# Seniors Transport Guide

Compiled by City of Kingston

October 2018



The Senior's Transport Guide contains a short summary of programs, services and support options assisting seniors and adults with disabilities with their access to suitable transport.

#### Please note

Information for this guide has been sourced from various websites e.g. <u>Vic Roads, Public Transport Victoria</u> etc. Specific website page references are provided throughout this booklet to encourage you to seek further information and to check online for revisions.

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## Is it safe to continue driving?

Driving a car is a complex task which requires good vision, judgement, perception and physical abilities.

Victoria does not require drivers to pass a licence test when they reach a certain age, e.g. 65 or 70, however there may come a time when a person will need to reduce or stop driving. Drivers need to be aware of changes that could affect their driving ability. For more information please refer to <u>Vic Roads'</u> ageing driver guidelines.

When deciding whether to reduce or stop driving, it is important to take notice of the advice of health professionals and the concerns of family and friends. Refer to <u>Vic Roads' Fitness to Drive FAQs</u> for more information and to help you make this important decision.

## Medical Conditions and Driving

Driving is a privilege which brings responsibilities. One of those responsibilities is to ensure that you are capable of driving safely. If any driver has a serious, permanent or long-term illness, disability, medical condition or injury, or an existing condition that deteriorates, they must:

Talk to a doctor about how it might affect their driving,

Contact VicRoads to report their condition, and

Send VicRoads a medical report from a doctor who knows their medical history.

Failure to report a medical condition or disability may put your life and the lives of others at risk, and may also jeopardise your insurance cover.

For more information and for a copy of the VicRoads Medical Report please refer to the <u>Vic Roads</u> website or call VicRoads on 13 11 71.

## **Disabled Parking Permits**

A person may be eligible for a disabled parking permit if a medical practitioner certifies they meet the certain criteria.

For more information regarding permits, please refer to the <u>Vic Roads website</u> or call Vic Roads on 13 11 71

For a permit application form please contact the City of Kingston on 1300 653 356 or visit the <u>City of Kingston website</u>.

## Discount on Vehicle Registration

You (or your spouse or domestic partner) could be eligible for a concession on your vehicle registration if you have been granted a concession from Centrelink or the Department of Veterans' Affairs (DVA). Your eligible concession can be applied to **one vehicle only** (light motor vehicle, motorcycle or heavy motor vehicle).

Your concession documents must be valid at the time you pay your registration or at the start date of the registration - whichever is earlier.

The information supplied may be used to verify proof of concession entitlements with Centrelink and Department of Veterans Affairs.

Information on registration concessions is available via the Vic Roads website or call Vic Roads on 13 11 71.

## My Aged Care

There are options for assistance with transport through Commonwealth Home Support Programme and Home Care Package Program with various service providers. For details please visit the <u>My Aged Care</u> website or **call 1800 200 422.** 

## City of Kingston Programs

#### COMMUNITY BUS SERVICE

The City of Kingston's Community Bus service exists to help you remain living in your own home independently by directly assisting you to access your community. You are eligible to use the Community Bus if you are unable to access alternative forms of transport, such as private vehicle, public transport or taxi. Passengers must be able to get on and off the bus independently or can bring their carer along if they require extra support. A number of regular routes exist throughout the Municipality, offering you a choice of when and where you complete your regular errands. The fee for the Community Bus is kept at a manageable rate and charged to passengers through a monthly invoice, able to be paid in the same way as all other accounts (such as at the local post office).

The Community Bus service offers a number of regular services to assist you, such as bus routes to local seniors clubs, swimming and leisure centres, shopping precincts, the Kingston Arts Centre and local libraries.

