

Activity GUIDE

CLARINDA
COMMUNITY
CENTRE

JANUARY - JUNE 2025



*A place to learn new skills, stay
fit, have fun and meet new people!*



City of
KINGSTON

HELLO

Clarinda Community Centre is a Council-managed community centre located in Clarinda. We are committed to building healthy communities. The Centre provides a welcoming space where locals can come together, learn and grow. Whether you're looking to acquire new skills, stay active, socialise or lend a helping hand through volunteering, we have something for everyone. We are conveniently located alongside the Clarinda Library, along with a generous car park.

DID YOU KNOW?

Centre facilities include:

Meeting Spaces

Gather with friends, neighbours, or community groups in our versatile meeting spaces. Our rooms are available for private hire and events.

Study Spaces

Enjoy a peaceful environment conducive to learning and concentration.

Collections

Explore our diverse library collections, including Languages Other Than English (LOTE) resources, catering to a wide range of interests and backgrounds.

Children's Corner

Stimulate young minds and encourage a love for reading in our dedicated children's area.

Printing Facilities

Access printing services for your convenience located within the Library.

Free Wi-Fi

Stay connected and access online resources with complimentary Wi-Fi throughout the facility.

MAKE THE MOST OF YOUR TIME AT THE CENTRE!

Skill building – Explore new interests and develop your talents through our range of educational programs and workshops.

Fitness – Stay active and energised with our fitness classes and recreational activities, facilitated by professional instructors.

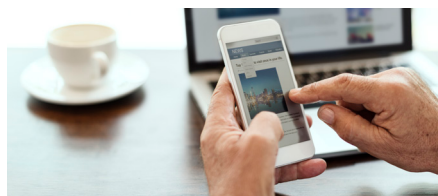
Socialising – Connect with others and form lasting friendships through our community events and gatherings.

Volunteering – Make a difference in the community by volunteering your time and skills.

Keep updated
by signing up
to the Clarinda
e-Newsletter.



*Scan to
sign up!*

MONDAYS

EVERYDAY ENGLISH CONVERSATION CLASS

9:30am - 12:00pm
\$5 per term
for Australian
residents

A great way to practice your English and meet new people in a relaxed and supportive environment. All levels of English are welcome. This program is aimed at adult learners. Classes run during the school term. For bookings and more information contact Mordialloc Neighbourhood House: ☎ 9587 4534 ✉ info@mordihouse.com.au

CLARINDA SENIORS CLUB INCORPORATED

10:00am - 3:00pm

The Clarinda Seniors Club Incorporated is for seniors residing in the Kingston area and offers various activities including meals, socialising, dominoes, cards, bingo and bus trips. If you are interested in joining or require further information regarding fees and activities, come along and speak to Alain, the President of the club on a Monday at the Clarinda Community Centre.

AGED CARE INFORMATION & SUPPORT

10:30am - 12:30pm
FREE
2nd and 4th
Monday of
the month

Kingston's AccessCare team is onsite offering drop-in sessions about in-home care services available in your community. No appointment is required, just pop in and speak to our aged care professionals about everything from registering with My Aged Care to receiving support services in your own home. Call 1300 819 200 for more information.

YIN YOGA *NEW IN TERM 2

5:30pm - 6:30pm
\$5 per session

Yin Yoga is a gentle yoga practice for those seeking relaxation and deep stretching. This slow-paced yoga focuses on holding static poses for longer periods of time, allowing the muscles to relax and the deeper connective tissues to release. Whether you're a seasoned yogi or brand new to the mat, Yin Yoga is accessible for all levels. The gentle pace and long-held stretches allow you to listen to your body, move at your own pace and find your own sense of peace and balance. BYO mat and drink bottle.

NEW! YIN YOGA



TUESDAYS

BEGINNER COMPUTER CLASS

9:30am – 12:00pm

12:30pm – 3:00pm

**\$5 per term
for Australian
residents**

Computer classes for absolute beginners.

Bring your own device or use laptops that are provided.

For bookings and more information contact Mordialloc

Neighbourhood House: ☎ 9587 4534 ✉ info@mordihouse.com.au

GREEK ELDERLY CITIZENS OF CLAYTON & DISTRICTS INC.

10:00am – 3:00pm

Join this Greek Seniors Social group for games, socialising, and a lunch.

For further information regarding fees and activities contact

Elisseos ☎ 0416 316 589

ZUMBA

6:00pm – 7:00pm

\$5 per session

A Latin-inspired, easy-to-follow dance fitness class suitable for all fitness levels.

Everyone welcome!



WEDNESDAYS

ZUMBA GOLD

9:30am – 10:30am

\$5 per session

A low-impact, Latin-inspired, easy to follow dance fitness class, designed for active older adults, true beginners, or people who haven't exercised for a while.



GENTLE EXERCISE

11:00am – 12:00pm

\$5 per session

Enjoy the benefits of regular exercise and help improve the symptoms of arthritis, heart disease, diabetes, osteoporosis and mental health issues. Classes tailored to suit all fitness levels. Facilitated by one of our fully trained Waves instructors. This is a chair-based exercise class. Participants are welcome to stay after class for a cuppa.

TABLE TENNIS

12:30pm – 2:30pm

\$2 per session

Looking for a fun way to increase your physical activity? Table tennis is not only a full-body work out, it can also improve mental health, sharpen reaction times and hugely improve hand-eye coordination. Players of all skill levels, ages and abilities welcome to join.

