

## Senior Clubs

### Aspendale Senior Citizens Club

**Location:** Aspendale Senior Citizens Centre, 151A Station St, Aspendale

**Meetings:** daily activities (various times)

**Activities:** Live entertainment concerts, tea/dance, line dancing, bi-monthly bus trips, bi-monthly train trips, theatre trips, luncheons, gentle exercise, table tennis, indoor bowls, computer classes etc.

**Contact:** Sheila 9772 5639

### Cheltenham Life Activities Club

**Location:** Cheltenham East Community Centre, 41 Follet Rd, Cheltenham

**Meetings:** daily activities (various times)

**Activities:** walking group, table tennis, bus trips, cards, Bolivia, Mah Jong, scrabble, rummy tiles, badminton, holidays.

**Contact:** Linda 9645 2096

[Lindacharing@hotmail.com](mailto:Lindacharing@hotmail.com)

### H. Shipston (Cheltenham) Senior Citizens Club

**Location:** Cheltenham Library, 12 Stanley Ave, Cheltenham

**Meetings:** Mon, Fri, Sat (various times)

**Activities:** social bingo, Solo (card game), bus trips, lunch outings

**Contact:** Ray 9551 3469

### Dingley Senior Citizens Club

**Location:** Dingley Neighbourhood Centre, 31B Marcus Rd, Dingley Village (Harold Box Hall)

**Meetings:** Monday 12.30pm – 3.00pm

**Activities:** social bingo, board games, cards, afternoon tea and occasional day trips.

**Contact:** Lyn 9585 5039 or Sandra 9558 1490

## Senior Clubs

- Carrum Community Activity Centre**
- Location:** Carrum Activity Hub, 38 Valetta St, Carrum
- **Meetings:** Thursdays 10am – 2.30pm
- Activities:** light exercise, craft, guest speakers, art classes, and monthly outings, light lunch provided
- Contact:** Eunice 9772 6524
- **Meetings:** Mon and Sat 12.30pm – 3.30pm
- Activities:** Carpet bowls
- Contact:** Beverley 0417 553 134
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- Moorabbin Senior Citizens Club**
- Location:** Moorabbin N.G. Wishart Senior Citizens Centre, 964 Nepean Hwy, Moorabbin.
- Meetings:** Mondays & Thursdays various hours
- Activities:** table tennis
- Contact:** John 0404 728 903
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- Ti-Tree Club Mentone**
- Location:** Mentone RSL, 9 Palermo St, Mentone
- Meetings:** Thursdays 1.00pm - 2.30pm
- Activities:** luncheons, chatting
- Contact:** Mentone RSL 9583 2841 (after 1pm) and leave a message for Jacqui
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- University of Third Age (U3A) Kingston**
- Location:** The Court House, 37 Albert St, Mordialloc VIC 3195
- Meetings:** daily, various hours
- Activities:** variety of art & craft activities, various exercise groups, games, various interst groups
- Contact:** U3A office 9580 8328

## Greek Senior Clubs

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| <b>Lemnian Community of Victoria Seniors Group</b>                            | <b>Location:</b> Lemnian Community Centre, 906 Springvale Rd, Braeside<br><b>Meetings:</b> Thursdays 9.00am - 3.00pm<br><b>Activities:</b> games, lunch, bus tours<br><b>Contact:</b> Stavroula 9598 8520                                      |
| <b>Australian Greek Senior's Club of Mentone</b>                              | <b>Location:</b> Parkdale Bowling Club, Alameda Pl, Parkdale<br><b>Meetings:</b> Thursday 8.00am – 3.00pm<br><b>Activities:</b> games, socializing, lunch<br><b>Contact:</b> Anna 0438 071 547   |
| <b>Argos &amp; District Australian Greek Senior Citizens Club of Kastoria</b> | <b>Location:</b> Moorleigh Community Village, 90 – 92 Bignell Rd, East Bentleigh<br><b>Meetings:</b> Fridays 10.00am – 4.00pm<br><b>Activities:</b> games, lunch, bus tours<br><b>Contact:</b> Vasilios 9570 7766                              |
| <b>Kondia Limnos Senior Citizens Club</b>                                     | <b>Location:</b> Moorleigh Community Village, 90 – 92 Bignell Rd, East Bentleigh<br><b>Meetings:</b> Wednesdays 1.30pm – 5.30pm<br><b>Activities:</b> games, lunch, bus tours<br><b>Contact:</b> Tina 0411 304 954                             |
| <b>Greek Senior Citizens of Southern Eastern Region District</b>              | <b>Location:</b> Moorleigh Community Village, 90 – 92 Bignell Rd, East Bentleigh<br><b>Meetings:</b> Tuesdays 9.30am – 2.30pm<br><b>Activities:</b> games, guest speakers, bus tours, socializing, lunch<br><b>Contact:</b> Peter 0412 739 229 |

