

Senior Clubs

Aspendale Senior Citizens Club

Location: Aspendale Senior Citizens Centre,
151A Station St, Aspendale

Meetings: daily activities (various times)

Activities: Live entertainment - concert every Monday at 1.15pm, ballroom dancing, line dancing, occasional luncheons (special celebrations), gentle exercise, table tennis, chair Yoga etc.

Contact: Sheila 9772 5639

Cheltenham Life Activities Club

Location: Cheltenham East Community Centre,
41 Follett Rd, Cheltenham

Meetings: daily activities (various times)

Activities: walking group, table tennis, bus trips, cards, Bolivia, Mahjong, scrabble, rummy tiles, badminton.

Contact: Annette 0417 506 299

annette3195@optusnet.com.au

Dingley Senior Citizens Club (Closing in September)

Location: Dingley Neighbourhood Centre,
31B Marcus Rd, Dingley Village (Harold Box Hall)

Meetings: Monday 12.30pm – 3.00pm

Activities: social bingo, board games, cards, afternoon tea and occasional day trips.

Contact: Asha 0417 105 646

Carrum Community Activity Centre

Location: Carrum Activity Hub,
38 Valetta St, Carrum

Meetings: *Thurs 10am – 2.30pm*

Activities: light exercise, craft, guest speakers, art classes, and monthly outings, light lunch provided

Contact: Lisa 0418 344 371

Meetings: *Mon & Sat 12.30 – 3.30pm*

Activities: Carpet bowls

Contact: Peter 0474 126 354

Senior Clubs

Moorabbin Seniors Club

Location: Moorabbin Activity Hub,
964 Nepean Hwy, Moorabbin
Meetings: Monday & Thursday various hours
Activities: table tennis
Contact: John 0404 728 903

Kingston University of Third Age (KU3A)

Location: The Old Courthouse,
37 Albert St, Mordialloc
Meetings: daily, various hours
Activities: variety of art & craft activities,
various exercise groups, games, various
interest groups
Contact: Office 9580 8328 (9.30am–
12.30pm)
office@u3akingston.org.au

Italian Senior Clubs

Senior Citizens of the Freccia Azzurra Club

Location: Freccia Azzurra Club,
784 -796 Springvale Rd, Braeside
Meetings: Tuesdays 9.30am – 4.30pm
Activities: bingo, bocce, cards, other games, Italian lunch, and monthly lunch / dance
Contact: Antonietta 0414 922 797

Italian Senior Citizens of Kingston “La Baracca”

Location: La Baracca, 30 – 36 Ross St, Heatherton
Meetings: Wednesdays & Sundays various times, various activities
Activities: Italian lunch, occasional bus tours, chatting, cards, billiards, bocce, monthly lunch / dance
Contact: Giovanna 0421 045 648

Cosenza Senior Citizens Club of Kingston

Location: Clarinda Community Centre,
58 Viney St, Clarinda
Meetings: Thursdays 11.00am – 4.00pm
Activities: Italian lunch, games, outings, guest speakers, and monthly lunch / dance
Contact: Silvana 0414 478 053

Avelino Circolo Pensioners of Springvale

Location: 25 James St, Clayton South
Meetings: 2nd Sunday from 6.30pm
Activities: bingo, cards, billiards, outings, lunch
Contact: Natalina 0408 660 629

Italian Social Club City of Moorabbin

Location: Freccia Azzurra Club
784 -796 Springvale Rd, Braeside
Meetings: Tuesday 10am – 3pm
Activities: cards, billiards, lunch
Contact: Filomena 0432 856 431

Circolo Pensionati Italiani Di Bentleigh

Location: 2 Arthur St, Bentleigh East
Meetings: Wednesday – Sunday from 6.30pm
Activities: bingo, cards, billiards, outings, lunch
Contact: Giuseppina 0412 660 267

