



Kingston City Council

2012 Health and Wellbeing Survey

February 2013

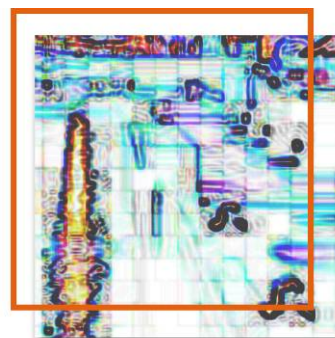
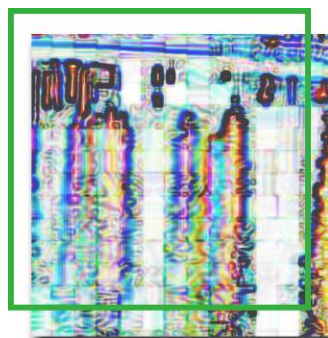


Prepared By:

Metropolis Research Pty Ltd
ABN 39 083 090 993

Prepared For:

Community Engagement
Kingston City Council





© Kingston City Council 2013

This work is copyright. Apart from any use permitted under the Copyright Act 1968, no part may be reproduced by any process without written permission from the Team Leader, Community Engagement, Kingston City Council.

© Metropolis Research Pty Ltd, 2013

The survey form utilised in the commission of this report along with the *Governing Melbourne* results presented in this report are copyright. They may not be reproduced by any process without written permission from the Managing Director, Metropolis Research Pty Ltd.

Disclaimer

Any representation, statement, opinion or advice, expressed or implied in this publication is made in good faith but on the basis that Metropolis Research Pty Ltd, its agents and employees are not liable (whatever by reason of negligence, lack of care or otherwise) to any person for any damages or loss whatsoever which has occurred or may occur in relation to that person taking action in respect of any representation, statement, or advice referred to above.

Contact details

This report was prepared by Metropolis Research Pty Ltd on behalf of the Kingston City Council. For more information, please contact:

Dale Hubner

Managing Director
Metropolis Research Pty Ltd

Level 1, 74 Victoria Street
Carlton Vic 3053

(03) 9272 4600
d.hubner@metropolis-research.com

Susan Heywood

Acting Team Leader
Community Engagement
Kingston City Council
PO Box 1000
Mentone Vic 3194

(03) 9581 4546
Susan.Heywood@kingston.vic.gov.au





Table of contents



INTRODUCTION	4
METHODOLOGY AND RESPONSE RATE	4
REGIONS	5
SENSE OF COMMUNITY	6
LIFESTYLE RELATED.....	6
COMMUNITY RELATED.....	11
SERVICES AND FACILITIES RELATED	14
PARKS, GARDENS AND RESERVES	18
LOCAL SHOPS OR FACILITIES	19
LOCAL COMMUNITY INVOLVEMENT	21
GENERAL HEALTH	23
PHYSICAL HEALTH	23
MENTAL HEALTH.....	24
HEALTH AND WELLBEING	26
PHYSICAL ACTIVITY	27
SMOKING	29
FRUIT AND VEGETABLES	31
EMERGENCY ACCESS	33
SAFETY IN PUBLIC AREAS	34
REASONS FOR FEELING LESS SAFE.....	37
IMPROVEMENTS TO THE LOCAL AREA	42
FAMILY VIOLENCE	45
RESPONDENT PROFILE	48
AGE GROUP	48
GENDER.....	48
LANGUAGE	49
DISABILITY.....	50
HOUSEHOLD STRUCTURE	50
EMPLOYMENT STATUS.....	51
SUBURB OF RESIDENCE	51
GENERAL COMMENTS	52
APPENDIX ONE – SAFETY BY REGION	56
APPENDIX TWO - SURVEY FORM	61





Introduction

Metropolis Research was commissioned by the Community Engagement Department of Kingston City Council to conduct primary research of the community to explore issues around health and well-being.

The research was designed to provide insight into the following:

- ⊗ Explore respondents' sense of community across a range of issues including lifestyle, community and the provision of services and facilities.
- ⊗ Measure respondents' perception of their physical and mental health and well-being.
- ⊗ Respondents' level of physical activity and smoking status.

Methodology and response rate

Trained Metropolis Research interview staff conducted 512 telephone surveys of residents drawn proportionally from across the City of Kingston during December 2012 and January 2013, but excluding the Christmas through New Year holiday period.

Metropolis Research made a total of 4,571 telephone calls to 1,850 households to invite residents to participate in this research. Of these 1,850 households that were approached, no answer was received for 969 households, 369 refused to participate and 512 completed the survey. The respondents were randomly selected from a list of residents provided by a professional list broker at the postcode level.

This provides a response rate for the survey of 58.1%, which is a very strong response rate for a telephone survey. The higher than average response rate reflects well on the level of engagement in the community with Council as well as the issues being addressed in the research.

The total sample of 512 respondents is sufficiently large to provide a meaningful examination of the results at the municipal level. The sample of respondents in each region is considerably smaller than the municipal total and therefore some caution should be exercised in the interpretation of variation at the regional level.





Regions

The results of this survey have been presented at both the municipal level as well as at a smaller region level. The City of Kingston was split into four regions as outlined below. The regions were provided to Metropolis Research by officers of the City of Kingston.

- ⊗ **Region 1** – A total of 151 respondents, including the suburbs of Clarinda, Clayton South, Oakleigh South, Moorabbin.
- ⊗ **Region 2** – A total of 131 respondents, including the suburbs of Cheltenham, Mentone, Heatherton, Dingley Village.
- ⊗ **Region 3** – A total of 170 respondents, including the suburbs of Aspendale, Aspendale Gardens, Mordialloc, Waterways, Parkdale.
- ⊗ **Region 4** – A total of 60 respondents, including the suburbs of Bonbeach, Carrum, Chelsea, Chelsea Heights, Patterson Lakes, Edithvale.



Sense of community

Respondents were asked:

“On a scale of 1 (strongly disagree) to 5 (strongly agree), please rate your agreement with the following statements. (Q. 1)”

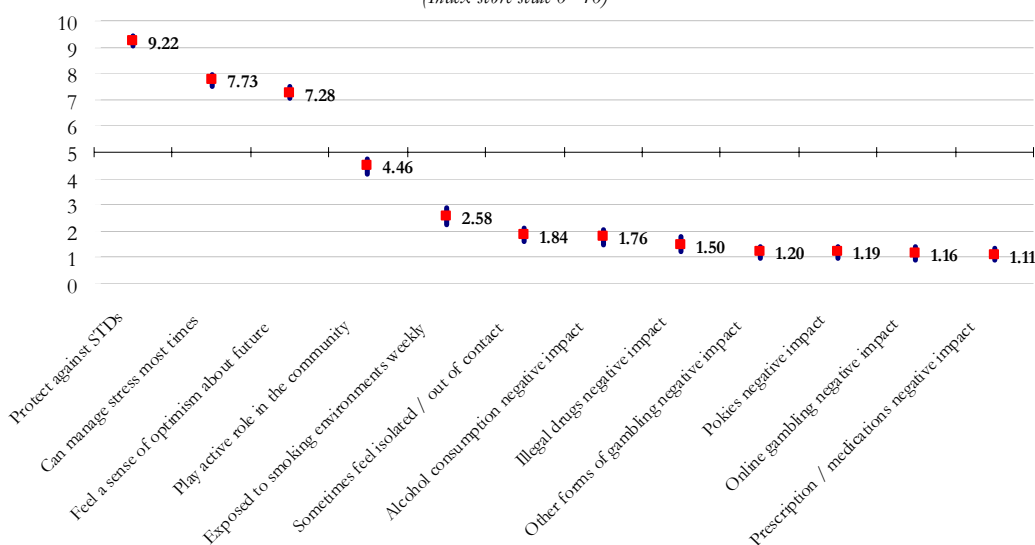
The survey included a total of twenty-four separate statements relating to various aspects of the “sense of community”. These have been split into three groups of statements, those that are lifestyle related, community related and service and facilities related.

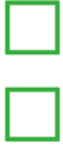
Lifestyle related

Respondents reported a rather positive view in regards to all the lifestyle related aspects, as clearly outlined in the following graph that displays the average agreement with each of the twelve aspects.

- ⊗ Respondents were strongly of the view that they can protect themselves from STDs.
- ⊗ Respondents were firmly of the view that they felt a sense of optimism about the future and could manage their stress most of the time.
- ⊗ On average respondents were relatively neutral in relation to playing an active role in the community reflecting the wide variety of views across the community.
- ⊗ On average respondents disagreed strongly that smoking, drugs, alcohol or gambling had a negative impact on the health and well-being of their household.

Agreement with selected lifestyle related sense of community statements
Kingston City Council - 2012 Health & Wellbeing Survey
 (Index: score scale 0 - 10)





The following table provides the proportion of respondents who agreed, were neutral or disagreed with each of the statements. Attention is drawn to the following:

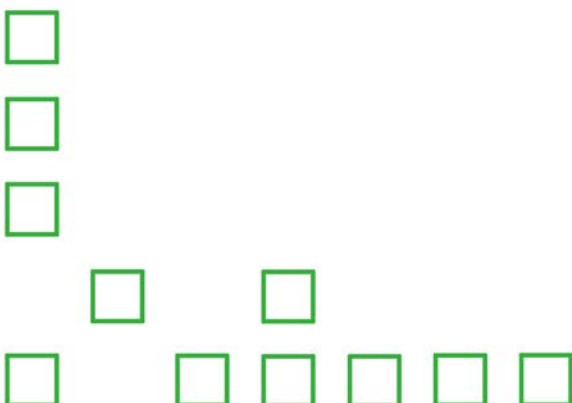
- ⊗ Approximately ten percent of respondents agreed that either alcohol, drugs or gambling had a negative impact on their household.
- ⊗ One-quarter of respondents agreed that they were in a smoky environment at least once a week.
- ⊗ Almost half the respondents did not play an active role in the community.
- ⊗ Approximately ten percent of respondents did not feel a sense of optimism about the future or were able to manage their stress most of the time.

Agreement with selected lifestyle related "sense of community" statements

Kingston City Council - 2012 Health and Wellbeing Survey

(Number and percent of total respondents)

<i>Statement</i>	<i>Disagree</i>	<i>Neutral</i>	<i>Agree</i>	<i>Can't say</i>
I play an active role in my community	44.5%	22.4%	33.1%	6
Alcohol consumption has a negative impact on my household	81.3%	6.1%	12.6%	1
Illegal drugs have a negative impact on my household	84.2%	2.8%	13.1%	5
Over the counter and / or prescription medications have a negative impact on my household	85.8%	7.7%	6.4%	7
I am exposed to smoky environments at least once a week	71.2%	6.8%	22.0%	5
Online gambling has a negative impact on my household	86.7%	4.4%	9.0%	6
Pokies have a negative impact on my household	86.8%	4.1%	9.1%	4
Other forms of gambling have a negative impact on my household	86.7%	3.5%	9.7%	7
I feel confident I know how to protect myself against sexually transmitted infections	4.1%	2.6%	93.4%	11
I sometimes feel isolated and out of contact with other people	80.2%	7.5%	12.3%	0
I am able to manage stress most of the time	8.6%	15.2%	76.2%	2
I feel a sense of optimism about the future	9.1%	20.8%	70.2%	6



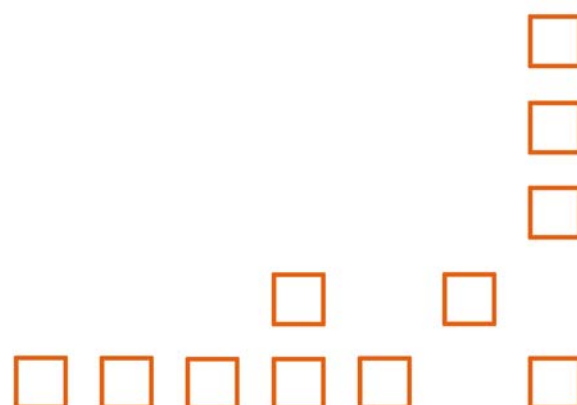
The following table provides the average agreement with each of the twelve statements.

There was relatively little measurable variation in agreement with these statements across the four regions, although it is noted that region four respondents and to a lesser extent region three respondents reported a slightly more positive (albeit not measurable) score than respondents from the other regions.

Agreement with selected lifestyle related "sense of community" statements by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and index score scale 0 - 10)

<i>Statement</i>	<i>Region 1</i>	<i>Region 2</i>	<i>Region 3</i>	<i>Region 4</i>
I feel confident I know how to protect myself against sexually transmitted infections	8.98	9.11	9.24	9.53
I am able to manage stress most of the time	7.57	7.42	7.63	8.33
I feel a sense of optimism about the future	7.20	7.19	6.88	7.84
I play an active role in my community	4.22	4.05	4.56	5.08
I am exposed to smoky environments at least once a week	2.43	2.75	2.16	2.92
I sometimes feel isolated and out of contact with other people	1.95	1.85	2.03	1.54
Alcohol consumption has a negative impact on my household	2.32	2.29	1.65	0.75
Illegal drugs have a negative impact on my household	2.23	1.88	1.23	0.64
Other forms of gambling have a negative impact on my household	1.47	1.72	0.82	0.68
Pokies have a negative impact on my household	1.44	1.71	0.91	0.63
Online gambling has a negative impact on my household	1.48	1.76	0.86	0.46
Over the counter and / or prescription medications have a negative impact on my household	1.67	1.44	0.77	0.52

The following four graphs provide the average agreement with each of the statements for each of the four regions comprising the City of Kingston.