THURSDAYS

COMMUNITY CONNECTIONS PROGRAM: HOUSING & HOMELESS SUPPORT

9:00am – 5:00pm
FREE

AccessCare's outreach team assists people in housing stress or who are experiencing homelessness. Chat to our team members today for confidential advice and support. To book either an outreach or office appointment, you can call AccessCare on ☎ 1300 819 200 and ask for a 'CCP worker', or email ✉ community.connections@kingston.vic.gov.au

COSENZA SENIOR CITIZENS CLUB KINGSTON

10:00am – 3:00pm

This seniors group provides opportunities for social interaction and recreational activities, including a weekly lunch, games, outings, guest speakers and a monthly dinner dance lunch. For more information regarding fees and activities, contact Silvana ☎ 0414 478 053

SIP, CHAT, CONNECT

10:30am – 12:00pm
FREE

Join our volunteer run program aimed at connecting the community and bringing people together. Meet new people, have a cuppa and try some of the activities on offer – puzzles, games and mindful art. All Welcome

SIP, CHAT, CONNECT



FRIDAYS

CHINESE SENIOR CITIZENS CLUB OF KINGSTON

10:00am – 3:00pm This seniors club provides social and recreational activities for the Chinese community living in the City of Kingston and surrounding areas. Activities include gentle exercises, Tai Chi, singing, dancing, games, English and Mandarin speaking classes, day trips and a light lunch for members. For further information regarding fees and activities, contact Anna ☎ 0408 397 221

WOMEN'S SEWING & KNITTING GROUP

10:00am – 12:30pm All welcome to bring their own sewing, knitting or crochet project.
\$2 per session No experience necessary.

WOMEN'S SEWING & KNITTING GROUP



IMMUNISATIONS

2ND SATURDAY OF THE MONTH

City of Kingston Immunisation sessions at Clarinda Community Centre every month.

For further information:

✉ kingston.vic.gov.au/immunisation

☎ 9581 4870

☎ 1300 764 807

✉ immunisation@kingston.vic.gov.au

BOOKINGS
REQUIRED!



COMMUNITY SERVICES

SOFT PLASTICS COLLECTION

Clarinda Community Centre is a drop-off point for soft plastics for Kingston residents. Soft plastic items include; plastic bags, pasta and rice bags, biscuit packets, vegetable product bags, frozen food bags and cling wrap. Soft plastics can be coloured or printed and must be free from food or other materials. A general guide to determine if soft plastic is acceptable for recycling is, if you can scrunch it into a ball, you can put it in soft plastics recycling. The soft plastic recycling bin is located inside the entry doors of the Community Centre, and is accessible Monday – Friday 9:00am – 5:00pm, and on weekends during Clarinda Library opening hours.



VOLUNTEERING

*A little bit of time can
bring great rewards!*

Are you interested in volunteering?
Join one of our Kingston Community
Hubs Volunteer Teams at
Chelsea | Clarinda | Patterson Lakes
Sundowner | Westall

Give back and have a positive impact
on your local community. Apply online
at kingston.vic.gov.au or visit one of our
Community Hubs.

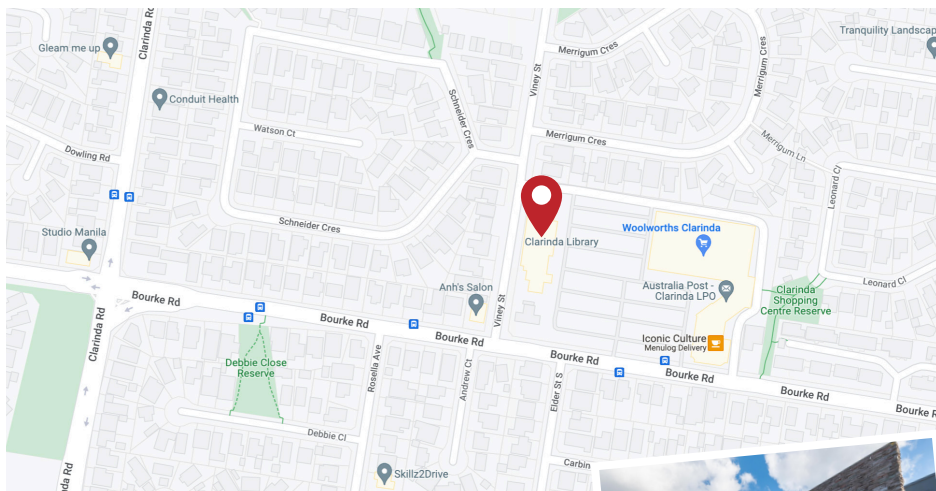


SCHOOL HOLIDAY ACTIVITIES

Kingston's Community Hubs offer a
range of FREE activities during the
school holidays. The program is
available for primary school children!

Find out what's happening during
the school holidays by signing up to
our e-newsletter, visiting one of our
Community Hubs, giving us a call
on 8551 1200 or emailing
clarindacc@kingston.vic.gov.au





Clarinda Community Centre

58B Viney Street, Clarinda 3169

☎ 8551 1200 ✉ clarindacc@kingston.vic.gov.au

Office Hours: Mon - Fri 9:00am - 5:00pm

(Across the car park from Woolworths)

Local bus routes: 824, 821 & 631



Venue Hire

The Clarinda Community Centre offers private venue hire for events and parties. There are a number of hall hire options available at the Centre depending on the size and requirements of your group. For further information, contact the Clarinda Community Centre on 8551 1200 or email clarindacc@kingston.vic.gov.au.