Italian Senior Clubs

Circolo Pensionati Italiani Di Oakleigh & Clayton

Location: Clayton Hall, 264 Clayton Rd, Clayton
Meetings: Mondays & Wednesdays
10.00 am - 3.00pm
Activities: exercise class & lunch Mon, cards, guest
speakers, outings, and monthly lunch / dance
Contact: Flora 0499 908 777 or Lily 0435 032 614

Circolo Pensionati Campani Italiani Di Clayton

Location: Clayton Hall, 264 Clayton Rd, Clayton
Meetings: Thursdays 10.00am – 4.00pm
Activities: lunch, cards, bingo, special celebrations
– lunch / dance
Contact: Gaetano 9546 2834

Italian Senior Citizens of Moorabbin

Location: Moorleigh Community Village;
90 – 92 Bignell Rd, East Bentleigh
Meetings: Mondays 11.30am - 3.30pm
Activities: cards, bingo, billiards, lunch
Contact: Bob 0418 104 131

The Italian Pension Club of Kingston

Location: Moorleigh Community Village,
90 – 92 Bignell Rd, East Bentleigh
Meetings: Wednesday 6.30pm - 10.30pm
Activities: bingo, billiards, socializing, every 2nd
Saturday of the month dinner dance.
Contact: Manuela 0424 207 517

Circolo Pensionati “Don Bosco”

Location: 40 Haughton Rd, Oakleigh
Meetings: Mondays, Wednesdays 12pm – 4.00pm
and Fridays 11am – 4pm at Clayton Hall
Activities: bocce, cards, social bingo, discussions,
lunch
Contact: Pasquale 0409 554 954

Greek Senior Clubs

Lemnian Community of Victoria Seniors Group

Location: Lemnian Community Centre,
906 Springvale Rd, Braeside
Meetings: Thursdays 9.00am - 3.00pm
Activities: games, lunch, bus tours
Contact: Fillitsa 0424 503 394

Australian Greek Senior's Club of Mentone

Location: Parkdale Bowling Club,
Alameda Pl, Parkdale
Meetings: Thursday 8.00am – 3.00pm
Activities: games, socializing, lunch
Contact: Anna 0438 071 547

Argos & District Australian Greek Senior Citizens Club of Kastoria

Location: Moorleigh Community Village,
90 – 92 Bignell Rd, East Bentleigh
Meetings: Fridays 10.00am – 4.00pm
Activities: games, lunch, bus tours
Contact: Vasilios 9570 7766

Kondia Limnos Senior Citizens Club

Location: Moorleigh Community Village,
90 – 92 Bignell Rd, East Bentleigh
Meetings: Wednesdays 1.30pm – 5.30pm
Activities: games, lunch, bus tours
Contact: Ann 0403 461 598

Hellenic Community of the City of Moorabbin Seniors Group

Location: 57 Madden Rd, Heatherton
Meetings: Wednesdays 10.00am – 2.00pm
Activities: Morning tea, card games, chess, bingo,
lunch, day outings, extended tours
Contact: Trifon 0407 500 994

Clarinda & District Greek Senior Citizens Club

Location: 57 Madden Rd, Heatherton
Meetings: Thursdays 9.00am – 1.00pm
Activities: games, lunch, bus tours
Contact: John 0402 220 129

Greek Senior Clubs

Greek Senior Citizens Club of Moorabbin

Location: Moorleigh Community Village,
90 – 92 Bignell Rd, East Bentleigh
Meetings: Thursdays 9.00am – 2.00pm
Activities: card games, billiards, social bingo,
lunch
Contact: Julia 9555 1197

Greek Women's Senior Citizens Club of McKinnon RHEA

Location: Moorleigh Community Village,
90 – 92 Bignell Rd, East Bentleigh
Meetings: Wednesdays 9.30am – 1.30pm
Activities: games, lunch, bus tours
Contact: Roula 0405 666 850

Multicultural Senior Citizens Group of Kingston and Surroundings Regions

Location: Highett Pavilion,
27- 33 Turner Rd, Highett
Meetings: Tuesdays 9.00am – 2.30pm
Activities: games, socializing, lunch
Contact: Georgia 9553 3026