The City of Kingston Community Bus service also coordinates a busy Social Engagement Program, designed to help you remain connected and engaged with a range of social and recreational activities. These outings provide you with an opportunity to meet with others in your local area, to establish and maintain friendships and enjoy relaxed companionship. The outings often involve a meal at an accessible venue, some sight-seeing, a movie, musical entertainment or a short walk to explore the local shopping precinct. A registration system is used to manage allocation of seats on these very popular excursions, ensuring that all clients have an equal opportunity to attend throughout the year. The cost of each activity varies. If you believe you may be eligible and are interested in receiving the current Social Engagement calendar, please contact **Access Care on 1300 819 200**.

#### **VOLUNTEER TRANSPORT**

Volunteer transport provided to City of Kingston residents only. Clients will need to meet an eligibility criteria. The service is available to clients who are wishing to attend medical appointments or to visit a spouse in hospital/residential care. Clients are required to pay a contribution of the kilometres travelled and any parking costs incurred on the day. The service is limited as we rely on volunteers, which means we are unable to confirm ongoing bookings. Clients are encouraged to call with plenty of notice for any forthcoming one-off appointments.

## TRANSPORT FUNDED BY THE COMMONWEALTH HOME SUPPORT PROGRAM (CHSP)

From 1 July 2018, AccessCare Kingston provides transport services to eligible residents of Kingston, Bayside, Glen Eira, Stonnington and Port Phillip. Clients will need to be aged 65 years and over, must register with My Aged Care and be assessed against eligibility criteria for the service. Eligible clients may be provided with taxi vouchers. Clients will need to pay a contribution per taxi trip. Each trip will be capped to a certain dollar value. The amount of trips is limited per client in line with the program guidelines and it is a subject to availability.

Clients eligible for Commonwealth Home Support Program or Home Care Package Program (HCP) may be able to access assistance with shopping. This can be escorted shopping with the help of support worker, or unaccompanied shopping, where the support worker will deliver groceries to the client's home. This service can also provide the client with access to their medical appointments and the local community for social support. All clients need to register through **My Aged Care on 1800 200 422** or via the <a href="My Aged Care website">My Aged Care website</a> to be assessed for eligibility for these services. Service users may be required to pay a contribution to the service.

For more information about AccessCare programs, please call 1300 819 200 or visit the <u>Access Care</u> website.

## Connect Health and Community Individual Transport

Individual transport is provided to and from medical appointments, rehabilitation, social and recreational activities, shopping centres and other transport requests as required.

Connect Health and Community (CH&C) volunteers' cars are used for those who are able to comfortably get in and out of them. These cars are not wheelchair accessible.

For more information, please visit the Connect Health website or call 9575 5333.

## **Red Cross Transport Services**

Red Cross provides a door to door volunteer transport service for seniors and people with disabilities who have no means of transport. The service is provided to non-urgent medical appointments or social outings.

For more information, please call 8327 7700 or visit the Australian Red Cross website.

## State - Wide Equipment Program (SWEP)

The State-Wide Equipment Program (SWEP) provides people who have a permanent or long-term disability with subsidised aids.

SWEP incorporates the following programs:

- Aids and Equipment Program (A&EP)
- Supported Accommodation Equipment Assistance Scheme (SAEAS)
- Domiciliary Oxygen Program (DOP)
- Continence Aids (CA)
- Vehicle Modification Scheme (VWSS)

SWEP aims to enhance the independence and safety of people with a disability in their own home, facilitate their participation in the community and support families and carers.

SWEP is a suite of programs funded by the Department of Human Services and administered by Ballarat Health Services. For more information, please visit the Ballarat Health Services website.

## Multi-Purpose Taxi Program (MPTP)

The Multi-Purpose Taxi Program (MPTP) Card is issued by Commercial Passenger Vehicles Victoria (CPVV) formerly, the Victorian Taxi Services Commission. The MPTP assists with the travel needs of people with severe and permanent disabilities / health conditions by offering subsidised taxi fares.

#### MPTP SUBSIDY

The MPTP subsidy pays for 50% of your fare up to a maximum of \$60 per trip. Your fare may include the new \$1 per trip levy. It may be charged as a separate item, or the Booking Service Provider may incorporate it into your fare. This will be covered by your subsidy.

