

Senior Clubs

Aspendale Senior Citizens Club

Location: Aspendale Senior Citizens Centre,
151A Station St, Aspendale

Meetings: daily activities (various times)

Activities: Live entertainment concerts, tea/dance,
line dancing, bi-monthly bus trips, bi-monthly train
trips, theatre trips, luncheons, gentle exercise, table
tennis, indoor bowls, computer classes etc.

Contact: Sheila 9772 5639

Cheltenham Life Activities Club

Location: Cheltenham East Community Centre,
41 Follet Rd, Cheltenham

Meetings: daily activities (various times)

Activities: walking group, table tennis, bus trips,
cards, Bolivia, Mah Jong, scrabble, rummy tiles,
badminton, holidays.

Contact: Linda 9645 2096 Lindacharing@hotmail.com

H. Shipston (Cheltenham) Senior Citizens Club

Location: Cheltenham Library,
12 Stanley Ave, Cheltenham

Meetings: Mon, Fri, Sat (various times)

Activities: social bingo, Solo (card game), bus trips,
lunch outings

Contact: Ray 9551 3469

Dingley Senior Citizens Club

Location: Dingley Neighbourhood Centre,
31B Marcus Rd, Dingley Village (Harold Box Hall)

Meetings: Monday 12.30pm – 3.00pm **Activities:**
social bingo, board games, cards, afternoon tea and
occasional day trips.

Contact: Lyn 9585 5039 or Sandra 9558 1490

Senior Clubs

Carrum Community Activity Centre

Location: Carrum Activity Hub,
38 Valetta St, Carrum

Meetings: *Thurs 10am – 2.30pm*

Activities: light exercise, craft, guest speakers,
art classes, and monthly outings, light lunch
provided

Contact: Eunice 9772 6524

Meetings: *Mon & Sat 12.30 – 3.30pm*

Activities: Carpet bowls

Contact: Beverley 0417 553 134

Moorabbin Senior Citizens Club

Location: Moorabbin Activity Hub,
964 Nepean Hwy, Moorabbin

Meetings: Mondays & Thursdays various
hours

Activities: table tennis

Contact: John 0404 728 903

Kingston University of Third Age (KU3A)

Location: The Court House,
37 Albert St, Mordialloc

Meetings: daily, various hours

Activities: variety of art & craft activities,
various exercise groups, games, various
interest groups

Contact: U3A office 9580 8328

Greek Senior Clubs

Lemnian Community of Victoria Seniors Group

Location: Lemnian Community Centre,
906 Springvale Rd, Braeside

Meetings: Thursdays 9.00am - 3.00pm

Activities: games, lunch, bus tours

Contact: Stavroula 9504 2759

Australian Greek Senior's Club of Mentone

Location: Parkdale Bowling Club,
Alameda Pl, Parkdale

Meetings: Thursday 8.00am – 3.00pm

Activities: games, socializing, lunch

Contact: Anna 0438 071 547

Argos & District Australian Greek Senior Citizens Club of Kastoria

Location: Moorleigh Community Village,
90 – 92 Bignell Rd, East Bentleigh

Meetings: Fridays 10.00am – 4.00pm

Activities: games, lunch, bus tours

Contact: Vasilios 9570 7766

Kondia Limnos Senior Citizens Club

Location: Moorleigh Community Village,
90 – 92 Bignell Rd, East Bentleigh

Meetings: Wednesdays 1.30pm – 5.30pm

Activities: games, lunch, bus tours

Contact: Tina 0411 304 954

Hellenic Senior's Club (Hellenic Community of Moorabbin Senior's Club)

Location: 57 Madden Rd, Heatherton

Meetings: Wednesdays 10.00am – 2.00pm

Activities: Morning tea, card games, chess, bingo,
lunch, day outings, extended tours