Greek Elderly Citizens of Clayton & District

Location: Clarinda Community Centre,
58 Viney St, Clarinda
Meetings: Tuesdays 9.00am – 1.00pm
Activities: games, socializing, lunch
Contact: Niki 9551 7734

The Three Hierarchs Greek Elderly Group

Location: Church of Three Hierarchs,
44 Knight St, Clayton
Meetings: Tuesdays 8.30am – 2.00pm
Activities: games, lunch, day trips
Contact: Visile 0411 012 619 or 9544 5706

Greek Orthodox Community of Clayton

Location: 10 Oaks Ave, Clayton South
Meetings: Tuesdays 8.30am – 1.30pm
Activities: games, socializing, lunch, outings
Contact: Arthur 0412 345 223

Greek Senior Clubs

**Cyprian Community of the Southern
Suburbs of Melbourne Senior
Citizens Club**

Location: Kingston Heath Reserve,
301 – 307 Centre Dandenong Rd, Cheltenham
Meetings: Mondays 8.30am – 2.00pm
Activities: games, lunch, bus tours
Contact: Theodoros 0412 004 500

**Greek Seniors and Pensioners
Association of Clayton & District**

Location: Clayton Hall, 264 Clayton Rd, Clayton
Meetings: Tuesdays 8.00am – 1.00pm
Activities: games, lunch, day trips
Contact: Katerina 9544 6141

**Independent Hellenic Senior Citizens
Association of Clayton**

Location: Clayton Hall, 264 Clayton Rd, Clayton
Meetings: Wednesdays 8.30am – 1.30pm
Activities: games, lunch, bus tours
Contact: Fani 9547 3565

**Greek Senior Citizens of Southern
Eastern Region District**

Location: Moorleigh Community Village,
90 – 92 Bignell Rd, East Bentleigh
Meetings: Tuesdays 9.30am – 2.30pm
Activities: games, guest speakers, bus tours,
socializing, lunch
Contact: Peter 0412 739 229

**Benevolent Association of
Nafpaktians**

Location: 2-18 Ross St
Meetings: Tuesday 9.30am – 2.30pm
Activities: games, guest speakers, bus tours,
socializing, lunch
Contact: George 0447 532 761

Other Ethnic & Multicultural Senior Clubs

Kingston Indian Senior Citizens Association

Location: Dingley Neighbourhood Centre,
31B Marcus Road, Dingley

Meetings: Third Sunday of each month:

3.00 - 6.00 pm (Summer Months);

2.00 - 5.00 pm (Winter months).

Activities: Games, singing, guest speakers, bus trips, celebration, festivals and meals

Contact: Satendra 0420 339 392

Pilipino Elderly Association of South East Region P.E.A.S.E.R

Location: Sundowner Community Centre,
24 Sundowner Ave, Clarinda

Meetings: Sundays 1.00pm – 5.00pm

Activities: socializing, entertainment, information sessions, meals

Contact: Ofelia 9558 2740

Unified Filipino Elderly Association (UFEA)

Location: Melaleuca Activity Hub,
31 Melaleuca Dr, Clarinda

Meetings: Saturdays 11.00am – 4.30pm

Activities: cultural activities, social events, information sessions

Contact: Joey 0434 996 390

Filipino – Australian Seniors Association

Location: Mentone Activity Hub,
29 Venice St, Mentone

Meetings: Sundays 12.00pm – 5.00pm

Activities: Lunch, gentle exercise, information sessions, music and dance, day trips, picnicks, multicultural events