You will need to pay for the cost of any road tolls, airport fee/s and Silver Service. They are not included in the subsidy.

#### WHO IS ELIGIBLE TO GET AN MPTP CARD?

To be eligible for an MPTP card you must:

- be a permanent resident of Australia and live in Victoria
- have a severe and permanent disability that your doctor deems is not likely to improve with treatment
- be unable to use public transport safely and independently.
- You must also be able to demonstrate financial hardship by supplying a Notice of Assessment from the last financial year or hold one of the following:
- a Centrelink issued concession card (such as the Aged Pension or Disability Support Pension)
- a Department of Veterans' Affairs (DVA) card (e.g. Gold Repatriation Health card) or an EDA (Extreme Disablement Adjustment) or TPI (Totally and Permanently Incapacitated) notation.

Passengers who require the use of a wheelchair permanently are exempt from the financial hardship test.

#### APPLYING TO BE A MEMBER

There are two parts of the application process:

- Medical assessment must be completed by your doctor online.
- A request for consent to assess your application will be sent to you. The consent form needs to
  be completed by you and retuned to CPVV. Once CPVV receive both forms, please allow 14
  working days for a decision to be made. If your application is successful you will receive an
  invoice for your MPTP Card.
- If it is unclear if you are eligible, you or your doctor may be asked to provide some additional information.
- Facts:
- Lack of public transport does not mean you are eligible for the card;
- MPTP cards are issued to people with a severe and permanent disability. Being an older person does not mean you automatically get a taxi card;
- You can apply for a MPTP card even if you still drive or have a driver's licence;

#### HOW TO CONTACT COMMERCIAL PASSENGER VEHICLES VICTORIA

Telephone: 1800 638 802 (free call) Email: mptp@cpvtaxi.vic.gov.au

Postal address: Commercial Passenger Vehicles Victoria Multi-Purpose Taxi Program

GPO Box 1716 Melbourne VIC 3001

## Public Transport in Victoria (PTV)

Public transport is a great alternative to driving. It is generally cheaper than driving and parking, and can be very convenient. The following Public Transport Victoria (PTV) resources and services will help you to navigate the Victorian public transport system.

#### PTV TIMETABLES

To view up to date public transport timetables (metropolitan trains, buses, trams; regional trains and coaches; regional buses etc.) refer to the <u>Public Transport Victoria website</u> for more information.

#### PTV JOURNEY PLANNER

The <u>PTV Journey Planner</u> is a very handy tool for planning your public transport trip. It will recommend train, bus and tram routes to get you from one location to another.

#### PTV CALL CENTRE

The PTV call centre can assist you with public transport enquiries and can also help you to plan your journey. This service is available from 6am to midnight daily (and it operates all night on Fridays and Saturdays). Phone **1800 800 007**.

If you have a hearing or speech impairment and require assistance you can contact the National Relay Service and request a call to PTV on 1800 800 007. The National Relay Service can be contacted via: Voice 1800 555 660 freecall; TTY 1800 555 630 freecall; SMS 0416 001 350; Fax 1800 555 690 freecall; Email: <a href="mailto:helpdesk@relayservice.com.au">helpdesk@relayservice.com.au</a>; post: Level 2, 10 Mallett St, Camperdown, NSW 2050; website: <a href="mailto:www.relayservice.gov.au">www.relayservice.gov.au</a>

#### PTV HUBS

PTV Hubs provide face to face contact with PTV staff who can assist with your public transport needs and help you get to where you need to go.



PTV Hubs have been awarded the Communication Access Symbol which means:

- staff have been trained to understand how different people communicate, including people with communication difficulties.
- communication tools are available for customers with communication difficulties, and brochures and other written information is available in easy to read and other formats.