Contact: Trifon 0407 500 994

Clarinda & District Greek Senior Citizens Club

Location: 57 Madden Rd, Heatherton

Meetings: Thursdays 9.00am – 1.00pm

Activities: games, lunch, bus tours

Contact: Dimitrios 0405 642 551

Greek Senior Clubs

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| Greek Senior Citizens Club of Moorabbin | Location: Moorleigh Community Village,
90 – 92 Bignell Rd, East Bentleigh
Meetings: Thursdays 9.00am – 2.00pm
Activities: card games, billiards, social bingo,
lunch
Contact: Julia 9555 1197 |
| Greek Women’s Senior Citizens Club of McKinnon RHEA | Location: Moorleigh Community Village,
90 – 92 Bignell Rd, East Bentleigh
Meetings: Wednesdays 9.30am – 1.30pm
Activities: games, lunch, bus tours
Contact: Roula 0405 666 850 |
| Multicultural Senior Citizens Group of Kingston and Surroundings Regions | Location: Highett Pavilion,
27- 33 Turner Rd, Highett
Meetings: Tuesdays 9.00am – 2.30pm
Activities: games, socializing, lunch
Contact: Arthur 0407 864 935 |
| Greek Elderly Citizens of Clayton & District | Location: Clarinda Community Centre,
58 Viney St, Clarinda
Meetings: Tuesdays 9.00am – 1.00pm
Activities: games, socializing, lunch
Contact: Elisseos 0416 316 589 or Niki 9551
7734 |
| The Three Hierarchs Greek Elderly Group | Location: Church of Three Hierarchs,
44 Knight St, Clayton
Meetings: Tuesdays 8.30am – 2.00pm
Activities: games, lunch, day trips
Contact: Visile 0411 012 619 or 9544 5706 |
| Greek Orthodox Community of Clayton | Location: 10 Oaks Ave, Clayton South
Meetings: Tuesdays 8.30am – 1.30pm
Activities: games, socializing, lunch, outings
Contact: Arthur 0412 345 223 |

Greek Senior Clubs

**Cyprian Community of the Southern
Suburbs of Melbourne Senior Citizens Club**

Location: Kingston Heath Reserve,
301 – 307 Centre Dandenong Rd, Cheltenham
Meetings: Mondays 8.30am – 2.00pm
Activities: games, lunch, bus tours
Contact: Theodoros 0412 004 500

**Greek Seniors Pensioners Association of
Clayton & District**

Location: Clayton Hall, 264 Clayton Rd, Clayton
Meetings: Tuesdays 8.00am – 1.00pm
Activities: games, lunch, day trips
Contact: Katerina 9544 6141

**Independent Hellenic Senior Citizens
Association of Clayton**

Location: Clayton Hall, 264 Clayton Rd, Clayton
Meetings: Wednesdays 8.30am – 1.30pm
Activities: games, lunch, bus tours
Contact: Dimitrios 9547 3565

**Greek Senior Citizens of Southern Eastern
Region District**

Location: Moorleigh Community Village,
90 – 92 Bignell Rd, East Bentleigh
Meetings: Tuesdays 9.30am – 2.30pm
Activities: games, guest speakers, bus tours,
socializing, lunch
Contact: Peter 0412 739 229

Italian Senior Clubs

- Senior Citizens of the Freccia Azzurra Club**
Location: Freccia Azzurra Club, 784 -796 Springvale Rd, Braeside
Meetings: Tuesdays 9.30am – 4.30pm
Activities: bingo, bocce, cards, other games, Italian lunch, and monthly lunch / dance
Contact: Antonietta 0414 922 797
- Italian Senior Citizens of Kingston “La Baracca”**
Location: La Baracca, 30 – 36 Ross St, Heatherton
Meetings: Wednesday, Friday, Saturday, Sunday various times, various activities
Activities: Italian lunch, occasional bus tours, chatting, cards, billiards, bocce, monthly lunch / dinner / dance
Contact: Giovanna 0421 045 648
- Cosenza Senior Citizens Club of Kingston**
Location: Clarinda Community Centre, 58 Viney St, Clarinda
Meetings: Thursdays 11.00am – 4.00pm
Activities: Italian lunch, games, outings, guest speakers, and monthly lunch / dance
Contact: Silvana 0414 478 053
- Avelino Circolo Pensioners of Springvale**
Location: 25 James St, Clayton South
Meetings: 2nd Sunday from 6.30pm
Activities: bingo, cards, billiards, outings, lunch
Contact: Angela 0417 505 176
- Italian Social Club City of Moorabbin**
Location: Sundowner Community Centre, 24 Sundowner Ave, Clarinda
Meetings: Saturday 10am – 3pm
Activities: cards, billiards, lunch
Contact: Tom 0416 085 978