## Greek Senior Clubs

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| <b>Greek Senior Citizens Club of Moorabbin</b>                                  | <b>Location:</b> Moorleigh Community Village, 90 – 92 Bignell Rd, East Bentleigh<br><b>Meetings:</b> Thursdays 9.00am – 2.00pm<br><b>Activities:</b> card games, billiards, social bingo, lunch<br><b>Contact:</b> Julia 9555 1197 |
| <b>Greek Women’s Senior Citizens Club of McKinnon RHEA</b>                      | <b>Location:</b> Moorleigh Community Village, 90 – 92 Bignell Rd, East Bentleigh<br><b>Meetings:</b> Wednesdays 9.30am – 1.30pm<br><b>Activities:</b> games, lunch, bus tours<br><b>Contact:</b> Roula 0405 666 850                |
| <b>Multicultural Senior Citizens Group of Kingston and Surroundings Regions</b> | <b>Location:</b> Highett Pavilion, 27- 33 Turner Rd, Highett<br><b>Meetings:</b> Tuesdays 9.00am – 2.30pm<br><b>Activities:</b> games, socializing, lunch<br><b>Contact:</b> Arthur 0407 864 935                                   |
| <b>Clarinda &amp; District Greek Senior Citizens Club</b>                       | <b>Location:</b> 57 Madden Rd, Heatherton<br><b>Meetings:</b> Thursdays 9.00am – 1.00pm<br><b>Activities:</b> games, lunch, bus tours<br><b>Contact:</b> Dimitrios 0405 642 551  |
| <b>Greek Elderly Citizens of Clayton &amp; District</b>                         | <b>Location:</b> Clarinda Community Centre, 58 Viney St, Clarinda<br><b>Meetings:</b> Tuesdays 9.00am – 1.00pm<br><b>Activities:</b> games, socializing, lunch<br><b>Contact:</b> Elisseos 0416 316 589 or Niki 9551 7734          |
| <b>The Three Hierarchs Greek Elderly Group</b>                                  | <b>Location:</b> Church of Three Hierarchs, 44 Knight St, Clayton<br><b>Meetings:</b> Tuesdays 8.30am – 2.00pm<br><b>Activities:</b> games, lunch, day trips<br><b>Contact:</b> Visile 0411 012 619 or 9544 5706                   |

## Greek Senior Clubs

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| <b>Greek Orthodox Community of Clayton</b>   | <b>Location:</b> 10 Oaks Ave, Clayton South<br><b>Meetings:</b> Tuesdays 8.30am – 1.30pm<br><b>Activities:</b> games, socializing, lunch, outings<br><b>Contact:</b> Arthur 0412 345 223  |
| <b>Greek Seniors Pensioners Association of Clayton &amp; District</b>              | <b>Location:</b> Clayton Hall, 264 Clayton Rd, Clayton<br><b>Meetings:</b> Tuesdays 8.00am – 1.00pm<br><b>Activities:</b> games, lunch, day trips<br><b>Contact:</b> Katerina 9544 6141   |
| <b>Independent Hellenic Senior Citizens Association of Clayton</b>                 | <b>Location:</b> Clayton Hall, 264 Clayton Rd, Clayton<br><b>Meetings:</b> Wednesdays 8.30am – 1.30pm<br><b>Activities:</b> games, lunch, bus tours<br><b>Contact:</b> Dimitrios 9547 3565  |
| <b>Hellenic Senior's Club (Hellenic Community of Moorabbin Senior's Club)</b>      | <b>Location:</b> 57 Madden Rd, Heatherton<br><b>Meetings:</b> Wednesdays 10.00am – 2.00pm<br><b>Activities:</b> Morning tea, card games, chess, bingo, lunch, day outings, extended tours;<br><b>Contact:</b> Trifon 0407 500 994 |
| <b>Cyprian Community of the Southern Suburbs of Melbourne Senior Citizens Club</b> | <b>Location:</b> Kingston Heath Reserve, 301 – 307 Centre Dandenong Rd, Cheltenham<br><b>Meetings:</b> Mondays 8.30am – 2.00pm<br><b>Activities:</b> games, lunch, bus tours<br><b>Contact:</b> Theodoros 0412 004 500            |