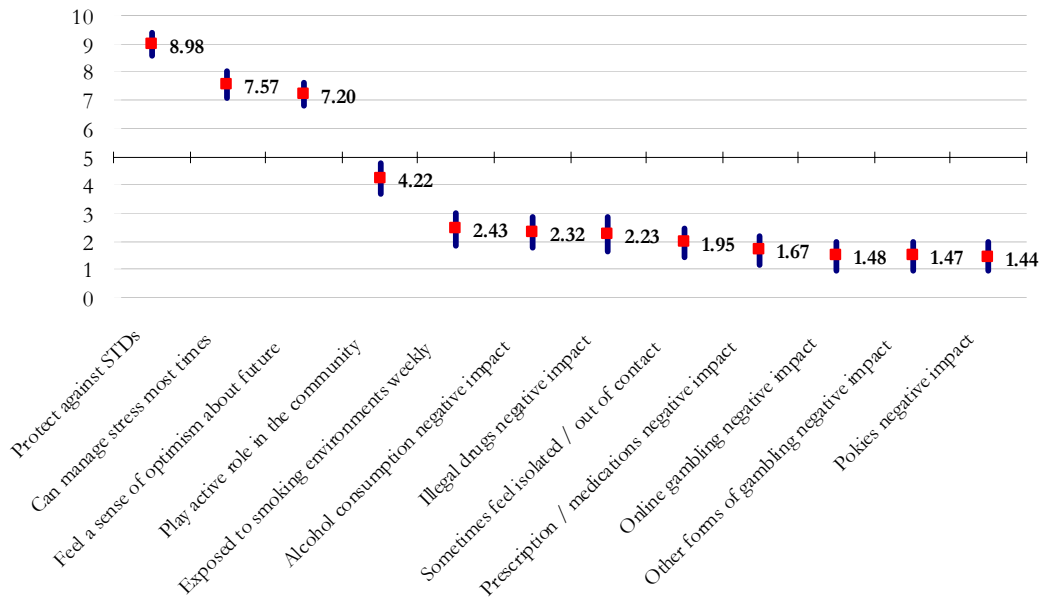




Agreement with selected lifestyle related sense of community statement - Region 1

Kingston City Council - 2012 Health & Wellbeing Survey

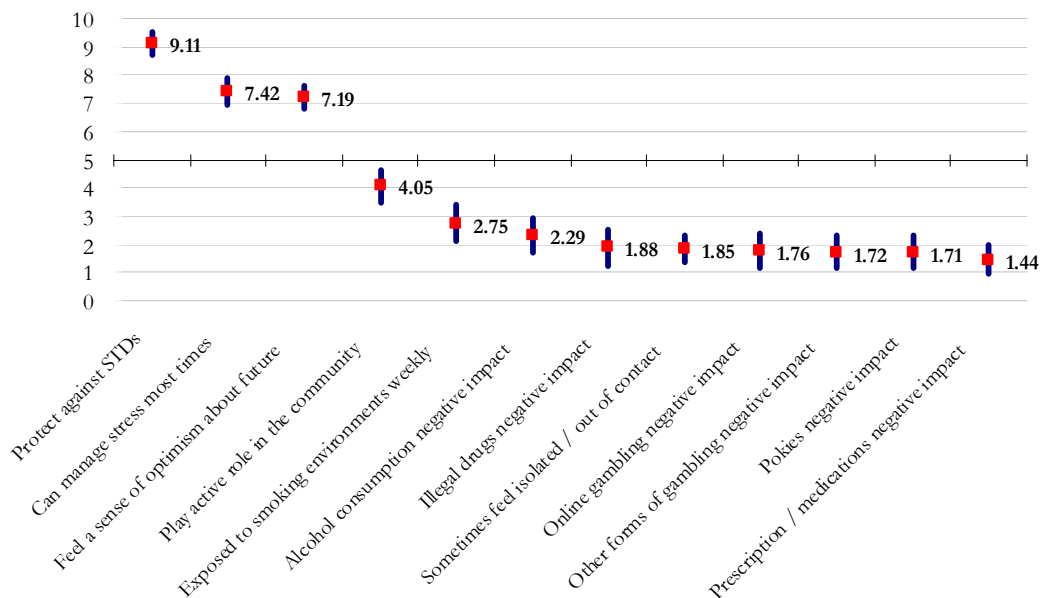
(Index score scale 0 - 10)



Agreement with selected lifestyle related sense of community statement - Region 2

Kingston City Council - 2012 Health & Wellbeing Survey

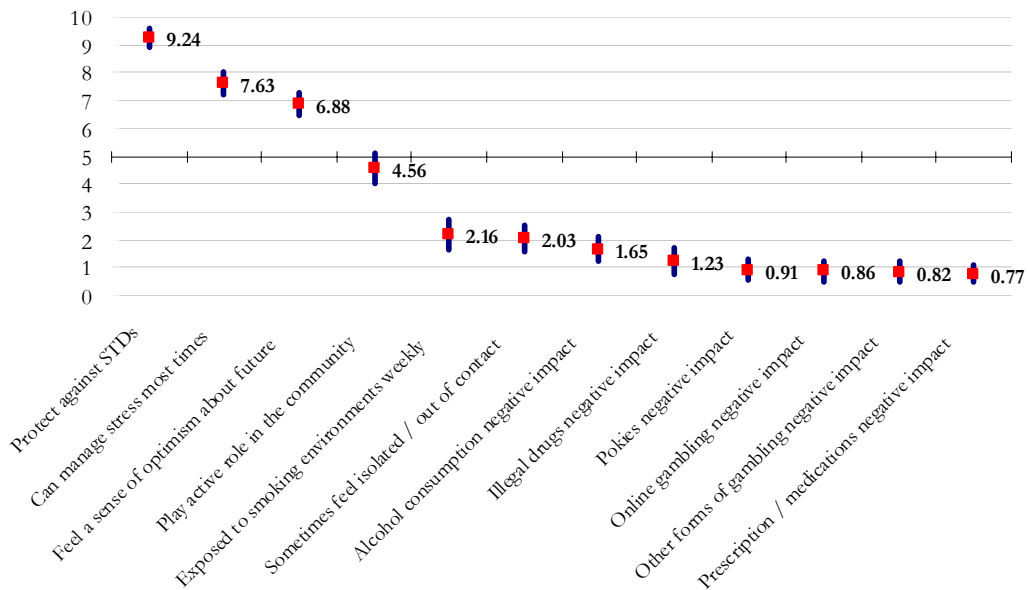
(Index score scale 0 - 10)



Agreement with selected lifestyle related sense of community statement - Region 3

Kingston City Council - 2012 Health & Wellbeing Survey

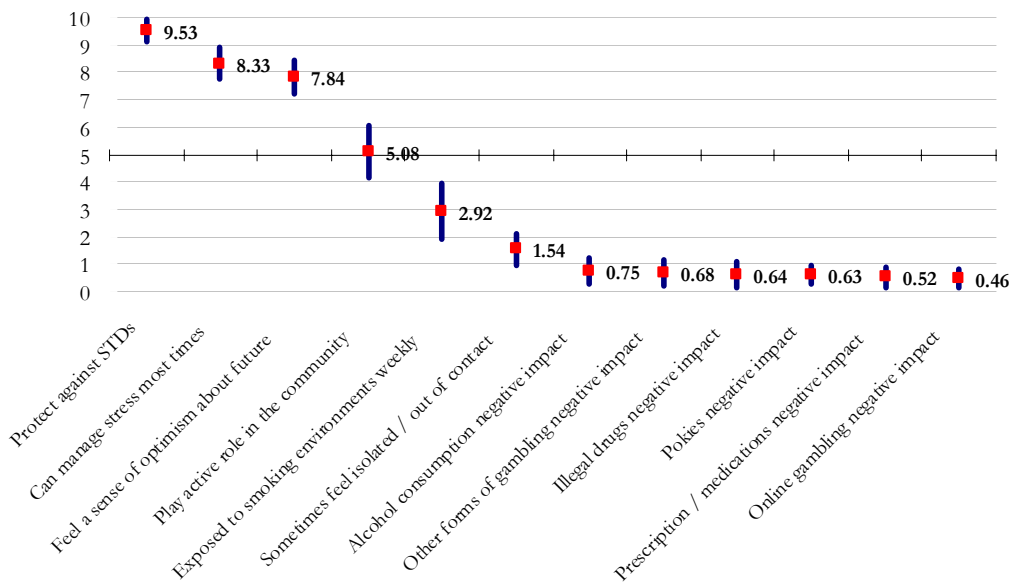
(Index score scale 0 - 10)



Agreement with selected lifestyle related sense of community statement - Region 4

Kingston City Council - 2012 Health & Wellbeing Survey

(Index score scale 0 - 10)



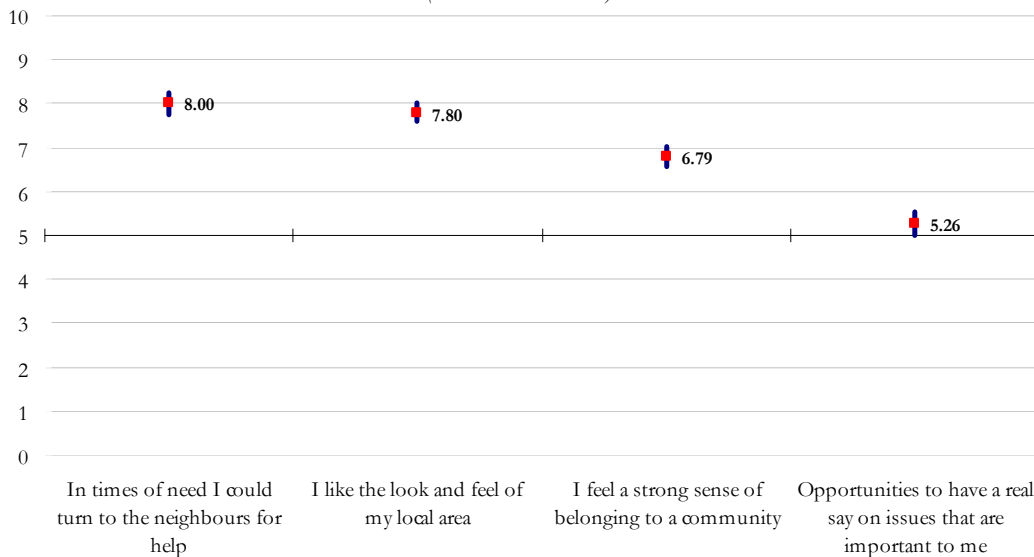


Community related

Respondents reported a relatively strong sense of community across the four community related aspects.

- ⊗ Respondents strongly agreed that they like the look and feel of the local area and that they could turn to their neighbours for help.
- ⊗ Respondents were solidly in agreement that they felt a sense of belonging to a community.
- ⊗ Respondents were on average neutral in relation to having opportunities to have a real say on issues of importance. This neutral average is made up of three distinct groups (those agreeing, those neutral and those disagreeing).

Agreement with selected community related sense of community statements
Kingston City Council - 2012 Health & Wellbeing Survey
(Index score scale 0 - 10)

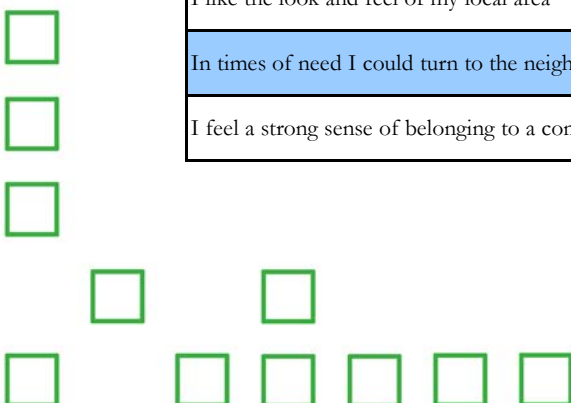


Agreement with selected community related "sense of community" statements

Kingston City Council - 2012 Health and Wellbeing Survey

(Number and percent of total respondents)

