

- 18%** aged < 14 years (17% in 2041)
- 11%** aged 15-24 (11% in 2041)
- 14%** aged 25-34 (13% in 2041)
- 28%** aged 35-54 (27% in 2041)
- 21%** aged 55-74 (21% in 2041)
- 8%** aged 75+ (11% in 2041)



- 33%** of homes are **owned**
- 35%** of homes are **mortgaged**
- 23%** of homes are **rented privately**
- 2%** of homes are rented through **social housing**



9% of household owners are experiencing mortgage stress
27% of rented households are experiencing rental stress

31% of people were born overseas

26% speak a language other than English

0.4% are **Aboriginal and/or Torres Strait Islander**

59% work full-time (46% female, 71% male)

34% work part-time (48% female, 21% male)

5.6% are unemployed (15% young people)

30% volunteer



28% earn less than \$400 per week (33% female, 24% male)



18% earn \$1500+ per week (11% female, 25% male)

16% of people have a disability (16% female, 17% male)

5% of people need assistance with core activities



25% of people have a **bachelor or higher degree.** (27% female, 23% male)

34% of people did not complete Year 12.

12% of people do not have internet connection



6% of people do not have a car



SPOTLIGHT

We have an ageing population, with the 75+ age group forecast to have the greatest growth between now and 2041.

There is a gender difference in employment and income. Compared to men, more women hold a bachelor degree or higher, yet are more likely to work part-time and earn less money.

Unemployment rates are much higher for young people.

PROFILE SNAPSHOT

HEALTH + WELLBEING



43% do enough physical activity each week

(30 min moderate exercise 5 or more times per week)

10% are sedentary

(14% female, 6% male)

29% sit for more than 7 hours on an average weekday



15% of people smoke

(10% female, 21% male)

9% of people drink more than 10 standard alcoholic drinks in a week

(risk of harm from alcohol-related disease - 8% female, 12% male)

5% of people drink 5 or more alcoholic drinks in one day

(risk of harm from alcohol-related injury - 2% female, 8% male)

75% of people eat enough fruit every day (2 serves - 80% female, 71% male)

51% of people eat enough vegetables every day (5 serves - 55% female, 46% male, 29% young adults)



12% of people agree that alcohol consumption has a negative impact on their household

12% of people agree that illegal drugs have a negative impact on their household

17% of people agree that gambling causes harm in their neighbourhood

79% of people report very good or excellent mental health.

4% of people report fair or poor mental health

73% of people report they are able to manage stress most of the time (28% students, 38% young adults)

74% of people report they are optimistic about the future



SPOTLIGHT

Only half of people eat enough vegetables or exercise enough. Young adults eat less vegetables than other age groups.

More people are concerned about their mental health and feel unable to cope with stress during COVID-19 and compared to past years.

SAFE + SECURE

96% of people feel safe walking in their local area during the day

60% of people feel safe walking in their local area at night (41% females, 79% males)

91% of people feel safe online using the internet



Compared to 2019, December 2020 police data shows that the total criminal incidents (8640) were down by 3.1%, whereas family violence incidents (1779) increased by 9.9%. Only about 25% of family violence incidents are reported to the police.

72% of people know where to go for advice or support for someone about family violence issues



PROFILE SNAPSHOT



53% of people think **graffiti** is a problem in their neighbourhood

59% think people in **speeding cars** is a problem

62% people know that all 8 behaviours listed in a survey are always examples of **family violence** (such as physical violence or controlling behaviours)



78% of people disagree that women prefer a man to be in charge of the relationship

83% of people disagree that men should take control in relationships and be the head of the household



SPOTLIGHT

Nearly everyone feels safe walking in their local area during the day but people feel less safe at night. More females (59%) feel unsafe walking at night compared to males (21%).

Rates of family violence increased considerably in 2020. Most people know where to get help. More support and education is needed to help prevent family violence.

CONNECTED + PARTICIPATING

95% of people own appropriate devices to use the internet

84% of people have access to high-quality internet

94% of people can use the internet in an accessible way



90% have not experienced discrimination in Kingston



90% of people are content with their friendships and relationships

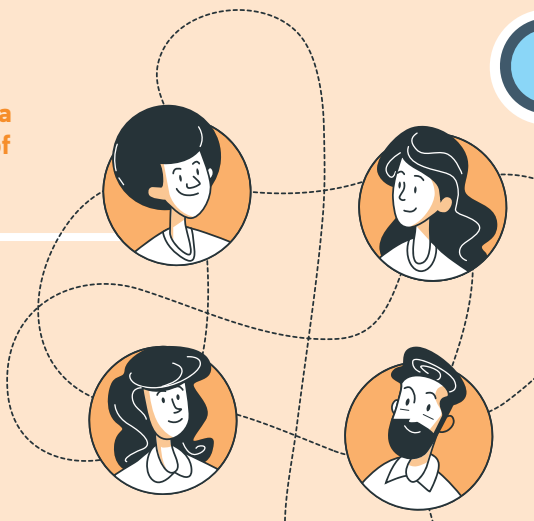
86% of people say they have enough people to ask for help



88% of people are satisfied by their relationships

61% of people feel a strong sense of belonging to a community

(34% students, 37% people with a disability requiring assistance)



SPOTLIGHT

Most people feel happy with their relationships. Less people feel a strong sense of belonging to a community. Even less students and people with a disability feel they belong.

Most people have not experienced discrimination in Kingston in 2020. But people who are Aboriginal and/or Torres Strait Islander, speak a language other than English at home, have a disability, identify as LGBTIQ+, or women are more likely to have experienced discrimination.

PROFILE SNAPSHOT

LIVEABLE COMMUNITY

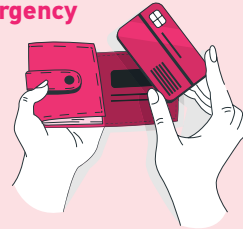
83% like the look and feel of their **local area**

78% are satisfied with their **local parks and playgrounds**

84% are satisfied with **health and medical services**



8% of people would not be able to access **\$2,000 in an emergency**



75% walk or cycle locally to shops or facilities

(70% female, 80% male)



72% are prepared to cope with extreme weather and keep themselves safe and well



88% of people have access to fresh and affordable food to meet their household's needs

31% rate harm caused by **climate change** to them / their household's health as significant

39% experience **pollen-related** health concerns

15% have health concerns related to increased **air pollution**

10% experience heat stress or heat strokes from **heatwaves**



SPOTLIGHT

There is growing awareness of the harm caused by climate change and related health concerns.

Not everyone is prepared to cope with a climate related emergency.

DATA SOURCES:

- ▶ Australian Bureau of Statistics 2016, Census of Population and Housing, compiled and presented by .id (informed decisions)
- ▶ Australian Bureau of Statistics 2018, Disability, Ageing and Carers, Australia: Victoria
- ▶ Australian Government October 2020, Labour Market Information Portal, SALM Estimates, <https://lmip.gov.au/default.aspx?LMIP/Downloads/SmallAreaLabourMarketsSALM/Estimates>
- ▶ Crime Statistics Agency, December 2020, COVID-19 Family Violence Data Portal
- ▶ Metropolis Research 2020, Health and Wellbeing Survey City of Kingston

KNOW MORE:

kingston.vic.gov.au/healthwellbeing