## Italian Senior Clubs

### Senior Citizens of the Freccia Azzurra Club

**Location:** Freccia Azzurra Club, 784 -796 Springvale Rd, Braeside

**Meetings:** Tuesdays 9.30am – 4.30pm

**Activities:** bingo, bocce, cards, other games, Italian lunch, and monthly lunch / dance

**Contact:** Antonietta 0414 922 797

### Italian Senior Citizens of Kingston “La Baracca”

**Location:** La Baracca, 30 – 36 Ross St, Heatherton

**Meetings:** Wednesday, Friday, Saturday, Sunday various times, various activities

**Activities:** Italian lunch, occasional bus tours, chatting, cards, billiards, bocce, monthly lunch / dinner / dance

**Contact:** Giovanna 0421 045 648

### Italian Social Club City of Moorabbin

**Location:** Moving to a different venue

**Meetings:** various days and times

**Activities:** cards, billiards, lunch

**Contact:** Tom 0416 085 978

### Cosenza Senior Citizens Club of Kingston

**Location:** Clarinda Community Centre, 58 Viney St, Clarinda

**Meetings:** Thursdays 11.00am – 4.00pm

**Activities:** Italian lunch, games, outings, guest speakers, and monthly lunch / dance

**Contact:** Silvana 0414 478 053

### Avelino Circolo Pensioners of Springvale

**Location:** 25 James St, Clayton South

**Meetings:** 2nd Sunday from 6.30pm

**Activities:** bingo, cards, billiards, outings, lunch

**Contact:** Angela 0417 505 176

## Italian Senior Clubs

### **Circolo Pensionati Italiani Di Oakleigh & Clayton**

**Location:** Clayton Hall, 264 Clayton Rd,  
Clayton

**Meetings:** Mondays & Wednesdays  
10.00 am - 3.00pm

**Activities:** lunch, cards, guest speakers,  
outings, and monthly lunch / dance

**Contact:** Flora 0499 908 777 or Lily 0435  
032 614

### **Circolo Pensionati Campani Italiano Di Clayton**

**Location:** Clayton Hall, 264 Clayton Rd,  
Clayton

**Meetings:** Thursdays 10.00am – 4.00pm

**Activities:** lunch, cards, bingo, special  
celebrations – lunch / dance

**Contact:** Gaetano 9546 2834

### **Italian Senior Citizens of Moorabbin**

**Location:** Moorleigh Community Village; 90  
– 92 Bignell Rd, East Bentleigh

**Meetings:** Mondays 11.30am - 3.30pm

**Activities:** cards, bingo, billiards, lunch

**Contact:** Gina 9557 5133

### **Associazione Pensionati Laziali Di Monash**

**Location:** Fregon Hall, 4 Fregon Rd, Clayton

**Meetings:** Mondays 8.30am – 4.00pm

**Activities:** lunch, bocce, information  
sessions, bus trips, women's' exercise  
program, cultural celebrations

**Contact:** Patrick 5945 7776

### **Circolo Pensionati Italiani Di Bentleigh**

**Location:** 2 Arthur St, Bentleigh East

**Meetings:** Wednesday – Sunday from  
6.30pm

**Activities:** bingo, cards, billiards, outings,  
lunch

**Contact:** Giuseppina 0412 660 267

## Italian Senior Clubs

- Circolo Pensionati “Don Bosco”**      **Location:** 40 Haughton Rd, Oakleigh  
**Meetings:** Mondays, Wednesdays 12pm – 4.00pm and Fridays 11am – 4pm  
**Activities:** bocce, cards, social bingo, discussions, lunch  
**Contact:** Anthony 9569 9064
- Valguarnera Italian Social Club**      **Location:** 621 Heatherton Rd, Clayton South  
**Meetings:** Special events, celebrations  
**Activities:** Special events lunch / dance, dinner / dance, celebrations  
**Contact:** Seba 0431 473 269
- The Italian Pension Club of Kingston**      **Location:** Moorleigh Community Village, 90 – 92 Bignell Rd, East Bentleigh  
**Meetings:** Monday /Wednesday /Sunday 6.30pm - 10.30pm  
**Activities:** Socializing, every 2nd Saturday of the month dinner dance.  
**Contact:** Manuela 0424 207 517