Italian Senior Clubs

- Circolo Pensionati Italiani Di Oakleigh & Clayton** **Location:** Clayton Hall, 264 Clayton Rd, Clayton
Meetings: Mondays & Wednesdays
10.00 am - 3.00pm
Activities: lunch, cards, guest speakers, outings,
and monthly lunch / dance
Contact: Flora 0499 908 777 or Lily 0435 032 614
- Circolo Pensionati Campani Italiani Di Clayton** **Location:** Clayton Hall, 264 Clayton Rd, Clayton
Meetings: Thursdays 10.00am – 4.00pm
Activities: lunch, cards, bingo, special celebrations
– lunch / dance
Contact: Gaetano 9546 2834
- Italian Senior Citizens of Moorabbin** **Location:** Moorleigh Community Village;
90 – 92 Bignell Rd, East Bentleigh
Meetings: Mondays 11.30am - 3.30pm
Activities: cards, bingo, billiards, lunch
Contact: Gina 9557 5133
- Associazione Pensionati Laziali Di Monash** **Location:** Fregon Hall, 4 Fregon Rd, Clayton
Meetings: Mondays 8.30am – 4.00pm
Activities: lunch, bocce, information sessions, bus
trips, women's' exercise program, cultural
celebrations
Contact: Patrick 5945 7776
- Circolo Pensionati Italiani Di Bentleigh** **Location:** 2 Arthur St, Bentleigh East
Meetings: Wednesday – Sunday from 6.30pm
Activities: bingo, cards, billiards, outings, lunch
Contact: Giuseppina 0412 660 267
- Circolo Pensionati “Don Bosco”** **Location:** 40 Haughton Rd, Oakleigh
Meetings: Mondays, Wednesdays 12pm – 4.00pm
and Fridays 11am – 4pm
Activities: bocce, cards, social bingo, discussions,
lunch
Contact: Anthony 9569 9064

Italian Senior Clubs

Valguarnera Italian Social Club

Location: 621 Heatherton Rd, Clayton South

Meetings: Special events, celebrations

Activities: Special events lunch / dance, dinner / dance, celebrations

Contact: Seba 0431 473 269

The Italian Pension Club of Kingston

Location: Moorleigh Community Village,
90 – 92 Bignell Rd, East Bentleigh

Meetings: Monday /Wednesday /Sunday 6.30pm -
10.30pm

Activities: Socializing, every 2nd Saturday of the
month dinner dance.

Contact: Manuela 0424 207 517

Other Ethnic & Multicultural Senior Clubs

- Kingston Chinese Senior Citizens Club** **Location:** Clarinda Community Centre,
58B Viney St, Clarinda
Meetings: Fridays 10am – 4.00pm
Activities: Tai Chi, mah-jong, art, craft, singing,
dancing, festivals, information session and lunches
Contact: Anna 0408 397 221
- ChuChu Club Vietnamese Seniors’
Group** **Location:** Melaleuca Activity Hub,
31 Melaleuca Dr, Clarinda
Meetings: Tuesdays 6.30pm – 9.00pm
Activities: exercise, dancing, socializing
Contact: Chuong 0421 128 748 (call after 12.00pm)
- Filipino Elderly Association of South
East Region P.E.A.S.E.R** **Location:** Sundowner Community Centre,
24 Sundowner Ave, Clarinda
Meetings: Sundays 1.00pm – 5.00pm
Activities: socializing, entertainment, information
sessions, meals
Contact: Ofelia 9558 2740
- Unified Filipino Elderly Association
(UFEA)** **Location:** Melaleuca Activity Hub,
31 Melaleuca Dr, Clarinda
Meetings: Saturdays 11.00am – 4.30pm
Activities: cultural activities, social events,
information sessions
Contact: Joey 0434 996 390
- Filipino – Australian Seniors
Association** **Location:** Mentone Activity Hub,
29 Venice St, Mentone
Meetings: Sundays 12.00pm – 5.00pm
Activities: Lunch, gentle exercise, information
sessions, music and dance, day trips, picnicks,
multicultural events
Contact: Len 0422 440 255
- Kingston Billiards Senior Citizens Club** **Location:** Moorabbin Activity Hub,
964 Nepean Hwy, Moorabbin
Meetings: Tue, Wed, Fri 9.30am – 1.30pm
Activities: Billiards, snooker, chatting over cuppa
Contact: Olek 0412 168 118 or Peter 0418 543 424