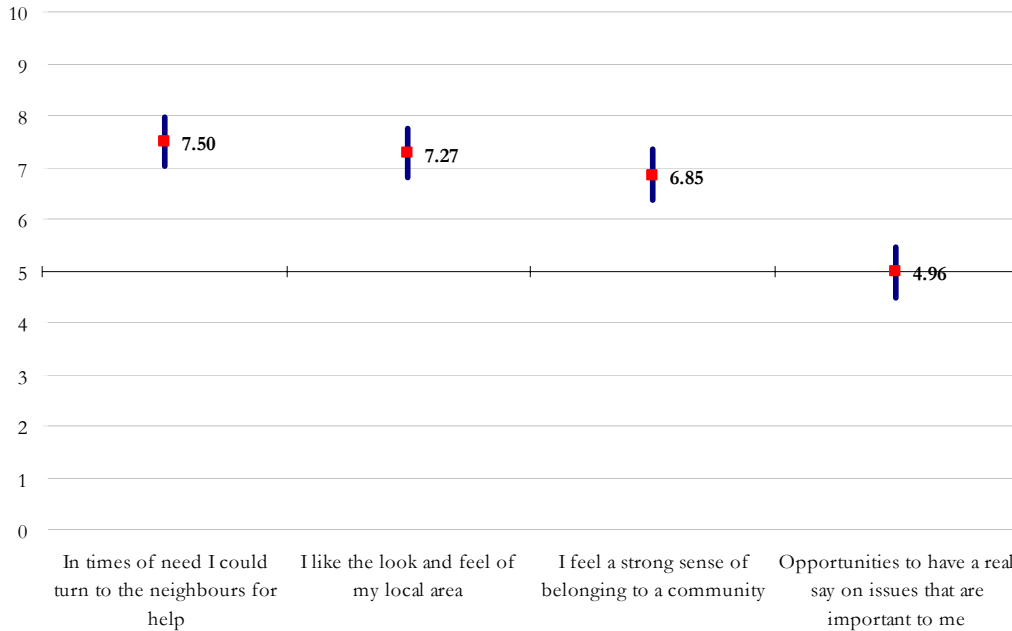
Statement	Disagree	Neutral	Agree	Can't say
There are opportunities to have a real say on issues that are important to me	28.9%	32.2%	38.9%	31
I like the look and feel of my local area	7.8%	11.4%	80.9%	3
In times of need I could turn to the neighbours for help	8.6%	12.5%	78.9%	3
I feel a strong sense of belonging to a community	12.8%	26.3%	60.8%	3



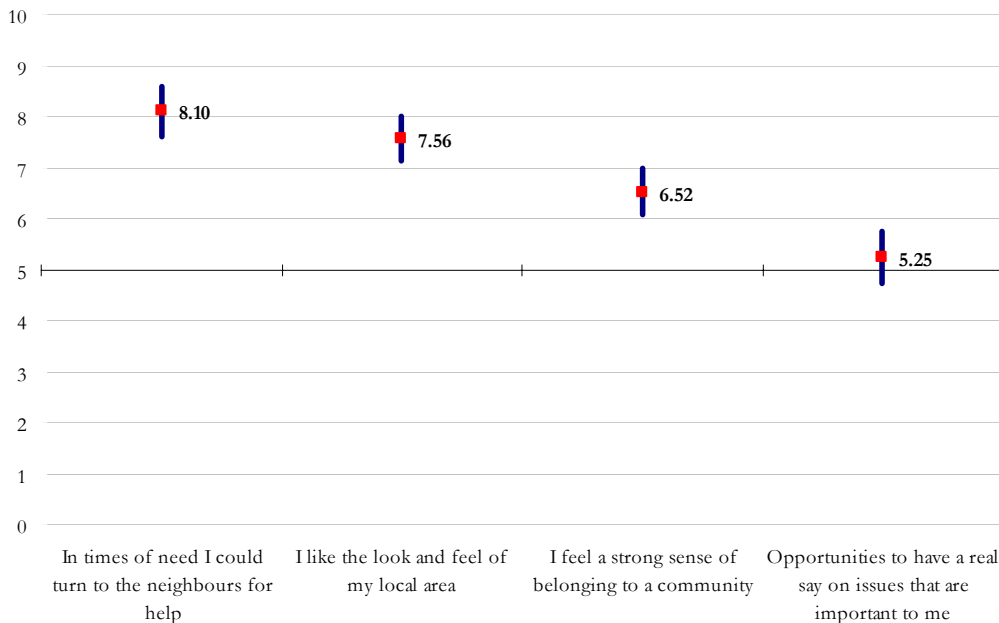
The following four graphs provide the average agreement scores with each of the statements for each of the four regions comprising the City of Kingston.



Agreement with selected community related sense of community statements - Region 1
Kingston City Council - 2012 Health & Wellbeing Survey
(Index score scale 0 - 10)

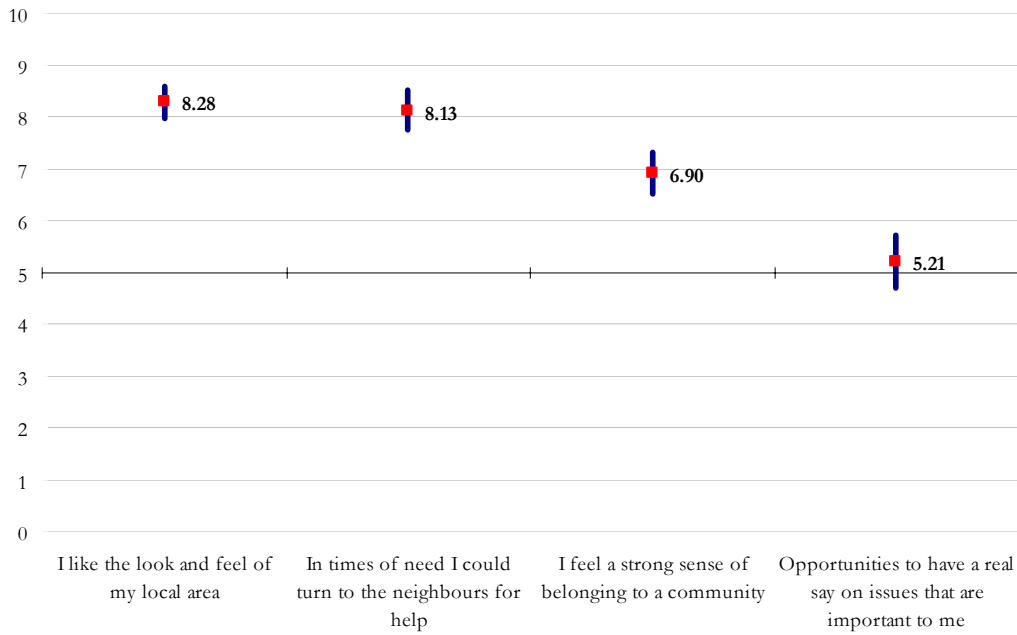


Agreement with selected community related sense of community statements - Region 2
Kingston City Council - 2012 Health & Wellbeing Survey
(Index score scale 0 - 10)

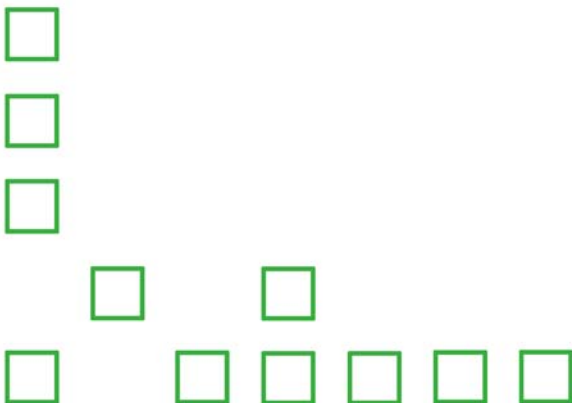
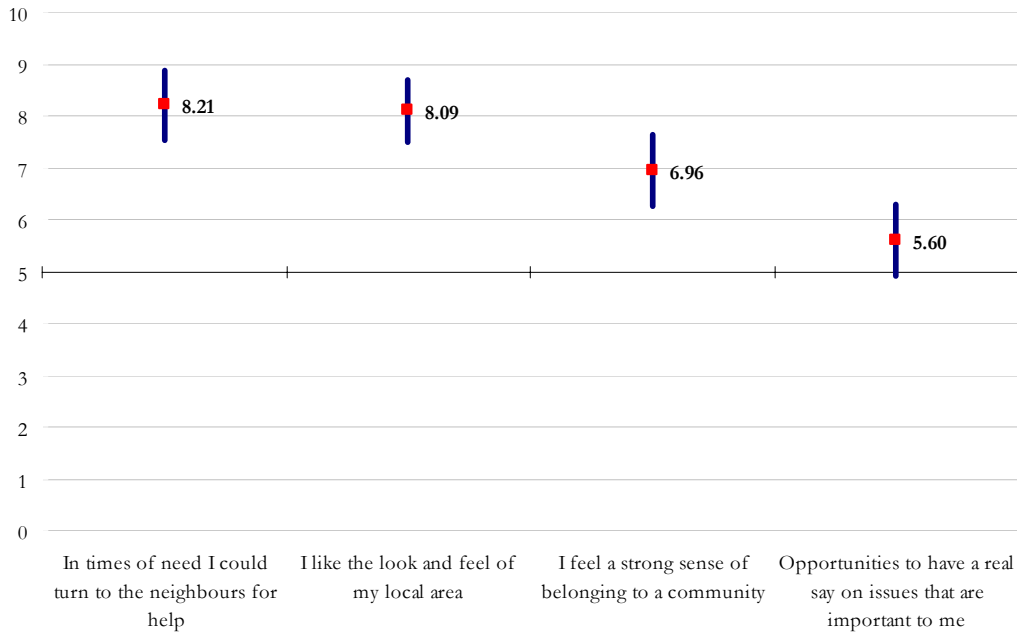




Agreement with selected community related sense of community statements - Region 3
Kingston City Council - 2012 Health & Wellbeing Survey
(Index score scale 0 - 10)



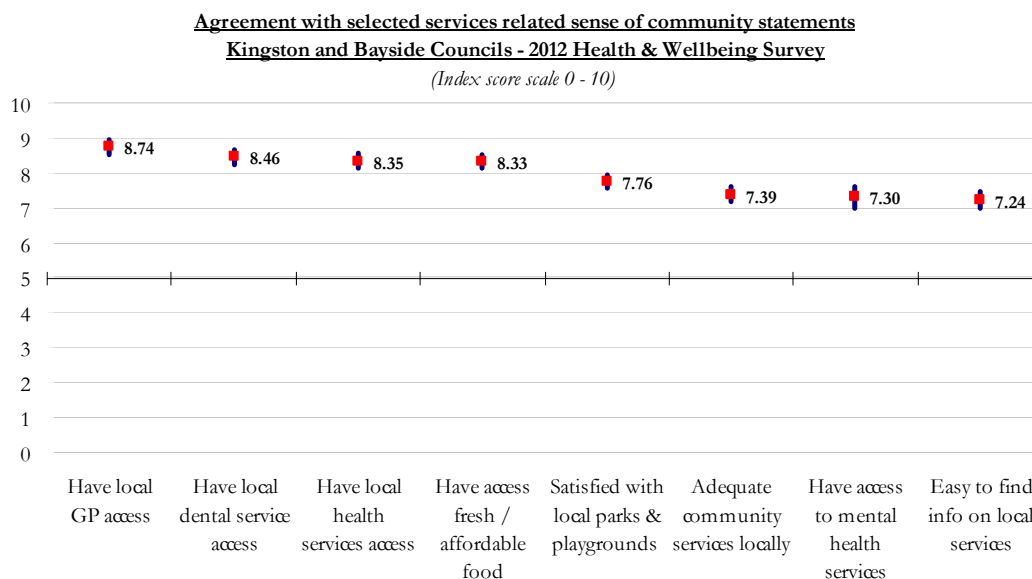
Agreement with selected community related sense of community statements - Region 4
Kingston City Council - 2012 Health & Wellbeing Survey
(Index score scale 0 - 10)



Services and facilities related

Respondents on average reported strong agreement with each of the service related aspects of the sense of community. These results as displayed in the following graph and table are suggestive of the view that the overwhelming majority within the community believes that they have adequate local access to the various health and community services.

It is however noted that more than ten percent of respondents did not believe they had adequate access to mental health services locally.



Agreement with selected services related "sense of community" statements
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Statement	Disagree	Neutral	Agree	Can't say
I am satisfied with the quality of the parks, playgrounds and open spaces in my local area	7.4%	11.9%	80.6%	7
I have access to fresh and affordable food to meet my household's needs	3.7%	11.5%	84.8%	1
There are adequate community services available in the local area	5.0%	24.3%	70.8%	32
It is easy to find out what services are available to residents in the local area	10.4%	21.7%	67.9%	18
I have access to a GP in my local area	5.8%	3.1%	91.2%	7
I have access to dental services in my local area	6.6%	6.3%	87.1%	18
I have access to mental health services locally	13.3%	18.6%	68.2%	154
I have access to other medical / health services in my local area	5.4%	10.2%	84.5%	42



The following table provides the open-ended responses outlining the health related services respondents believed were not available locally.