#### PTV Metropolitan Hubs are located at:

- Southern Cross Station, near the corner of Spencer and Collins streets (open Mon-Fri 7am-7pm; weekends 9am-6pm; open all public holidays except Christmas Day)
- 750 Collins Street, Docklands (open Mon-Fri 8am-6pm; closed weekends and public holidays)

## Public Transport Tickets / MYKI Card

Myki is a reusable plastic card on which you store monetary value to pay for your fare on public transport. Myki is your ticket to travel on Melbourne's trains, trams and buses, V/Line commuter train services and buses in Seymour, Ballarat, Bendigo, Geelong, the Latrobe Valley and Warragul. Top-up before your journey and then touch on and touch off at a myki reader as you travel.

#### SENIORS MYKI CARD

To use a Seniors myki you must have a Victorian Seniors Card issued by the Department of Health and Human Services. When you apply for your Victorian Seniors Card, you will automatically receive your first Seniors myki free.

The Seniors myki gives you:

- Fifty (50) per cent discount on a full fare;
- Daily cap of \$4.30 when travelling in zones 1+2;
- Free travel on Saturdays and Sundays in two consecutive zones;
- Two or four annual Victorian off-peak travel vouchers;
- Concession fares on V/Line trains and coaches;
- Free travel during the annual Victorian Seniors Festival;

#### **Eligibility**

You must have a Victorian Seniors Card. The Victorian Seniors Card is available to permanent Victorian residents who are aged 60 or over who work less than 35 hours a week. It's issued by the Department of Health and Human Services.

Seniors Card holders from other states and territories are not eligible to use a senior's myki. Holders of a Commonwealth Government-issued Seniors Health Card are not eligible for public transport concessions in Victoria.

#### SENIORS DAY PASS

As a senior, you can buy a Day Pass for some journeys. The Seniors Day Pass is a paper ticket that gives you one day's unlimited travel in Zone 1+2 and on bus routes 782/783 and 787/887 only.

#### **Using a Day Pass**

When travelling with a Day Pass, you must show it to:

- The bus driver when boarding;
- Train station staff to gain entry or exit from a gated station;
- An Authorised Officer when requested;

When travelling with a Day Pass you don't need to touch on your myki. You can only use a Day Pass for the date on the ticket. Visit Public Transport Victoria for more information.

#### FREE TRAVEL PASSES

Some customers are eligible for free travel passes. Customers who are eligible for a Concession myki may also receive a free travel pass.

Visit Public Transport Victoria for more information.

#### **ACCESS TRAVEL PASS**

For people with have a permanent physical, cognitive condition or mental illness that prevents them from using Myki.

- If you hold an Access Travel Pass, you can travel for free on:
- Melbourne metropolitan trains, trams and buses;
- V/Line services;
- · Regional town buses;
- Regional services that have a contract or service agreement with Public Transport Victoria;
- Free travel passes can't be used for NSW TrainLink, Great Southern Railway, airport services and tourist railways. Please check with the relevant operator before booking or travelling.
- Pass holders aren't required to touch on and off, but must show the card to public transport staff when requested.
- You must carry your Free Travel Pass with you at all times while travelling on Victoria's public transport network.

#### Eligibility

- To be eligible for the Access Travel Pass you must:
- Have a significant permanent physical disability, cognitive condition or mental illness;

- Be unable to touch on or off due to this physical or mental condition;
- Be able to travel independently on Victoria's public transport network (without any assistance from a carer or companion);
- Be a Victorian resident;
- If you're not eligible for the Access Travel Pass, you may be eligible for one of these:

## Extreme Disability Adjustment/Totally and Permanently Incapacitated (EDA/TPI) Ex-service Personnel Pass

For eligible Extreme Disability Adjustment/Totally and Permanently Incapacitated (EDA/TPI) Ex-service personnel.