Contact: Len 0422 440 255

Kingston Billiards Senior Citizens Club

Location: Moorabbin Activity Hub,
964 Nepean Hwy, Moorabbin

Meetings: Tue, Wed, Fri 9.30am – 1.30pm

Activities: Billiards, snooker, chatting over cuppa

Contact: Olek 0412 168 118

Other Ethnic & Multicultural Senior Clubs

ChuChu Club Vietnamese Seniors' Group

Location: Melaleuca Activity Hub,
31 Melaleuca Dr, Clarinda
Meetings: Tuesdays 6.30pm – 9.00pm
Activities: exercise, dancing, socializing
Contact: Chuong 0421 128 748 (call after 12.00pm)

Clarinda Seniors Social Club

Location: Clarinda Community Centre,
58B Viney St, Clarinda
Meetings: Mondays 10.30am – 3.00pm
Activities: dominoes, mah-jong, cards, socializing,
singing
Contact: Alain 0425 752 836

Spanish Speaking Senior Citizens Club of Clayton

Location: Clayton Hall, 264 Clayton Rd, Clayton
Meetings: Tuesdays 9.00am – 4.00pm
Activities: craft, games, guest speakers, festivals,
outings, lunch
Contact: Gladys 8502 8796

Croatian Senior Citizens Group of Keysborough

Location: 798 – 808 Springvale Rd, Braeside
Meetings: Thursdays 9.00am – 2.00pm
Activities: cards, billiards, bingo, outings,
information sessions, lunch
Contact: Lucija 0403 000 443

Multicultural Nature Guides

Location: Highett Community and Neighbourhood
House, 2 Livingstone St, Highett
Meetings: Mon -Wed, various hours
Activities: table tennis, chess, gentle exercise
Contact: Maya 0402 513 817

Senior Russian Social Club "Friendship"

Location: Hampton Senior Citizens Centre,
14 Service St, Hampton
Meetings: Fridays 3.30pm – 5.00pm and 4th
Sunday / month 5pm – 8pm
Activities: Yoga for seniors, socializing, concerts,
dinner / dance, cultural celebrations
Contact: Rachel 0423 488 094

Other Ethnic & Multicultural Senior Clubs

Oakleigh Coptic Senior Social Club

Location: Moorleigh Village,
92 Bignell Rd, East Bentleigh
Meetings: Mondays 10am – 3pm
Activities: games, information sessions, lunches,
outings
Contact: Dalal 0449 093 024

Archangel Michael Senior Social Club of Oakleigh

Location: 136 Drumond St, Oakleigh
Meetings: Thursdays 11.00am – 3.00pm
Activities: games, information sessions, lunches,
outings
Contact: Joseph 0421 324 666

Chinese International Cheongsam Association of Australia

Location: Melaleuca Activity Hub,
31 Melaleuca Dr, Clarinda
Meetings: Fridays 9.30am - 12.30pm
Activities: model training, music, dance, catwalks
in Chinese / international costumes
Contact: Jenny 0401 689 589

Henan Province Hometown Association of Australia

Location: Sundowner Community Centre,
24 Sundowner Ave, Clarinda
Meetings: Wednesdays 9.30am – 3.30pm
Activities: dancing, singing, TaiChi, chess,
Mahjong, information sessions
Contact: Fu 0425 472 828 or Anna 0424 812 388

Red Chamber Chinese Art Group

Location: Melaleuca Activity Hub,
31 Melaleuca Dr, Clarinda
Meetings: Tuesdays 10am - 4pm
Activities: special interest in Chinese culture,
listening and watching opera performances,
attending cultural event, performing art programs
Contact: Min 0458 482 581

Melbourne Zhiyin Choir

Location: Sundowner Community Centre
24 Sundowner Ave, Clarinda
Meetings: Saturdays 12.00 – 5.00pm
Activities: Singing in Mandarin, Tai Chi, external
singing performances, socializing over cuppa
Contact: Ling 0431 143 266

Kingston Chinese Senior Citizens Club

Location: Clarinda Community Centre,
58B Viney St, Clarinda

Meetings: Fridays 10am – 4.00pm

Activities: Tai Chi, mah-jong, art, craft, singing,
dancing, festivals, information sessions and
lunches

Contact: Anna 0408 397 221