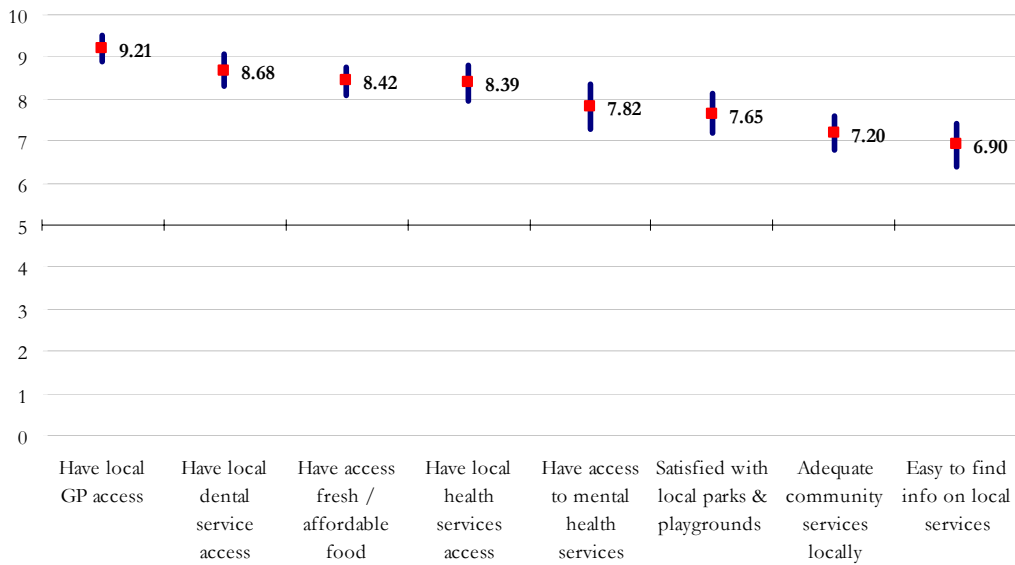
Services that are not available in Kingston
Kingston City Council - 2012 Health and Wellbeing Survey
(Number of responses)

<i>Responses</i>	<i>Number</i>
Dental service, more dentists	5
Can't get to a GP, need more	4
Not enough / not many services especially compared to other areas	3
Physiotherapy service	2
Difficult to access mental health services, need more	2
Need more services	2
Not easy to find services at all	2
Ambulance service	1
Better transport	1
Childcare services are not good	1
Don't think there is any in Clayton South	1
Hydrotherapy pools	1
I'm a doctor and it is difficult to get help for mental illness	1
Lack of spaces for new clients	1
More after school care, carnivals/ fetes, dieticians (diabetes support)	1
More homeless services	1
No over the counter services mainly	1
No paediatricians	1
Not enough doctors	1
Not enough kindergartens	1
Parks are rubbish	1
Prices are too high	1
Total	35

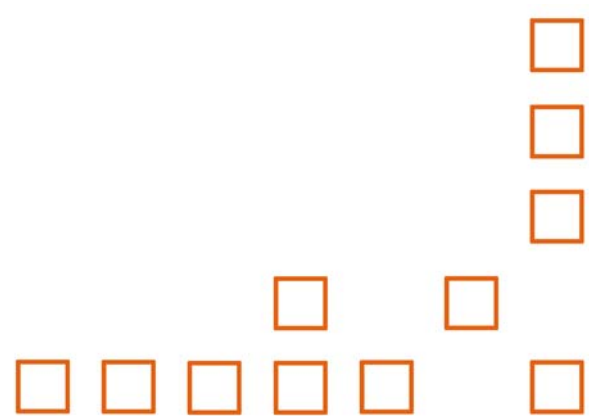
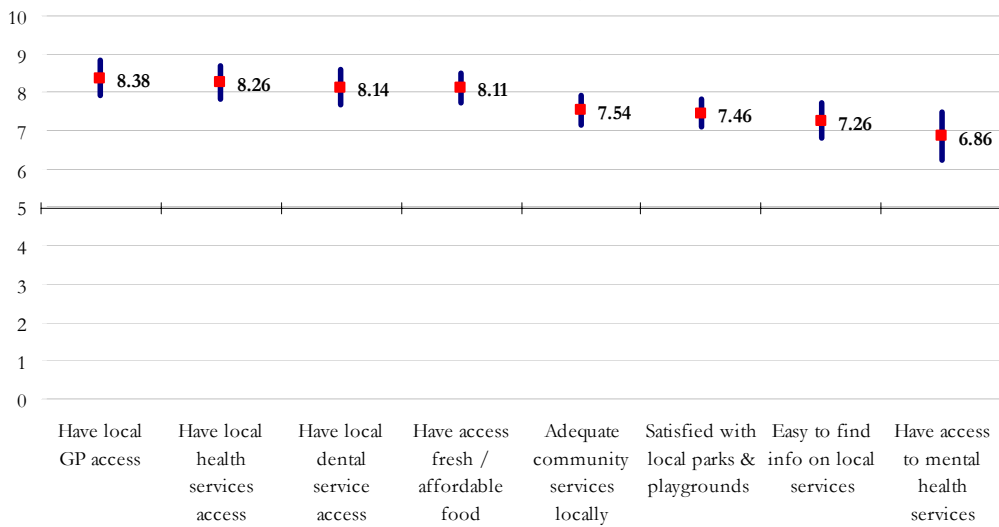
The following four graphs provide the average agreement with each statement in each of the four regions comprising the City of Kingston.



Agreement with selected services related sense of community statements - Region 1
Kingston and Bayside Councils - 2012 Health & Wellbeing Survey
 (Index score scale 0 - 10)



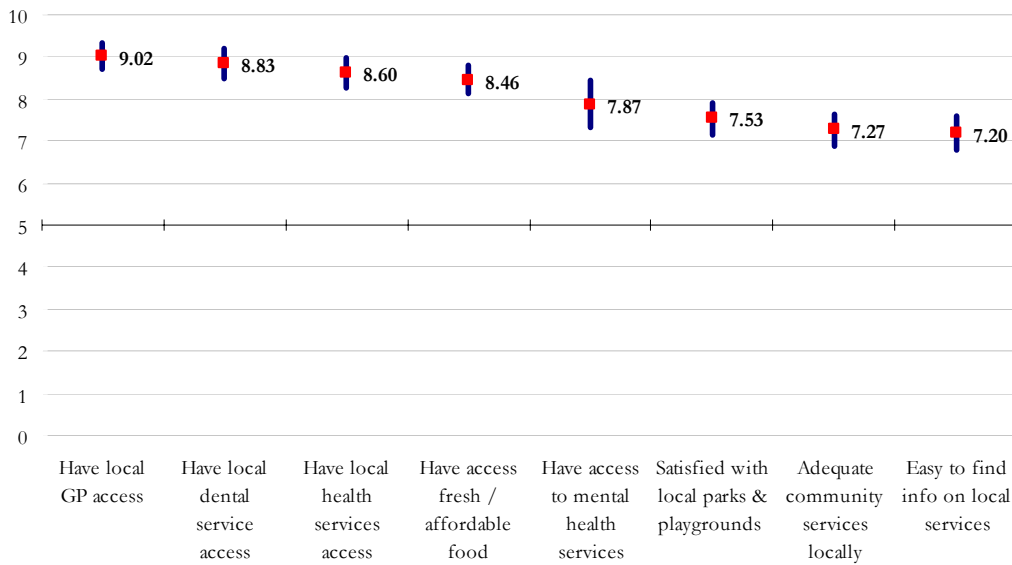
Agreement with selected services related sense of community statements - Region 2
Kingston and Bayside Councils - 2012 Health & Wellbeing Survey
 (Index score scale 0 - 10)





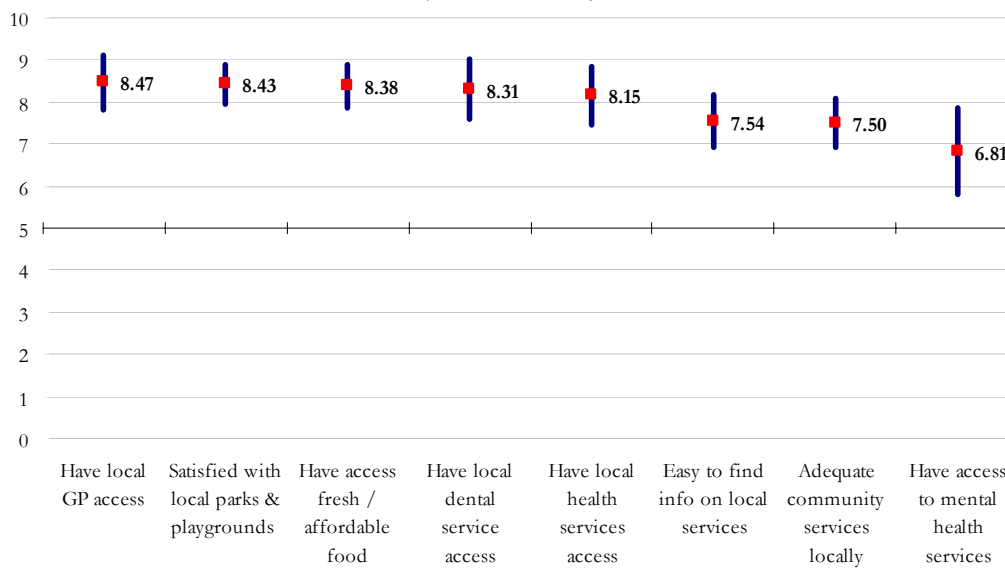
Agreement with selected services related sense of community statements - Region 3
Kingston and Bayside Councils - 2012 Health & Wellbeing Survey

(Index score scale 0 - 10)



Agreement with selected services related sense of community statements - Region 4
Kingston and Bayside Councils - 2012 Health & Wellbeing Survey

(Index score scale 0 - 10)



Parks, gardens and reserves

Respondents were asked:

“How often do you typically visit local parks, gardens or reserves? (Q. 5)”

Almost two-thirds of respondents reported that they visit local parks, gardens or reserves either daily or regularly, whilst just one-sixth of respondents reported that they rarely or never visit. There was relatively little variation in this result across the four precincts comprising the City of Kingston.

This pattern of park utilisation is broadly consistent with that observed by Metropolis Research conducting research in a range of locations across metropolitan Melbourne. This pattern of the utilisation of parks underlines the importance of parks, gardens and opens spaces to a community.

Visiting local parks, gardens or reserves
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	2012 Survey	
	Number	Percent
Daily	73	14.3%
Regularly	241	47.2%
Occasionally	123	24.1%
Rarely	45	8.8%
Never	29	5.7%
Can't say	1	
Total	512	100%

Visiting local parks, gardens or reserves by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	Region 1	Region 2	Region 3	Region 4
Daily	11.9%	12.2%	23.1%	10.0%
Regularly	47.0%	49.6%	42.6%	48.3%
Occasionally	21.2%	23.7%	21.3%	30.0%
Rarely	11.9%	9.2%	5.9%	8.3%
Never	7.9%	5.3%	7.1%	3.3%
Can't say	0	0	1	0
Total	151	131	170	60

The following table provides the results for visiting local parks, gardens and reserves by three broad age groups as well as by gender.

There was no meaningful variation in park utilisation by gender, but some variation by age group. Older respondents were measurably more likely to never use local parks than younger respondents.

It is worth noting that there was no meaningful variation in the results between younger respondents (up to 35 years) and middle-aged respondents (36 to 55 years). This reinforces the fact that parks and reserves are utilised by a large proportion of the entire population.

Visiting local parks, gardens or reserves
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	Age structure			Gender	
	Up to 35 yrs	36 - 55 yrs	56 yrs +	Male	Female
Daily	16.8%	12.9%	14.2%	15.0%	13.7%
Regularly	52.1%	51.3%	37.5%	44.0%	48.9%
Occasionally	24.6%	23.1%	25.1%	26.0%	23.0%
Rarely	4.9%	9.6%	10.4%	8.0%	9.2%
Never	1.6%	3.1%	12.8%	7.0%	5.2%
Can't say	0	0	1	0	1
Total	116	232	164	189	323

Local shops or facilities

Respondents were asked:

“In the past week, have you walked or cycled to the local shops or local facilities? (Q. 6)”

Two-thirds of respondents reported that they had walked or cycled to their local shops or facilities at least once in the past week, with twice as many having done so more than once.

Walking / cycling to local shops or facilities
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	2012 Survey	
	Number	Percent
Yes - at least once	115	22.5%
Yes - more than once	216	42.3%
No	180	35.2%
Can't say	1	
Total	512	100%

This result was broadly consistent across the four regions of the City of Kingston as outlined in the following table.

Walking / cycling to local shops or facilities by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

<i>Response</i>	<i>Region 1</i>	<i>Region 2</i>	<i>Region 3</i>	<i>Region 4</i>
Yes - at least once	21.3%	20.6%	25.3%	23.3%
Yes - more than once	38.0%	40.5%	47.1%	43.3%
No	40.7%	38.9%	27.6%	33.3%
Can't say	1	0	0	0
Total	151	131	170	60

The following graph provides these results for each of the four regions comprising the City of Kingston. There was meaningful variation based on the respondents' age group, with older respondents less likely than younger respondents to be walking or cycling to local shops or facilities. Male and female respondents were however equally as likely.

Walking / cycling to local shops or facilities
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

<i>Response</i>	<i>Age structure</i>			<i>Gender</i>	
	<i>Up to 35 yrs</i>	<i>36 - 55 yrs</i>	<i>56 yrs +</i>	<i>Male</i>	<i>Female</i>
Yes - at least once	23.5%	25.9%	17.2%	20.6%	23.7%
Yes - more than once	52.0%	39.9%	38.6%	43.3%	41.6%
No	24.5%	34.2%	44.3%	36.1%	34.8%
Can't say	0	1	0	0	1
Total	116	232	164	189	323



Local community involvement

Respondents were asked:

“Are you actively involved in your local community in either of the following ways? (Q. 9)”

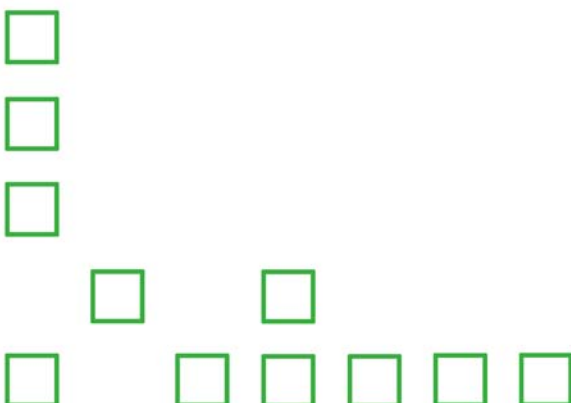
Slightly less than half the respondents reported being an active member of a local club or community group. This is higher than has been observed by Metropolis Research in similar research in other parts of metropolitan Melbourne over an extended period of time.