If you hold one of these travel passes, you can travel for free on:

- Melbourne metropolitan trains, trams and buses;
- V/Line services;
- Regional town buses;
- Regional services that have a contract or service agreement with Public Transport Victoria;
- Free travel passes can't be used for NSW TrainLink, Great Southern Railway, airport services and tourist railways. Please check with the relevant operator before booking or travelling.
- Pass holders aren't required to touch on and off, but must show the card to public transport staff when requested.
- You must carry your Free Travel Pass with you at all times while travelling on Victoria's public transport network.

#### Eligibility: To be eligible you must:

- Hold a Department of Veterans' Affairs (DVA) Gold Card embossed with EDA or TPI (Extreme Disablement Adjustment or Totally and Permanently Incapacitated);
- Be a Victorian resident;
- If you're not eligible for this pass, you may be eligible for a War Veteran's concession myki.
- Visit the <u>Public Transport Victoria website</u> for more information.

#### **Scooter and Wheelchair Travel Pass**

For people who use a wheelchair or mobility scooter.

If you hold a Scooter and Wheelchair Travel Pass, you can travel for free on:

- Melbourne metropolitan trains, trams and buses;
- V/Line services;
- Regional town buses;
- Regional services that have a contract or service agreement with Public Transport Victoria

Free travel passes can't be used for NSW TrainLink, Great Southern Railway, airport services and tourist railways. Please check with the relevant operator before booking or travelling.

Pass holders aren't required to touch on and off, but must show the card to public transport staff when requested.

You must carry your Free Travel Pass with you at all times while travelling on Victoria's public transport network.

Eligibility: To be eligible for the Scooter and Wheelchair Travel Pass you must:

- Have a permanent and severe disability;
- Depend on a scooter or wheelchair for mobility outside the home;
- Be a Victorian resident

If you're a scooter or wheelchair user, you must have your dependence on a scooter or wheelchair certified by a general practitioner or specialist. They must declare that due to the permanent and severe disability (being for the term of your life and not expected to improve), you depend on the scooter for mobility outside the home.

If you're not eligible for the Scooter and Wheelchair Travel Pass, you may be eligible for:

- Companion Card
- Access Travel Pass
- Multi-Purpose Taxi Program

#### **Vision Impaired Travel Pass**

The Vision Impaired Travel Pass gives free travel on public transport to customers who are legally blind.

Pass holders aren't required to touch on and off, but must show the card to public transport staff when requested.

Other states' Vision Impaired cards are accepted and can be used as a flash pass.

#### **Benefits**

If you hold a Free Travel Pass, you can travel for free on:

- Melbourne metropolitan trains, trams and buses;
- V/Line services;
- · Regional town buses;
- Regional services that have a contract or service agreement with Public Transport Victoria

Free travel passes can't be used for NSW TrainLink, Great Southern Railway, airport services and tourist railways. Please check with the relevant operator before booking or travelling.

Pass holders aren't required to touch on and off, but must show the card to public transport staff when requested.

You must carry your Free Travel Pass with you at all times while travelling on Victoria's public transport network.

Eligibility: To be eligible to receive this pass, you must:

- Be assessed as permanently and legally blind by an ophthalmologist or optometrist;
- Be a Victorian resident;

#### **War Veteran's Travel Pass**

If you hold a War Veteran's Travel Pass, you can travel for free on:

- Melbourne metropolitan trains, trams and buses;
- V/Line services:
- Regional town buses;
- Regional services that have a contract or service agreement with Public Transport Victoria;

Free travel passes can't be used for NSW TrainLink, Great Southern Railway, airport services and tourist railways. Please check with the relevant operator before booking or travelling.

You still need to touch on and off, and show your pass to public transport staff when requested.

You must carry your Free Travel Pass with you at all times while travelling on Victoria's public transport network.

Eligibility: The War Veteran Travel Pass is available to Victorian war veterans who:

- Have documentary evidence of their overseas war or/peacemaking service, and provide one of the following:
- · A Department of Veterans' Affairs (DVA) Gold or White Card, or
- Evidence of lump or ongoing compensation from DVA for an injury/illness related to this service,
- Have their treating doctor sign the application form confirming the illness/injury is due to service and that mobility is significantly limited, and
- Are a permanent Victorian resident;

### Other Travel Passes and Vouchers

There are passes available for customers that have specific travel requirements.

