

Community Services

Soft Plastics Collection

Clarinda Community Centre is a drop-off point for soft plastics for Kingston residents. Soft plastic items include; plastic bags, pasta and rice bags, biscuit packets, vegetable product bags, frozen food bags and cling wrap. Soft plastics can be coloured or printed and must be free from food or other materials. A general guide to determine if soft plastic is acceptable for recycling is, if you can scrunch it into a ball, you can put it in soft plastics recycling. The soft plastic recycling bin is located inside the entry doors of the Community Centre, and is accessible Monday - Friday 9:00am - 5:00pm, and on weekends during Clarinda Library opening hours.

Immunisations

2nd Saturday of the Month

City of Kingston Immunisation sessions at Clarinda Community Centre every month. For further information:

🌐 kingston.vic.gov.au/immunisation

☎ 9581 4870

☎ 1300 764 807

✉ immunisation@kingston.vic.gov.au

Bookings required.

Activity GUIDE

CLARINDA
COMMUNITY
CENTRE



JUL-DEC 2026

A place to learn new skills, stay healthy, have fun and meet new people.



**Sign up for
our eNews**

We aim to support and meet the needs of our culturally and linguistically diverse community by reducing isolation, providing access to social and inclusive activities, and supporting community groups to share and celebrate their individual cultures.

58B Viney Street, Clarinda 3169 (Across the car park from Woolworths)

Office Hours: Monday to Friday 9:00am - 5:00pm

🌐 kingston.vic.gov.au/clarinda-centre

✉ clarindacc@kingston.vic.gov.au

☎ 8551 1200 📞 131 450



*A little bit of time
can bring great rewards!*



Interested in Volunteering?
Apply now! kingston.vic.gov.au/volunteer
or ask the team at
Clarinda Community Centre

Prefer not to carry coins?



Prepay your class passes with a MultiPass.
Visit reception to find out more

*Terms and conditions apply

Monday

Everyday English Conversation Class

9:30am – 12pm

\$10 per term for Australian residents

Practice your English and meet new people. All levels of English are welcome. This program is aimed at adult learners. Classes run during the school term. For bookings and more information contact Mordialloc Neighbourhood House:

☎ 9587 4534 ✉ admin@mordihouse.com.au

Clarinda Seniors Club Incorporated

10am – 3pm

For seniors residing in Kingston, offering various activities including meals, socialising, dominoes, cards, bingo and bus trips. If you are interested in joining or require information regarding fees and activities, come along and speak to Alain, The President of the Club on a Monday at the Clarinda Community Centre.

Aged Care Information & Support

10:30am – 12:30pm

2nd and 4th Monday of the month | FREE

Kingston's AccessCare team is onsite offering drop-in sessions about in-home care services available in your community. Just pop in and speak to our aged care professionals about everything from registering with My Aged Care to receiving support services in your own home. Call 1300 819 200 for more information.

Yin Yoga

5:30pm – 6:30pm

\$6 per session

Yin Yoga is a gentle yoga practice for those seeking relaxation and deep stretching. This slow-paced yoga focuses on holding static poses for longer periods of time, allowing the muscles to relax and the deeper connective tissues to release. Whether you're a seasoned yogi or brand new to the mat, Yin Yoga is accessible for all levels. The gentle pace and long-held stretches allow you to listen to your body, move at your own pace and find your own sense of peace and balance. BYO mat and drink bottle.

Tuesday

Greek Elderly Citizens Of Clayton & Districts Inc.

10am – 3pm

Join this Greek Seniors Social group for games, socialising, and a lunch. For further information regarding fees and activities contact Eliseos ☎ 0416 316 589

Zumba

6pm – 7pm

\$6 per session

A Latin-inspired, easy-to-follow dance fitness class suitable for all fitness levels.

Wednesday

Beginner Computer Class

9:30am – 12pm

\$10 per term for Australian residents

Computer classes for absolute beginners. Bring your own device or use laptops that are provided. For bookings and more information contact Mordialloc Neighbourhood House:

☎ 9587 4534 ✉ admin@mordihouse.com.au

Zumba Gold

9:30am – 10:30am

\$6 per session

A low-impact, Latin-inspired, easy to follow dance fitness class, designed for active older adults, true beginners, or people who haven't exercised for a while.

Gentle Exercise

11am – 12pm

\$6 per session

This is a chair-based exercise class tailored to suit all fitness levels. Facilitated by one of our fully trained Waves instructors. Participants are welcome to stay after class for a cuppa.

Table Tennis

12:30pm – 2:30pm

\$3 per session

Players of all skill levels, ages and abilities welcome to join. Bats and balls provided.

Thursday

Community connections program: housing & homeless support

9am – 5pm

FREE

AccessCare's outreach team assists people in housing stress or who are experiencing homelessness. Chat to our team members today for confidential advice and support. To book either an outreach or office appointment, you can call AccessCare on ☎ 1300 819 200 and ask for a 'CCP worker', or email ✉ community.connections@kingston.vic.gov.au

Table Tennis

9:30am – 11:30am

\$3 per session

Players of all skill levels, ages and abilities welcome to join. Bats and balls provided.

Sip, Chat, Connect

10:30am – 12pm

FREE

Join our volunteer run program aimed at connecting the community and bringing people together. Meet new people, have a cuppa and try some of the activities on offer – puzzles, games and mindful art. All Welcome.

Tai Chi

12pm – 1pm

\$6 per session

Tai Chi is a traditional Chinese practice that combines slow, graceful movements with deep breathing and mindfulness. This class offers benefits such as improved balance, strength, flexibility, and mental well-being. No experience is required.

Beginner Guitar Lessons

2pm – 3pm

\$3 per session

2nd and 4th Thursday of the month

Learn guitar in a fun, supportive group! Our volunteer-run Beginner Guitar Program is perfect for first-time players. Learn at your own pace and bring your own guitar.

Friday

Chinese Senior Citizens Club of Kingston

10am – 3pm

FREE

This seniors club provides social and recreational activities for the Chinese community living in the City of Kingston and surrounding areas. Activities include gentle exercises, Tai Chi, singing, dancing, games, day trips and a light lunch for members. For further information regarding fees and activities, contact Anna ☎ 0408 397 221

Women's Sewing & Knitting Group

10am – 12:30pm

\$3 per session

Bring your own sewing, knitting or crochet project and connect with others who enjoy creating, repairing and mending. Enjoy a cuppa and friendly conversation while you work alongside fellow participants. Suitable for beginners and those with years of experience.

Sunday

Avellino Circolo Pensioners

12pm – 3:30pm

Every 2nd Sunday of each month

This seniors group holds monthly lunches for their members to come together and spend an afternoon socializing with their old friends & making new ones. Enjoy a home cooked meal, social connection and share the Italian culture.

It is a place where everyone is welcomed. If you are interested in attending, contact Geraldine on 0401451950 or email avelpensioners@gmail.com