A smaller, but nonetheless significant proportion of respondents (30.5%) reported regularly volunteering than reported being an active member of club or community group.

Actively involved in local community
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

<i>Response</i>	<i>2012 Survey</i>	
	<i>Number</i>	<i>Percent</i>
<i>I am an active member of a club or community group</i>		
Yes	237	46.3%
No	274	53.5%
Can't say	1	0.2%
Total	512	100%
<i>I volunteer regularly</i>		
Yes	156	30.5%
No	353	68.9%
Can't say	3	0.6%
Total	512	100%

It is noteworthy that these results were relatively consistent across the four regions of the City of Kingston. These results are suggestive of there being somewhat similar levels of community engagement in the various distinct communities that make up the municipality. It is certainly not unusual for the level of community engagement such as membership in local clubs and volunteering to vary measurably between local areas within a municipality.



Actively involved in local community by region
Kingston City Council - 2012 Health and Wellbeing Survey
 (Number and percent of total respondents)

Response	Region 1	Region 2	Region 3	Region 4
<i>I am an active member of a club or community group</i>				
Yes	39.7%	44.3%	51.2%	50.0%
No	59.6%	55.7%	48.2%	50.0%
Can't say	0.7%	0.0%	0.6%	0.0%
Total	151	131	170	60
<i>I volunteer regularly</i>				
Yes	25.2%	28.2%	35.3%	33.3%
No	74.8%	71.0%	62.9%	66.7%
Can't say	0.0%	0.8%	1.8%	0.0%
Total	151	131	170	60

Younger respondents were marginally more likely to be active club members or to volunteer locally than older respondents. There was no meaningful variation between male and female respondents' participation and / or volunteering.

Actively involved in local community
Kingston City Council - 2012 Health and Wellbeing Survey
 (Number and percent of total respondents)

Response	Age structure			Gender	
	Up to 35 yrs	36 - 55 yrs	56 yrs +	Male	Female
<i>I am an active member of a club or community group</i>					
Yes	42.5%	46.1%	49.3%	44.4%	47.4%
No	56.2%	53.9%	50.7%	55.2%	52.4%
Can't say	1.3%	0.0%	0.0%	0.4%	0.2%
Total	116	232	164	189	323
<i>I volunteer regularly</i>					
Yes	24.3%	31.9%	32.8%	32.3%	29.4%
No	74.4%	67.8%	66.5%	67.3%	69.8%
Can't say	1.2%	0.3%	0.7%	0.4%	0.8%
Total	116	232	164	189	323



General health

Physical health

Respondents were asked:

“On a scale of 1 (very poor) to 5 (excellent), please rate your level of physical health. (Q. 2)”

Almost three-quarters of respondents (72.3%) rated their physical health as “good” or “excellent”. One-quarter rated their physical health as “average” and only a small proportion rated it as either “poor” or “very poor”.

It is important to bear in mind that this question measures respondents’ perception of their physical health and is a subjective assessment.

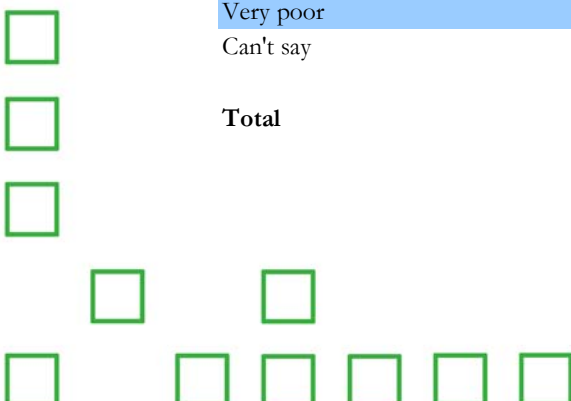
Perception of physical health
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	2012 Survey	
	Number	Percent
Excellent	107	20.9%
Good	263	51.4%
Average	115	22.5%
Poor	22	4.3%
Very poor	5	1.0%
Can't say	0	
Total	512	100%

There was relatively little variation in these results across the four regions comprising the City of Kingston as is clearly evident in the following table.

Perception of physical health by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	Region 1	Region 2	Region 3	Region 4
Excellent	26.5%	18.3%	20.1%	20.0%
Good	46.4%	49.6%	52.7%	56.7%
Average	19.9%	26.7%	20.1%	21.7%
Poor	6.6%	4.6%	5.9%	0.0%
Very poor	0.7%	0.8%	1.2%	1.7%
Can't say	0	0	0	0
Total	151	131	170	60



As would be expected, respondents’ perception of their physical health varied based on the respondents’ age group. Older respondents were less likely to rate their physical health as “excellent” or “good” and more likely to rate their health as “poor” or “very poor”. There was however no variation based on the respondents’ gender.

Perception of physical health
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	Age structure			Gender	
	Up to 35 yrs	36 - 55 yrs	56 yrs +	Male	Female
Excellent	28.7%	18.5%	19.0%	18.4%	22.5%
Good	50.8%	55.3%	46.2%	52.2%	50.9%
Average	18.2%	22.8%	24.7%	23.2%	21.9%
Poor	2.3%	3.4%	6.8%	4.0%	4.4%
Very poor	0.0%	0.0%	3.3%	2.3%	0.4%
Can't say	0.0%	0.0%	100.0%	100.0%	0.0%
Total	116	232	164	189	323

Mental health

Respondents were asked:

“On a scale of 1 (very poor) to 5 (excellent), please rate your level of mental health. (Q. 2)”

The overwhelming majority of respondents (89.8%) rated their mental health as either “good” or “excellent”. This proportion was a notably higher proportion than for physical health. As has been the case in relation to many aspects measured in this research, there was relatively little variation in the result across the four regions comprising the City of Kingston.

Perception of mental health
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	2012 Survey	
	Number	Percent
Excellent	217	42.5%
Good	241	47.3%
Average	43	8.4%
Poor	8	1.6%
Very poor	1	0.2%
Can't say	2	
Total	512	100%



Perception of mental health by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

<i>Response</i>	<i>Region 1</i>	<i>Region 2</i>	<i>Region 3</i>	<i>Region 4</i>
Excellent	48.7%	42.3%	38.2%	41.7%
Good	41.3%	46.2%	48.8%	51.7%
Average	6.7%	10.8%	10.6%	5.0%
Poor	2.7%	0.8%	1.8%	1.7%
Very poor	0.7%	0.0%	0.6%	0.0%
Can't say	1	1	0	0
Total	151	131	170	60

It is interesting to note that although the perception of physical health declined with the respondents' age, there is no such relationship observed in relation to the respondents' perception of their mental health. There is also no variation by gender.

Perception of mental health
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

<i>Response</i>	<i>Age structure</i>			<i>Gender</i>	
	<i>Up to 35 yrs</i>	<i>36 - 55 yrs</i>	<i>56 yrs +</i>	<i>Male</i>	<i>Female</i>
Excellent	43.1%	37.1%	50.0%	42.5%	42.6%
Good	45.0%	53.9%	39.0%	47.5%	46.8%
Average	11.3%	6.1%	9.7%	8.8%	8.2%
Poor	0.7%	3.0%	0.4%	1.2%	1.9%
Very poor	0.0%	0.0%	0.9%	0.0%	0.5%
Can't say	1	1		1	1
Total	116	232	164	189	323



Health and Wellbeing

Respondents were asked:

“Overall, would you say your health and well-being is getting? (Q. 3)”

Almost two-thirds of respondents (61.5%) reported that they considered their health and wellbeing to be “staying the same”.

Of those who considered their personal health and wellbeing to be changing, more than three times as many considered it to be changing for the better or much better than those who considered it to be worse or much worse (29.6% compared to 9.0%).

Perception of health and wellbeing
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	2012 Survey	
	Number	Percent
Much better	25	5.0%
Better	123	24.6%
Staying the same	308	61.5%
Worse	38	7.6%
Much worse	7	1.4%
Can't say	11	
Total	512	100%

There was some notable variation in these results across the four regions comprising the City of Kingston, with particular attention drawn to the higher proportion of respondents from Region 4 who considered their health and wellbeing to be staying the same, and the lower proportion considering it to be better or much better than observed elsewhere in the municipality.

Perception of health and wellbeing by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	Region 1	Region 2	Region 3	Region 4
Much better	8.2%	2.4%	3.6%	6.8%
Better	30.1%	29.9%	26.0%	11.9%
Staying the same	48.6%	59.1%	57.4%	79.7%
Worse	10.3%	7.9%	10.7%	1.7%
Much worse	2.7%	0.8%	2.4%	0.0%
Can't say	5	4	1	1
Total	151	131	170	60



As would be expected, respondents’ perception of their health and wellbeing was more positive for younger respondents and somewhat less positive for older respondents. There was however little variation based on the respondents’ gender.

Perception of health and wellbeing
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	Age structure			Gender	
	Up to 35 yrs	36 - 55 yrs	56 yrs +	Male	Female
Much better	6.2%	4.8%	4.5%	4.1%	5.6%
Better	37.2%	26.6%	12.8%	25.0%	24.3%
Staying the same	54.9%	60.1%	67.9%	59.8%	62.4%
Worse	1.7%	7.5%	11.8%	8.4%	7.0%
Much worse	0.0%	1.0%	3.0%	2.6%	0.7%
Can't say	2	4	5	5	6
Total	116	232	164	189	323

Physical activity

Respondents were asked:

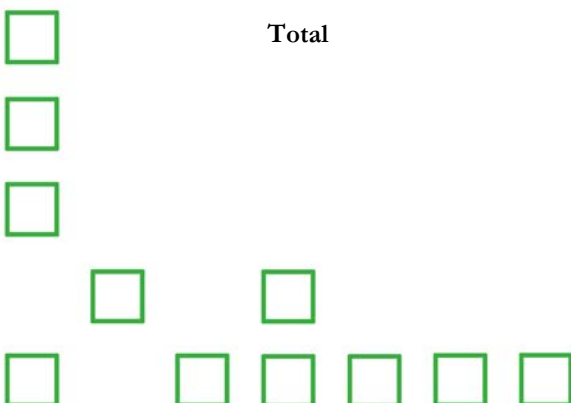
“In the past week, have you done two and half hours of moderate to vigorous physical activity? (Q. 4)”

Two-thirds of respondents reported that they had done two and a half hours of moderate to vigorous physical activity in the last week.

It is worth noting that this result is somewhat lower than the results recorded in both the neighboring City of Bayside (74.7%) as well as the northern outer urban fringe municipality the Shire of Nillumbik (75.2%) in similar research recently completed by Metropolis Research.

Doing moderate to vigorous physical activity in the past week
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	2012 Survey	
	Number	Percent
Yes	329	64.6%
No	180	35.4%
Can't say	3	
Total	512	100%



Consistent with the strong emerging trend in the results of this research, there was very little variation in the result across the four regions comprising the City of Kingston, which is interesting given the variation between the results for the City of Kingston and the City of Bayside.

Doing moderate to vigorous physical activity in the past week by region

Kingston City Council - 2012 Health and Wellbeing Survey

(Number and percent of total respondents)

<i>Response</i>	<i>Region 1</i>	<i>Region 2</i>	<i>Region 3</i>	<i>Region 4</i>
Yes	62.2%	65.4%	69.2%	61.7%
No	37.8%	34.6%	30.8%	38.3%
Can't say	3	1	1	0
Total	151	131	170	60

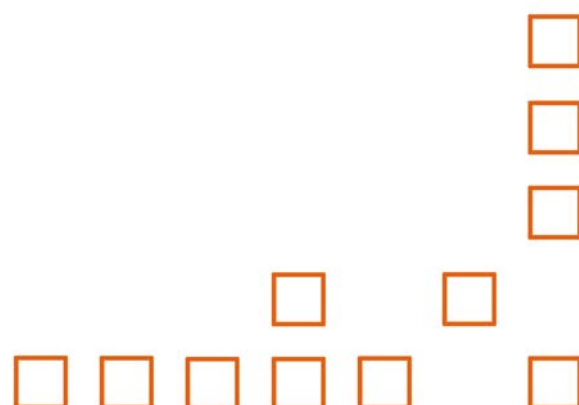
Interestingly, there was no measurable variation in the likelihood of respondents' doing moderate to vigorous physical activity in the last week based on the respondents' age. Nor was there any variation in these results by gender.

Doing moderate to vigorous physical activity in the past week

Kingston City Council - 2012 Health and Wellbeing Survey

(Number and percent of total respondents)

<i>Response</i>	<i>Age structure</i>			<i>Gender</i>	
	<i>Up to 35 yrs</i>	<i>36 - 55 yrs</i>	<i>56 yrs +</i>	<i>Male</i>	<i>Female</i>
Yes	67.9%	62.4%	65.7%	64.8%	64.6%
No	32.1%	37.6%	34.3%	35.2%	35.4%
Can't say	1	1	2	3	1
Total	116	232	164	189	323





Smoking

Respondents were asked:

“Do you consider yourself to be a smoker? (Q. 7)”

A total of 14.1% of respondents reported that they were either a regular (9.4%) or social (4.7%) smoker. A further one-sixth of respondents reported that they had quit smoking. The remaining two-thirds of respondents (68.9%) reported that they were not smokers.