#### ASSISTANCE ANIMAL PASS

Accreditation to allow assistance animals to travel on public transport.

An assistance animal is trained, like a Guide Dog, to assist you in alleviating or managing the effects of a disability or condition.

Not all animals are assistance animals, even if they assist you in some way. Companion, therapy and facility animals are not considered assistance animals. House training and general obedience aren't enough to qualify your animal for an Assistance Animal Pass.

For information about travelling with your pet, please visit the Public Transport Victoria website.

Animals covered by the Assistance Animal Pass (usually dogs) include:

- Mobility support animals that help people with physical disabilities who use mobility aids or have difficulty moving around.
- Medical alert animals that help people in a medical emergency such as an epileptic fit, or changes in blood pressure and blood sugar.
- <u>Psychiatric service animals</u> that help people with mental illnesses such as Post-Traumatic Stress Disorder, anxiety and panic attacks.

# Disability Support Pensioners and recipients of Carer Payments

These are your travel benefits:

- Fifty (50) per cent discount on travel;
- Free travel on Saturdays and Sundays in two consecutive zones;
- Two free Victorian off-peak travel vouchers per year for Victorian residents (to receive these vouchers, please register using the Free Weekend Travel form below);

#### Eligibility: You need to:

- Hold a Pensioner Concession Card printed with code DSP or CAR;
- Be aged under 60 years;
- Be a resident of Victoria;

This concession applies only to the cardholder and does not extend to any dependants named on the card.

Holders of Disability Support Pensioner (Blind) Concession Cards should apply for a Vision Impaired Travel Pass.

Visit the Public Transport Victoria website for more information.

## **Companion Card**

The Companion Card is for people with significant permanent disability who can demonstrate that due to the impact of the disability they are unable to attend most community activities or events without attendant care, and that need is life-long.

The card contains a photograph of the cardholder and can be presented when booking or purchasing a ticket at events and venues, provided the cardholder requires attendant care support in order to participate at that particular activity. Participating organisations will issue the cardholder with a second ticket for their companion at no charge.

#### APPLICATION CRITERIA

To be eligible for a Victorian Companion Card, the person must:

- Be a permanent resident of Australia, residing in Victoria;
- Demonstrate that they have a significant, permanent disability / health condition;
- Demonstrate that, due to the impact of the disability/ health condition, they would be unable to participate at most community activities without attendant care support;
- Demonstrate that the need for this level of attendant care will be life-long;

#### PUBLIC TRANSPORT ACCEPTS COMPANION CARD

Companion Card can be used on all Victorian public transport services. Cardholders can have their companions travel without charge, on all train and tram services, and all metropolitan bus services, country trains, coach and town bus services.

For more information, please visit the Companion Card website.

### Carer Card

A collaboration between the government, businesses and the community, the Carer Card Program gives **recognition**, **understanding** and **support** to Victorian carers. The program has a wide range of discounts and benefits on offer from businesses, the local government and community organisations.

Cardholders are also entitled to free travel on public transport on Saturday and Sundays plus two return off-peak travel vouchers each year. To find a business or type of offer you can browse the categories by rolling over the headlines then click through to the online directory.

**Free Sunday travel:** Eligible Victorian residents who are carers are eligible for free travel on Saturday and Sundays on metropolitan train, tram and bus services (Zones 1 + 2) and on regional town bus services in any two consecutive zones.

For more information, please visit the Victorian Government's Carer Card website.

## Traveller's Aid Access Service (TAAS)

Travellers Aid provides support, advice and assistance to the travelling public including people with special requirements or experiencing travel emergencies. Travellers Aid Australia operates from three service sites: at Southern Cross and Flinders Street Stations in Melbourne and Seymour Railway Station, in regional Victoria. Our companions meet travellers at Southern Cross, Flinders Street or Seymour stations. Meeting points at other Melbourne metropolitan railway stations, or transport interchanges, may be arranged by special request. Volunteer companions accompany clients to and from their appointment or event.