## Other Ethnic & Multicultural Senior Clubs

### Kingston Chinese Senior Citizens Club

**Location:** Clarinda Community Centre, 58B  
Viney St, Clarinda

**Meetings:** Fridays 10am – 4.00pm

**Activities:** Tai Chi, mah-jong, art, craft,  
singing, dancing, festivals, information  
session and lunches

**Contact:** Anna 0408 397 221

### Chu Chu Club Vietnamese Seniors' Group

**Location:** Melaleuca Activity Hub, 31  
Melaleuca Dr, Clarinda

**Meetings:** Tuesdays 6.30pm – 9.00pm

**Activities:** exercise, dancing, socializing

**Contact:** Chuong 0421 128 748 (call after  
12.00pm)

### Pilipino Elderly Association of South East Region P.E.A.S.E.R

**Location:** Sundowner Community Centre, 24  
Sundowner Ave, Clarinda

**Meetings:** Sundays 1.00pm – 5.00pm

**Activities:** socializing, entertainment,  
information sessions, meals

**Contact:** Ofelia 9558 2740

### Unified Filipino Elderly Association (UFEA)

**Location:** Melaleuca Activity Hub, 31  
Melaleuca Dr, Clarinda

**Meetings:** Saturdays 11.00am – 4.30pm

**Activities:** cultural activities, social events,  
information sessions

**Contact:** Evelyn 0422 440 255

### Clarinda Seniors Social Club

**Location:** Clarinda Community Centre, 58B  
Viney St, Clarinda

**Meetings:** Mondays 10.30pm – 3.00pm

**Activities:** dominoes, mah-jong, cards,  
socializing, singing

**Contact:** Marjorie 0407 536 058

## Other Ethnic & Multicultural Senior Clubs

### **Spanish Speaking Senior Citizens Club of Clayton**

**Location:** Clayton Hall, 264 Clayton Rd,  
Clayton

**Meetings:** Tuesdays 9.00am – 4.00pm

**Activities:** craft, games, guest speakers,  
festivals, outings, lunch

**Contact:** Gladys 8502 8796

### **Croatian Senior Citizens Group of Keysborough**

**Location:** 798 – 808 Springvale Rd,  
Braeside

**Meetings:** Thursdays 9.00am – 2.00pm

**Activities:** cards, billiards, bingo, outings,  
information sessions, lunch

**Contact:** Lucija 0403 000 443

### **Maltese La Valette Association**

**Location:** Moorleigh Community Village; 90  
– 92 Bignell Rd, East Bentleigh

**Meetings:** Wednesdays 9.00 – 2.30pm

**Activities:** cards, bingo, day trips, lunch

**Contact:** Joe 0412 479 805 or Carmen 0419  
304 568

### **Multicultural Nature Guides**

**Location:** Highett Community and  
Neighbourhood House, 2 Livingstone St,  
Highett

**Meetings:** Mon -Wed, various hours

**Activities:** table tennis, chess, gentle  
exercise

**Contact:** Maya 0402 513 817

### **Senior Russian Social Club “Friendship”**

**Location:** Hampton Senior Citizens Centre,  
14 Service St, Hampton

**Meetings:** Fridays 3.30pm – 5.00pm and 4th  
Sunday / month 5pm – 8pm

**Activities:** Yoga for seniors, socializing,  
concerts, dinner / dance, cultural celebrations

**Contact:** Rachel 0423 488 094

## Other Ethnic & Multicultural Senior Clubs

- Kingston Turkish Seniors Club**  
**Location:** Mentone Activity Hub, 29 Venice St, Mentone  
**Meetings:** Thursdays 10am – 3pm  
**Activities:** cards, billiards, cultural celebrations, Turkish meal, monthly outings  
**Contact:** Mujgan 0420 812 151
- Oakleigh Coptic Senior Social Club**  
**Location:** Moorleigh Village, 92 Bignell Rd, East Bentleigh  
**Meetings:** Mondays 10am – 3pm  
**Activities:** games, information sessions, lunches, outings  
**Contact:** Bill 0432 073 563
- Kingston Billiards Senior Citizens Club**  
**Location:** Moorabbin N.G. Wishart Senior Citizens Centre, 964 Nepean Hwy, Moorabbin.  
**Meetings:** Tue, Wed, Fri 9.30am – 1.30pm  
**Activities:** Billiards, snooker, chatting over cuppa  
**Contact:** Olek 0412 168 118 or Peter 0418 543 424
- Kingston Indian Senior Citizens Association**  
**Location:** Dingley Neighbourhood Centre - 31B Marcus Road, Dingley  
**Meetings:** Third Sunday of each month:  
3.00 - 6.00 pm (Summer Months);  
2.00 - 5.00 pm (Winter months).  
**Activities:** Games, singing, guest speakers, bus trips, celebration, festivals and meals  
**Contact:** Ashok 0432 816 557 or Satendra 0420 339 392

**Filipino – Australian Seniors  
Association**

**Location:** Mentone Activity Hub, 29 Venice  
St, Mentone

**Meetings:** Saturdays 1.00pm – 4.00pm

**Activities:** Lunch, gentle exercise,  
information sessions, music and dance, day  
trips, picnicks, multicultural events

**Contact:** Len 0422 440 255

**Henan Province Hometown  
Association of Australia**

**Location:** Clarinda Community Centre, 58B  
Viney St, Clarinda

**Meetings:** Wednesdays 3.00pm – 7.00pm &  
every 2nd and 4th Wed 9:00am – 11.30am

**Activities:** dancing, singing, TaiChi, chess,  
Mahjong, information sessions

**Contact:** Fu 0425 472 828  
or Anna 0424 812 388