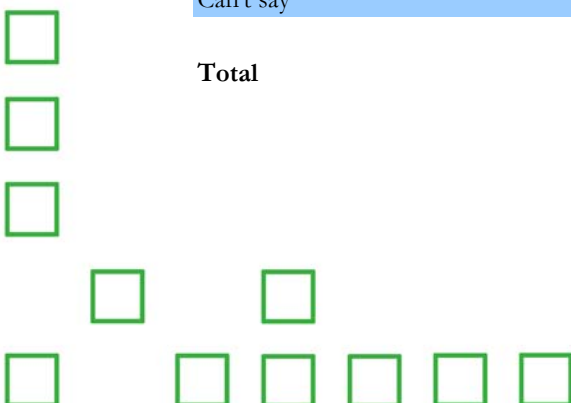
Consider yourself to be a smoker
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	2012 Survey	
	Number	Percent
Yes - a regular smoker	48	9.4%
Yes - an occasional or "social" smoker	24	4.7%
No - not a smoker	353	68.9%
Have quit smoking	87	17.0%
Can't say	0	
Total	512	100%

A small degree of variation in the rate of smoking across the four regions of Kingston, with respondents from Region 3 slightly less likely to be smokers or to have quit smoking than the average, whilst respondents from Region 4 were very slightly more likely to either be a smoker (regular or occasional) or to have quit than the average.

Consider yourself to be a smoker by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	Region 1	Region 2	Region 3	Region 4
Yes - a regular smoker	10.0%	8.4%	7.6%	11.7%
Yes - an occasional or "social" smoker	4.0%	4.6%	3.5%	6.7%
No - not a smoker	72.0%	66.4%	78.2%	60.0%
Have quit smoking	14.0%	20.6%	10.6%	21.7%
Can't say	1	0	0	0
Total	151	131	170	60



There was a clear variation in the proportion of respondents' that had quit smoking based on the respondents' age, with older respondents more likely to have quit than younger respondents. There is less clear evidence of any variation in the proportion of current regular or occasional smoking by age group.

There was however variation in the proportion of current smoking based on the respondents' gender, with males close as twice as likely as females to be current regular or occasional smokers.

Consider yourself to be a smoker
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	Age structure			Gender	
	Up to 35 yrs	36 - 55 yrs	56 yrs +	Male	Female
Yes - a regular smoker	5.9%	11.1%	9.4%	13.0%	7.2%
Yes - an occasional or "social" smoker	3.3%	4.7%	5.7%	7.0%	3.4%
No - not a smoker	81.8%	66.2%	63.6%	61.2%	73.4%
Have quit smoking	9.0%	18.0%	21.3%	18.7%	16.0%
Can't say	0	1	0	0	1
Total	116	232	164	189	323

Respondents who reported having quit smoking were further asked how long it had been since they had quit.

Half of the respondents who had quit smoking had for fifteen years or more, and more than a third had quit smoking for at least five years.

Time since quitting smoking
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	2012 Survey	
	Number	Percent
Less than one year	3	4.0%
One year to less than 5 years	7	9.3%
5 years to less than 10 years	18	24.0%
10 years to less than 15 years	10	13.3%
15 years to less than 20 years	4	5.3%
20 years to less than 25 years	8	10.7%
25 years to less than 30 years	7	9.3%
30 years to less than 35 years	9	12.0%
35 years or more	9	12.0%
Total	75	100%



Fruit and vegetables

Respondents were asked:

“In the past week, did you consume the following? (Q. 8)”

Three-quarters of respondents reported that they consumed at least two servings of fruit every day, with a little more than half reporting that they consumed five servings every day.

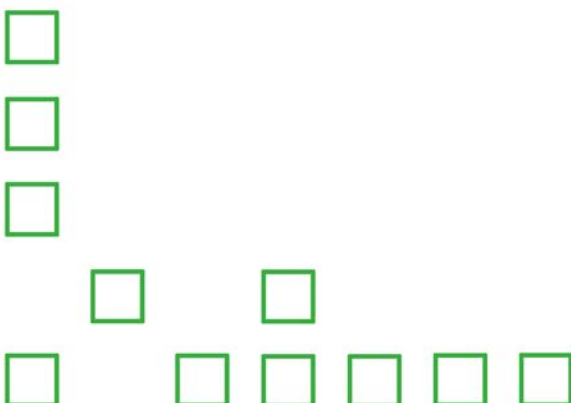
Consumption of fruit and vegetables
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

<i>Response</i>	<i>At least 2 serves</i>		<i>Five servings</i>	
	<i>Number</i>	<i>Percent</i>	<i>Number</i>	<i>Percent</i>
Yes	371	72.5%	278	54.3%
No	136	26.6%	231	45.1%
Can't say	5	1.0%	3	0.6%
Total	512	100%	512	100%

It is noted that little variation in the consumption of fruit and vegetables was observed across the four regions comprising the City of Kingston.

Consumption of fruit and vegetables by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

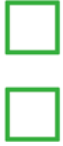
<i>Response</i>	<i>Region 1</i>	<i>Region 2</i>	<i>Region 3</i>	<i>Region 4</i>
<i>At least two servings of fruit every day</i>				
Yes	76.8%	70.2%	73.5%	70.0%
No	22.5%	29.8%	26.5%	26.7%
Can't say	0.7%	0.0%	0.0%	3.3%
Total	151	131	170	60
<i>Five servings of vegetables every day</i>				
Yes	56.3%	49.6%	51.8%	60.0%
No	42.4%	50.4%	47.6%	38.3%
Can't say	1.3%	0.0%	0.6%	1.7%
Total	151	131	170	60



There was relatively little variation observed in the consumption of fruit and vegetables based on the respondents' age or gender, as outlined in the following table.

Consumption of fruit and vegetables
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	Age structure			Gender	
	Up to 35 yrs	36 - 55 yrs	56 yrs +	Male	Female
<i>At least two servings of fruit every day</i>					
Yes	71.2%	69.6%	77.3%	68.8%	74.5%
No	24.5%	30.4%	22.7%	29.7%	24.8%
Can't say	4.3%	0.0%	0.0%	1.5%	0.6%
Total	116	232	164	189	323
<i>Five servings of vegetables every day</i>					
Yes	46.1%	54.4%	59.4%	57.0%	52.5%
No	52.1%	45.2%	39.7%	41.5%	47.1%
Can't say	1.8%	0.3%	0.9%	1.5%	0.5%
Total	116	232	164	189	323



Emergency access

Respondents were asked:

“Would this household be able to access at least \$2,000 in an emergency? (Q. 10)”

The overwhelming majority of respondents answering this question reported that their household would be able to access \$2,000 in an emergency, whilst 12.6% reported that their household would not be able to access this level of emergency funds.

Metropolis Research notes the somewhat larger number of respondents either unable or unwilling to provide a response to this question compared to many of the other questions included in this research. This has been observed elsewhere for questions of this nature.

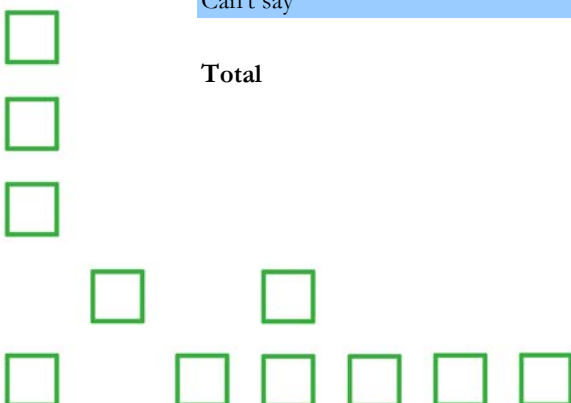
Ability to access at least \$2,000 in an emergency
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	2012 Survey	
	Number	Percent
Yes	417	87.4%
No	60	12.6%
Can't say	35	
Total	512	100%

In contrast to the strong theme of relatively little variation in results across the municipality, some variation is observed in relation to the question of access to emergency funds. Respondents from Region 1 were slightly less likely than those in other regions across Kingston to be able to access emergency funds.

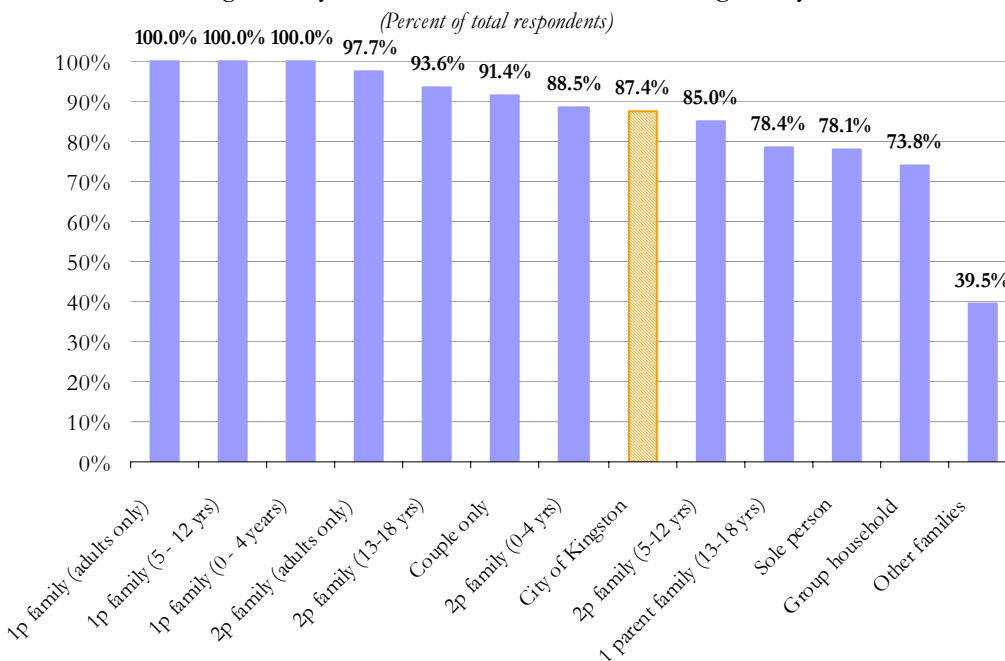
Ability to access at least \$2,000 in an emergency by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	Region 1	Region 2	Region 3	Region 4
Yes	80.1%	88.7%	92.5%	87.5%
No	19.9%	11.3%	7.5%	12.5%
Can't say	15	7	11	4
Total	151	131	170	60



The following graph provides the proportion of the respondents' household with access to emergency funds by the type of household structure. Respondents from sole person, group households, one-parent families with adolescent children and "other" families were slightly less likely than others to have access to these funds. It is important however to bear in mind the quite small sample for the various household structures when examining these results.

Ability to access at least \$2,000 in an emergency by household structure
Kingston City Council - 2012 Health and Wellbeing Survey



Safety in public areas

Respondents were asked:

“On a scale of 1 (strongly disagree) to 5 (strongly agree), please rate your agreement with the following statements. (Q. 11)”

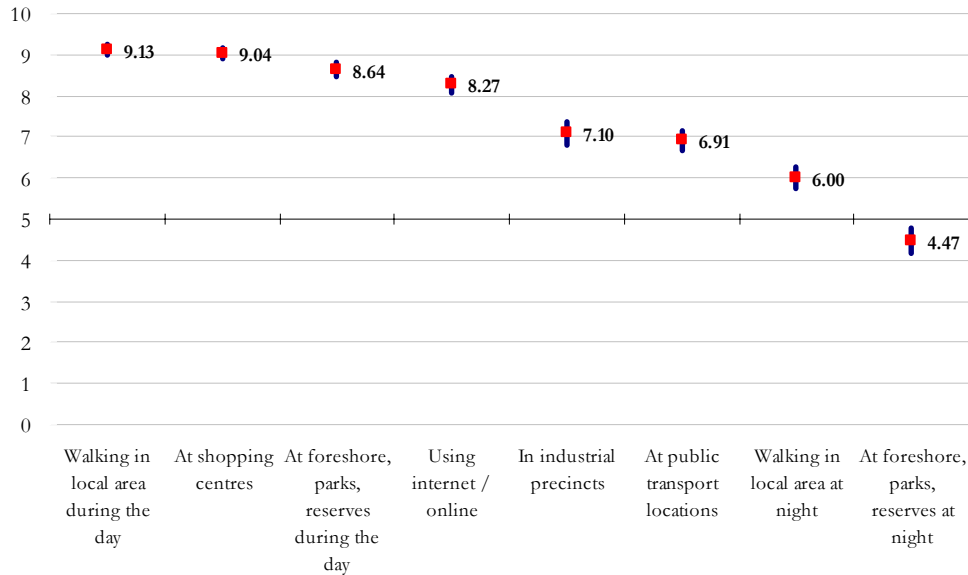
The following graph provides the average agreement with selected statements relating to the perception of safety in various locations.

- ⊗ Respondents were strongly in agreement that they felt safe walking in the local area during the day, at shopping centres, at the foreshore, parks and reserves and online. Only a very small proportion of respondents disagreed (felt unsafe) in these physical locations and just 4.2% disagreed (felt unsafe) in relation to online.
- ⊗ Respondents were solidly in agreement with the statements regarding the perception of safety in industrial estates and at public transport locations. Around ten percent of respondents disagreed (felt unsafe) in these two locations.