If needed, volunteers can wait (essential appointments only) to accompany the client back to their originating railway station, again using public transport.

Travellers Aid require a minimum of 72 business hours for bookings and travellers will need to purchase their own public transport tickets or taxi fare if required. Companions travel costs are met by Travellers Aid.

The service operates from 8am to 6pm, Monday to Friday. Weekend or out-of-hours services may be arranged depending on volunteer availability.

**Eligibility**: Any person who is able to travel independently, walk unassisted or with the help of a walking frame, can use this service. Clients must be able to comfortably enter and exit a taxi, tram and/or train without physical assistance from the companion.

For more information, please phone 1300 700 399 or visit the <u>Traveller's Aid website</u>.

## **Public Transport in Kingston**

A map showing public transport routes throughout the municipality is available on the <u>Public Transport</u> Victoria website.

#### **BUS ROUTES IN KINGSTON**

Website links below provide a map of the bus route and other useful information.

- 600 Southland Shopping Centre to St Kilda Light Rail Station
- 631 Southland Shopping Centre to Waverley Gardens Shopping Centre via Clayton and Monash University
- 703 Middle Brighton to Blackburn (SmartBus) via Bentleigh, Clayton and Monash University
- 704 East Clayton to Oakleigh via Clayton and Huntingdale
- 705 Mordialloc to Springvale via Braeside and Clayton South
- 706 Mordialloc to Chelsea via Aspendale and Edithvale
- 708 Carrum to Hampton via Southland Shopping Centre
- 709 Mordialloc to Waterways via Governor Road
- 733 Oakleigh to Box Hill via Clayton, Monash University and Mt Waverley
- 767 Southland Shopping Centre to Box Hill via Chadstone, Jordanville and Deakin University
- 780 Frankston to Carrum via Seaford
- 811 Dandenong to Brighton via Heatherton Road and Springvale
- 812 Dandenong to Brighton via Parkmore Shopping Centre
- 811/812 combined Dandenong to Brighton via Southland SC
- 821 Southland Shopping Centre to Clayton via Heatherton
- 822 Chadstone to Sandringham via Murrumbeena and Southland Shopping Centre
- 823 North Brighton to Southland Shopping Centre via Moorabbin
- 824 Moorabbin to Keysborough via Clayton and Westall
- 825 Moorabbin to Southland Shopping Centre via Black Rock and Mentone
- 828 Hampton to Berwick Station via Southland Shopping Centre and Dandenong
- 857 Chelsea to Dandenong via Patterson Lakes
- 858 Edithvale to Aspendale Gardens via Chelsea
- 902 Chelsea to Airport West (SmartBus)

- 903 Altona to Mordialloc (SmartBus)
- 922 Southland Shopping Centre to St Kilda Light Rail Station
- 923 Southland Shopping Centre to St Kilda Light Rail Station

#### NIGHT BUSES SERVICING KINGSTON

- 970 Carrum Frankston Mornington Rosebud
- 979 Elsternwick Bentleigh Clarinda Keysborough Dandenong

#### TRAIN STATIONS IN KINGSTON

The City of Kingston is serviced by three train lines: the Frankson Line, which extends north to south within the municipality from Patterson to Carrum; and the Cranbourne and Pakenham Lines that service the eastern-most suburbs of Clayton, Westall, Springvale, Sandown Park and Noble Park. <u>View a map of the metropolitan train network</u>.

#### **AIRPORT TRANSFERS**

SkyBus operates four services to and from Melbourne Airport (Tullamarine). They are:

**Melbourne City Express** - operating all day, every day between Tullamarine and Southern Cross Station.

**Southbank / Dockland Express** - offers a direct airport continuous looped service 7am–7pm with a 30-minute frequency on weekdays and hourly service on weekends, 7 days a week.