Other Ethnic & Multicultural Senior Clubs

Clarinda Seniors Social Club

Location: Clarinda Community Centre,
58B Viney St, Clarinda
Meetings: Mondays 10.30am – 3.00pm
Activities: dominoes, mah-jong, cards, socializing,
singing
Contact: Alain 0425 752 836

Spanish Speaking Senior Citizens Club of Clayton

Location: Clayton Hall, 264 Clayton Rd, Clayton
Meetings: Tuesdays 9.00am – 4.00pm
Activities: craft, games, guest speakers, festivals,
outings, lunch
Contact: Gladys 8502 8796

Croatian Senior Citizens Group of Keysborough

Location: 798 – 808 Springvale Rd, Braeside
Meetings: Thursdays 9.00am – 2.00pm
Activities: cards, billiards, bingo, outings,
information sessions, lunch
Contact: Lucija 0403 000 443

Multicultural Nature Guides

Location: Highett Community and Neighbourhood
House, 2 Livingstone St, Highett
Meetings: Mon -Wed, various hours
Activities: table tennis, chess, gentle exercise
Contact: Maya 0402 513 817

Senior Russian Social Club “Friendship”

Location: Hampton Senior Citizens Centre,
14 Service St, Hampton
Meetings: Fridays 3.30pm – 5.00pm and 4th
Sunday / month 5pm – 8pm
Activities: Yoga for seniors, socializing, concerts,
dinner / dance, cultural celebrations
Contact: Rachel 0423 488 094

Oakleigh Coptic Senior Social Club

Location: Moorleigh Village,
92 Bignell Rd, East Bentleigh
Meetings: Mondays 10am – 3pm
Activities: games, information sessions, lunches,
outings
Contact: Dalal 0449 093 024

Other Ethnic & Multicultural Senior Clubs

Kingston Indian Senior Citizens Association

Location: Dingley Neighbourhood Centre,
31B Marcus Road, Dingley

Meetings: Third Sunday of each month:
3.00 - 6.00 pm (Summer Months);
2.00 - 5.00 pm (Winter months).

Activities: Games, singing, guest speakers, bus trips, celebration, festivals and meals

Contact: Ashok 0432 816 557 or Satendra 0420 339 392

Archangel Michael Senior Social Club of Oakleigh

Location: 136 Drumond St, Oakleigh

Meetings: Thursdays 11.00am – 3.00pm

Activities: games, information sessions, lunches, outings

Contact: Joseph 0421 324 666

Chinese International Cheongsam Association of Australia

Location: Melaleuca Activity Hub,
31 Melaleuca Dr, Clarinda

Meetings: Fridays 9.30am - 12.30pm

Activities: model training, music, dance, catwalks in Chinese / international costumes

Contact: Xiaojuan 0430 885 562

Henan Province Hometown Association of Australia

Location: Clarinda Community Centre,
58B Viney St, Clarinda

Meetings: Wednesdays 9.30am – 3.30pm

Activities: dancing, singing, TaiChi, chess, Mahjong, information sessions

Contact: Fu 0425 472 828 or Anna 0424 812 388

Red Chamber Chinese Art Group

Location: Melaleuca Activity Hub,
31 Melaleuca Dr, Clarinda

Meetings: Tuesdays 10am - 4pm

Activities: special interest in Chinese culture, listening and watching opera performances, attending cultural event, performing art programs

Contact: Min 0458 482 581