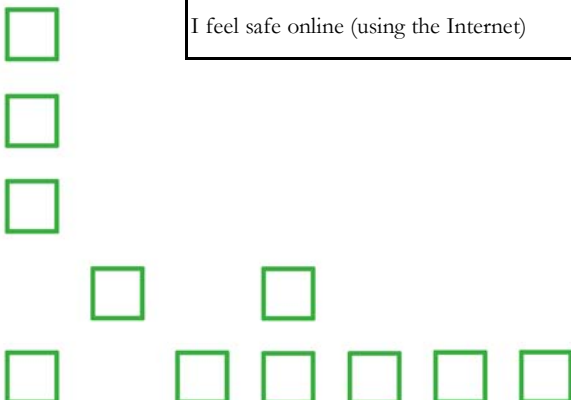
- ⊗ Respondents were in less firmly, albeit in, agreement with the statement relating to walking in the local area at night. One-fifth of respondents disagreed (felt unsafe) about feeling safe walking in the area at night.

Agreement with selected safety statements
Kingston City Council - 2012 Health & Wellbeing Survey
(Index score scale 0 - 10)



Agreement with selected related "safety" statements
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Statement	Disagree	Neutral	Agree	Can't say
I feel safe walking in my local area during the day	0.8%	5.4%	93.8%	4
I feel safe walking in my local area at night	20.1%	30.6%	49.3%	52
I feel safe at public transport locations	11.7%	23.9%	64.3%	79
I feel safe at the foreshore, in parks or reserves during the day	1.8%	8.9%	89.4%	32
I feel safe at the foreshore, in parks or reserves at night	40.2%	33.5%	26.3%	120
I feel safe at shopping centres	0.8%	4.4%	94.9%	7
I feel safe in industrial precincts	9.3%	24.0%	66.7%	190
I feel safe online (using the Internet)	4.5%	13.5%	82.1%	58

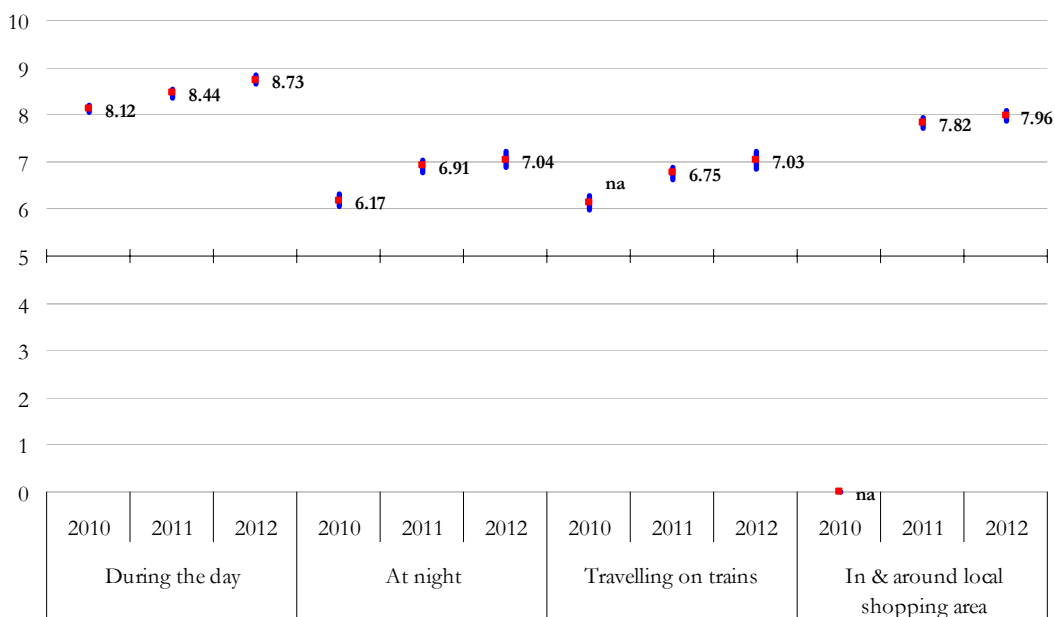


The following graph provides the perception of safety across the entire metropolitan Melbourne, as measured by Metropolis Research’s independent research *Governing Melbourne*.

Although there is some minor variation in the categories as included in *Governing Melbourne* and this Kingston research, the general comparison is valid:

- ⊗ The perception of safety during the day in Kingston is marginally higher than the Melbourne average
- ⊗ The perception of safety at shopping centres is considerably higher in the City of Kingston than the Melbourne average.
- ⊗ The perception of “safety walking in local area at night” is measurably lower than the Melbourne average for somewhat more generic “safety at night”.

Perception of safety in public areas
Metropolis Research - 2012 Governing Melbourne
(rating scale 0 - 10)





Reasons for feeling less safe

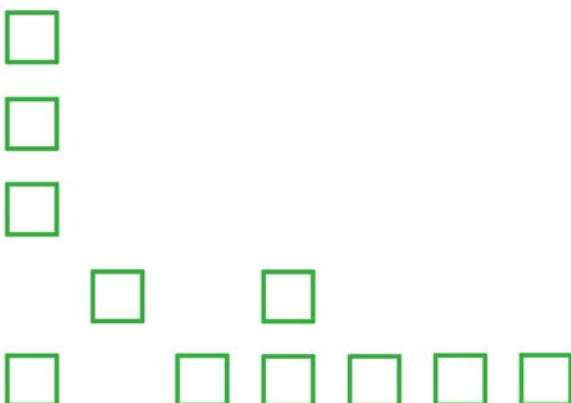
The following tables provide the open-ended comments received from respondents rating their perception of safety in public areas of the City of Kingston at less than three out of five.

The comments have been broadly categorised into a range of issues as outlined in the following graph. The most common reasons being general safety related, lighting, safety at night and issues relating to youth and gangs (including drugs and alcohol), identified by around one-sixth of the comments each.

Reasons for rating perception of safety less than 3 out of 5
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

<i>Reasons</i>	<i>Number</i>	<i>Percent</i>
General safety related comments	33	17.1%
Issues due to people	27	14.0%
Safety at night	25	13.0%
Youth & gangs related <i>(including drugs & alcohol)</i>	25	13.0%
Personal experience	15	7.8%
Lighting related	13	6.7%
Issues relating to the media	12	6.2%
Computer / Internet safety	8	4.1%
Safety around public transport	6	3.1%
Issues due to gender	6	3.1%
Lack of Police	5	2.6%
Problems with specific areas	4	2.1%
Other comments	14	7.3%
Total comments	193	100%

The following tables provide the verbatim comments received relating to reasons for feeling unsafe, for each of the broad categories.



**Reasons for rating perception of safety less than 3 out of 5
Kingston City Council - 2012 Health and Wellbeing Survey**

(Number of responses)

<i>Comments</i>	<i>Number</i>
<i>Perception of safety around public transportation</i>	
Apprehension on the trains	2
Need more personnel at stations	1
Not happy with the monitoring of public safety at P. T. locations	1
Public transport is full of thugs	1
Transport always has idiots	1
<i>Perception of safety at night</i>	
At night anything can happen	4
Night time is not safe at all	3
In my sixties, a lot of things are so I wouldn't go out at night alone	2
Park at night is dark and scary	2
Wouldn't venture out, a lot goes on at night that people don't know	2
Apprehensive because it is dark- it is a personal thing	1
Because at night there are very few people outside and it is not safe	1
Because it is dark and crime is more likely to occur	1
Don't have a good view of parks at night	1
I am afraid of the dark	1
I wouldn't walk at night	1
It is a general perception, we don't go there after six	1
Just the way it is, it is a good area but things happen at night	1
More crime at night	1
Partly because it is dark and unsavoury characters hang around those areas	1
Quite dark at night	1
Very late at night, too exposed in parks	1
<i>Perception of safety due to inadequate lighting</i>	
Inadequate street lighting	5
Not enough lighting, don't feel comfortable	5
No lighting, just vacant & grassland	1
Not very good lighting and hidey-holes	1
Parks not lit well enough	1





Reasons for rating perception of safety less than 3 out of 5 (continued)

Kingston City Council - 2012 Health and Wellbeing Survey

(Number of responses)

<i>Comments</i>	<i>Number</i>
<i>Perception of safety due to people</i>	
A few dodgy / scary / undesirable people around	6
Feels unsafe. Lots of strangers - not locals	5
It is not safe. Too many bad people	2
Lots of idiots use our beach when its hot and create trouble	2
Weird people - very dark - bad language	2
Because of the sorts of people it attracts	1
Because there are weirdos on the foreshore	1
Not many people about	1
People carry guns and knives and they just want wallets and jewellery etc	1
Study characters / groups of people, not enough light	1
Summer attracts many people from the Northern suburbs creating trouble	1
Take precautions - shady characters	1
There are people that we don't feel safe around	1
They are not safe, full of crazy and mentally challenged people	1
You just don't know who is out there	1
<i>Perception of safety through personal experience</i>	
Because things have happened, especially at the beach	2
Few incidences of violence in the area and break-ins	2
Because I have been mobbed twice	1
Been approached at times in the park	1
Daughter was walking, cars followed her in the local area	1
Due to attack	1
Have been chased at night	1
Have witnessed a couple of incidents at night in parks	1
I have had a few friends bashed. Don't like pop-ups. Kids could get sucked in by them	1
Mainly because we are on Frankston line and I've seen confrontations	1
My area has a lot of things happening and it is not worth the risk	1
There was an incident at a shopping centre that I was involved in. Industrial precincts have too few people in them to feel safe	1
Was attacked once when walking home, and have witnessed a beating at night	1
<i>Perception of safety being a female</i>	
Generally don't feel safe being female, wouldn't risk it	4
I am a girl and am scared. It has a bad reputation	1
<i>Lack of policing</i>	
Lack of supervision, no patrol, no police	3
Lack of station masters	2
Less people around	1



Reasons for rating perception of safety less than 3 out of 5 (continued)

Kingston City Council - 2012 Health and Wellbeing Survey

(Number of responses)

Comments	Number
<i>Perception of safety through media and other people</i>	
You hear horrible stories in the news	3
Watch news and hear all sorts of things - don't risk life	2
Hear stories, read papers and graffiti scares me. Also vandalism	1
Hear things about what happens - attempted rapes	1
Heard bad things, don't feel comfortable by myself at night	1
It is too risky. Read a lot about it	1
News in media - kidnappings	1
So many incidents of violence in papers on public transport	1
The sexual assaults in the last few weeks have scared me. Schools have been targeted	1
<i>Drugs / alcohol / youth / gangs</i>	
Drug dealers at night, people abuse a lot	5
Lots of drunk people around, at parks at night	5
Because of groups of uncontrolled kids at night	3
There is a football club near the park and they are drunk	2
Youths come down from other areas - verbal abuse	2
A lot of young people in the area - there is nowhere for them to go so all they have to do is get drunk at night	1
Druggies hang out at the foreshore at night	1
Drugs/drinking at those locations. Gets violent	1
Every Friday night there is a bikie gang going around	1
I won't be there as they have gathering youths and it is not safe	1
Lots of people who smoke drugs	1
There are young people who smash bus stops. Not safe to walk	1
Young guys hanging around - feel insecure	1
<i>Safety on in the Internet / computers</i>	
Have had a bug in the computer recently	3
Had a bad experience of credit card fraud online	2
Don't know much about computers, so I am very unsure about the internet	1
Don't trust the internet, hackers and thieves on it	1
Hear stories of internet theft	1
<i>Problems with specific areas</i>	
Hear about Mordialloc Station and don't feel safe	1
Live in corner and they deal with drugs here. They burnt the station. Drug dealing at Railway Parade	1
Near Keysborough- murder there	1
The Chelsea area - kids drinking	1



Reasons for rating perception of safety less than 3 out of 5 (continued)

Kingston City Council - 2012 Health and Wellbeing Survey

(Number of responses)

<i>Comments</i>	<i>Number</i>
<i>General</i>	
It is not safe, in all areas	6
Don't feel safe at those times & would not go by myself	4
Just being cautious	3
Just don't feel safe	3
Not worth the risk, not wise	3
Don't feel safe. People driving past, doing drugs or drinking	2
Precautionary- never had a bad experience	2
Anything can happen, it's getting worse	1
Do not go there. There are a lot of problems there	1
Don't feel safe with all I hear	1
Just creepy hanging around there	1
The way the world is today	1
They are dangerous	1
They are pathetic	1
Walking alone is not safe at all even during the day	1
We live near parks and I get nervous- it is scary	1
We live on a main road & we hear yelling and screaming	1
<i>Other</i>	
Halfway house nearby	1
Have a bingo parlour and we have complained a lot. Trucks park on road as we live opposite industrial precinct	1
I still drive, have leg problems & do not walk much so don't use them	1
Lot of dogs off-leash, dangerous for kids	1
Lots of hiding places in shrubbery	1
More schools	1
Murchison Crescent - a speed bump for hoons	1
Ongoing tip smell needs to be addressed	1
Physical restrictions	1
Reduction in gambling	1
The environment is wrong - people do what they want	1
Updated infrastructure along the foreshore	1
Used to work in industrial areas - can be isolated	1
We need more playground facilities for kids	1
Total	193



Improvements to the local area

Respondents were asked:

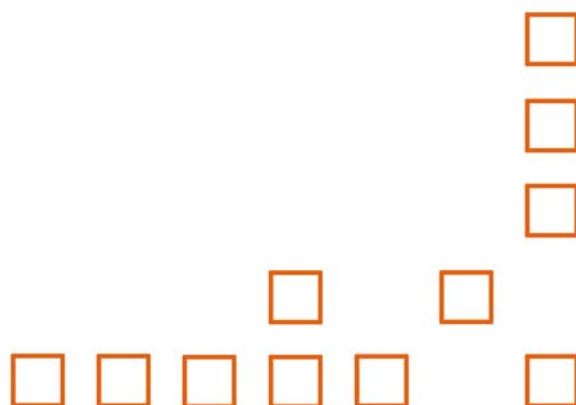
“What three things could be improved or changed in your local area that would support or improve your health and well-being? (Q. 12)”

Respondents were asked to identify things that could be improved or changed in the local area that would support or improve their health and wellbeing.