**St Kilda Express** - operating seven days a week, 365 days of the year, with a weekday frequency of 30 minutes and a weekend frequency of 60 minutes.

**Frankston and Peninsula Airport Shuttle** operates every day of the year except Christmas Day, including public holidays. Pick up and drop off points include Frankston and the Mornington Peninsula.

For more information and a map of bus routes refer to the Sky Bus website.

## City of Kingston Transport Information and Training

#### COMMUNITY EDUCATION PROGRAMS

Older Drivers and pedestrians are particularly vulnerable and are often disproportionately represented in road crash data. In order to protect the health and well-being of Kingston residents, council offers FREE driver and pedestrian safety educational programs supporting older drivers to both continue driving in a safe manner and in the process of planning the transition from driving to non-driving.

The programs are not about testing older drivers or forcing them to stop driving. It is simply an opportunity for older drivers to learn more about safe driving and the availability of alternative forms of transport.

#### **Current Programs:**

#### **Wiser Driver**

- Program runs over 4 weeks 2 hours each week.
- Topics to be covered include:

- · Changes to the Road Rules.
- Car safety features.
- · Remaining healthy and fit to drive.
- · Reflecting on driving habits to increase driver's safety.
- Discussion based small group, informal setting.
- Free road rules and older driver handbooks.

#### Wiser Walker

- Program runs over 4 weeks 2 hours each week.
- Topics to be covered include:
- Getting around without a car.
- Safe use of public transport.
- Using MYKI with confidence.

#### Tips on taxi use.

- Community Transport and support services.
- Travel planning and discounted travel passes.
- Being a safe pedestrian.
- Practical outing using public transport.

#### **Safer Scooter**

- Program runs over 4 weeks 2 hours each week.
- Topics to be covered include:
- Road rules for mobility devices.
- Support services available.
- Occupational therapy advice.
- Safe and responsible travelling.
- Legal requirements and insurance.
- Choosing the right mobility device.

#### **Years Ahead**

- One hour program RACV road safety awareness presentation.
- Topics to be covered include:
- Advise on driving safely.
- · Promote safer road user behaviours.
- Continued mobility and quality of life for older people.

#### DRIVING ASSESSMENTS AND SUPPORT

Individual driving assessments and support can be organised for Kingston residents.

For more information, please contact Community Road Safety Officer on 9581 4372 or email: michelle.galileos@kingston.vic.gov.au

#### SOCIAL INCLUSION PROGRAM

Information about transport options is part of comprehensive information about activities provided individually to seniors who are socially isolated or at risk of social isolation. It includes information about:

- Multi Purpose Taxi Program (half price taxi card);
- Seniors MYKI;
- · City of Kingston Community Bus service;
- · Companion Card, and
- All other transport programs funded through Commonwealth Home Support Program (CHSP) and Home Care Package (HCP) Program depending on individual client's needs;
- Other services depending on client's needs;

#### **Multi-Purpose Taxi Program Information Sessions**

Four information sessions about Multi-Purpose Taxi Program are delivered each year in various locations in Kingston. It is a collaborative project with Commercial Passenger Vehicles Victoria. Sessions are promoted on My Community Life, in libraries and in Your Voice Newsletter.

#### 'Your Voice' - Kingston Senior's Newsletter

Your Voice is a City of Kingston Senior's Newsletter. It provides information about activities, community groups, events, transport, articles related to positive ageing and encourages independence by outlining the services and support available to older people in their local community. The newsletter is delivered to all clients of Kingston AccessCare services and is available on the <a href="City of Kingston website">City of Kingston website</a>.

For more information and to provide feedback about this guide, please contact the Social Inclusion Officer on 9581 4948 or P.O. Box 1000 Mentone VIC 3194 or email <u>alina.urbanczyk@kingston.vic.gov.au</u>



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