There were a total of 507 responses obtained from 308 of the 512 respondents (60.1%). There were a wide range of responses identified with the most commonly identified relating to parks and gardens (11.0%). A large number of other issues were identified by around five percent of respondents. Given that no single or couple of issues dominates these results suggests the there is no major or widespread health or wellbeing problem unaddressed within the community.

Some variation is evident across the four regions comprising the City of Kingston, with particular attention drawn to the following:

- ⊗ The lower than average proportion from Region 4 identifying parks, gardens and open space.
- ⊗ The lower than average proportion from Region 2 identifying safety, policing and crime.
- ⊗ The higher than average proportion from Region 3 identifying traffic management.
- ⊗ The lower than average proportion from Region 1 identifying rubbish and waste including garbage collection.
- ⊗ The higher than average proportion from Region 4 identifying consultation, communication and the provision of information.





Improvements needed to the local area
Kingston City Council - 2012 Health and Wellbeing Survey
(Number of total responses)

<i>Issue</i>	<i>2012 Survey</i>	
	<i>Number</i>	<i>Percent</i>
Parks, gardens, open space	56	11.0%
Safety, policing and crime	40	7.8%
Traffic management	36	6.9%
Public transport	29	5.6%
Rubbish and waste including garbage collection	26	5.2%
Consultation, communication & provision of info	24	4.7%
Sports and recreation facilities	24	4.6%
Public health / medical facilities	23	4.5%
Street trees	20	3.9%
Quality and provision of local shops	20	3.8%
Street lighting	19	3.8%
Bicycles and bike tracks	16	3.1%
Parking	15	2.9%
Drug and alcohol issues	12	2.3%
Cleanliness of the area	10	2.0%
Footpath maintenance and repairs	10	1.9%
Roads maintenance and repairs	9	1.8%
Smell from tip / land fill	8	1.6%
Activities and facilities for youth	8	1.6%
Rates	8	1.5%
Building, housing, planning and development	7	1.4%
Mental health	7	1.3%
Animal management	5	1.1%
Quality of and access to local facilities	5	1.0%
Community activities and events	5	0.9%
Services and facilities for the elderly (aged care)	4	0.9%
Street cleaning	4	0.8%
Fresh fruit / farmers market	4	0.8%
Promoting community atmosphere, arts and culture	4	0.8%
Dental services	4	0.8%
Facilities and activities for children	4	0.7%
Public toilets	3	0.5%
Multicultural issues / cultural diversity	3	0.5%
Noise	3	0.5%
Education and schools	2	0.4%
Aesthetics of local area	2	0.4%
Drains maintenance and repairs	2	0.4%
Entertainment	2	0.3%
Gambling	1	0.1%
Hard rubbish	1	0.2%
Libraries	1	0.1%
Quality and provision of Council services	1	0.1%
Environment, conservation and climate change	1	0.1%
Childcare	1	0.1%
Other	21	4.1%

Total number of responses **507**
Total number of respondents providing a response *308 (60.1%)*



Improvements needed to the local area by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number of total responses)

Issue	Region 1	Region 2	Region 3	Region 4
Parks, gardens, open space	12.6%	12.2%	12.4%	6.7%
Safety, policing and crime	9.9%	3.8%	10.0%	8.3%
Traffic management	3.3%	6.9%	12.4%	5.0%
Public transport	0.7%	9.2%	6.5%	5.0%
Rubbish and waste including garbage collection	10.6%	5.3%	1.8%	3.3%
Consultation, communication & provision of info	3.3%	3.8%	3.5%	8.3%
Sports and recreation facilities	2.6%	5.3%	3.5%	6.7%
Public health / medical facilities	2.6%	6.1%	3.5%	5.0%
Street trees	4.0%	3.1%	5.3%	3.3%
Quality and provision of local shops	1.3%	11.5%	0.6%	0.0%
Street lighting	4.6%	3.8%	1.8%	5.0%
Bicycles and bike tracks	3.3%	1.5%	4.7%	3.3%
Parking	3.3%	0.0%	2.4%	6.7%
Drug and alcohol issues	1.3%	1.5%	2.9%	3.3%
Cleanliness of the area	2.0%	0.8%	2.9%	3.3%
Footpath maintenance and repairs	1.3%	0.0%	1.8%	5.0%
Roads maintenance and repairs	2.0%	0.8%	2.9%	1.7%
Smell from tip / land fill	2.0%	3.8%	0.0%	0.0%
Activities and facilities for youth	0.7%	3.8%	1.2%	0.0%
Rates	1.3%	0.8%	4.1%	0.0%
Building, housing, planning and development	1.3%	2.3%	1.8%	0.0%
Mental health	1.3%	0.8%	1.8%	1.7%
Animal management	0.0%	0.8%	1.8%	1.7%
Quality of and access to local facilities	0.7%	1.5%	1.8%	0.0%
Community activities and events	0.0%	0.8%	2.9%	0.0%
Services and facilities for the elderly (aged care)	0.0%	1.5%	1.8%	0.0%
Street cleaning	0.0%	0.0%	1.8%	1.7%
Fresh fruit / farmers market	1.3%	0.8%	1.2%	0.0%
Promoting community atmosphere, arts & culture	0.0%	0.8%	0.6%	1.7%
Dental services	0.0%	0.8%	0.6%	1.7%
Facilities and activities for children	0.7%	0.0%	0.6%	1.7%
Public toilets	0.0%	0.0%	0.6%	1.7%
Multicultural issues / cultural diversity	0.0%	0.0%	0.6%	1.7%
Noise	0.0%	0.8%	1.2%	0.0%
Education and schools	0.7%	0.0%	1.2%	0.0%
Aesthetics of local area	0.0%	0.0%	0.0%	1.7%
Drains maintenance and repairs	0.7%	0.8%	0.0%	0.0%
Entertainment	1.3%	0.0%	0.0%	0.0%
Gambling	0.0%	0.0%	0.6%	0.0%
Hard rubbish	0.7%	0.0%	0.0%	0.0%
Libraries	0.7%	0.0%	0.0%	0.0%
Quality and provision of Council services	0.7%	0.0%	0.0%	0.0%
Environment, conservation and climate change	0.7%	0.0%	0.0%	0.0%
Childcare	0.0%	0.0%	0.6%	0.0%
Other	4.0%	3.1%	5.3%	3.3%
Total number of responses	130	129	188	59
<i>Total number of respondents providing a response</i>	<i>84 (55.6%)</i>	<i>79 (60.3%)</i>	<i>109 (64.1%)</i>	<i>36 (60.0%)</i>



Family violence



Respondents were asked:

“Which, if any, of the following actions do you believe are examples of family violence? (Q. 13)”

The overwhelming majority of respondents were of the view that all seven actions were indeed always acts of family violence, with three-quarters or more of respondents considering each of the actions to be family violence.

Of most interest in relation to these results is the proportion of respondents considering that any or all of these actions would never constitute an act of family violence, given that each of these actions do in fact constitute family violence. The proportion of respondents considering that physical actions (hitting, choking, etc) would never be family violence is very small but measurable at 3.3%, a similar result for verbal and psychological acts and even smaller but still measurable 2.5% for acts of sexual coercion.

The actions of a less physical nature such as those of a financial, faith or social / personal liberty nature were identified as never being acts of family violence by a slight but noticeable larger proportion of respondents in the order of seven to ten percent.

Family violence
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Response	Never	Sometimes	Always	Can't say	Total
A family member hitting, choking or throwing objects at another	3.3%	6.4%	87.3%	2.9%	15
One family member forcing another to engage in sexual activities against their will	2.5%	1.3%	94.5%	1.7%	9
One family member repeatedly calling another names or putting them down	3.5%	11.4%	82.9%	2.2%	11
One family member checking up on another by following them or constantly calling or texting them resulting in them feeling distressed or fearful	4.9%	8.9%	83.4%	2.8%	14
One family member withholding or threatening to withhold the necessary living expenses of a person or child	6.8%	10.9%	78.7%	3.6%	18
One family member controlling where another goes or who they see	8.3%	16.8%	72.1%	2.8%	14
One family member preventing another from worshipping in their desired faith	8.6%	9.2%	78.5%	3.8%	19



The following table provides these results by the four regions comprising the City of Kingston. Although some variation is observed between the results at the region level, relatively little significant variation is observed across the four regions. That said, attention is drawn to the following:

- ⊗ The higher than average proportion of respondents from Region 4 of the view that one family member controlling where another goes or who they see was never a case of family violence.

Family violence by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

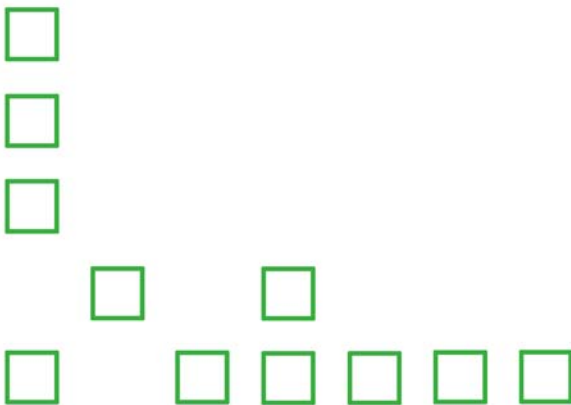
Response	Region	Never	Sometimes	Always	Can't say	Total
A family member hitting, choking or throwing objects at another	Region 1	6.0%	5.3%	85.4%	3.3%	151
	Region 2	0.8%	6.1%	90.8%	2.3%	131
	Region 3	4.1%	7.6%	85.3%	2.9%	170
	Region 4	3.3%	6.7%	86.7%	3.3%	60
One family member forcing another to engage in sexual activities against their will	Region 1	6.0%	0.0%	90.7%	3.3%	151
	Region 2	0.8%	1.5%	95.4%	2.3%	131
	Region 3	4.1%	1.8%	92.8%	1.2%	170
	Region 4	0.0%	1.7%	98.3%	0.0%	60
One family member repeatedly calling another names or putting them down	Region 1	6.6%	7.3%	84.1%	2.0%	151
	Region 2	1.5%	12.2%	83.2%	3.1%	131
	Region 3	4.7%	14.1%	79.4%	1.8%	170
	Region 4	1.7%	11.7%	85.0%	1.7%	60
One family member checking up on another by following them or constantly calling or texting them resulting in them feeling distressed or fearful	Region 1	6.6%	7.9%	82.8%	2.6%	151
	Region 2	2.3%	10.7%	82.4%	4.6%	131
	Region 3	6.5%	10.0%	81.8%	1.8%	170
	Region 4	5.0%	6.7%	86.7%	1.7%	60
One family member withholding or threatening to withhold the necessary living expenses of a person or child	Region 1	7.3%	6.6%	82.1%	4.0%	151
	Region 2	5.3%	13.7%	76.3%	4.6%	131
	Region 3	6.5%	8.8%	82.4%	2.4%	170
	Region 4	8.3%	13.3%	75.0%	3.3%	60
One family member controlling where another goes or who they see	Region 1	6.0%	13.9%	77.5%	2.6%	151
	Region 2	6.1%	20.6%	68.7%	4.6%	131
	Region 3	6.5%	16.5%	75.3%	1.8%	170
	Region 4	15.0%	15.0%	68.3%	1.7%	60
One family member preventing another from worshipping in their desired faith	Region 1	7.9%	8.6%	80.8%	2.6%	151
	Region 2	5.3%	9.2%	79.4%	6.1%	131
	Region 3	10.0%	8.8%	77.1%	4.1%	170
	Region 4	11.7%	10.0%	76.7%	1.7%	60

The following table provides these results by the respondents' gender.

There is relatively no meaningful variation between males and females observed for actions relating to physical, sexual or verbal violence. Attention is drawn however to the somewhat higher proportion of males than females who considered that the actions relating to checking up on someone and controlling someone to “never” be family violence.

Family violence by gender
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

<i>Response</i>	<i>Gender</i>	<i>Never</i>	<i>Sometime</i>	<i>Always</i>	<i>Can't say</i>	Total
A family member hitting, choking or throwing objects at another	Male	3.3%	6.8%	84.5%	5.4%	189
	Female	3.4%	6.2%	88.9%	1.5%	323
One family member forcing another to engage in sexual activities against their will	Male	2.2%	0.8%	95.0%	2.0%	189
	Female	2.7%	1.6%	94.2%	1.5%	323
One family member repeatedly calling another names or putting them down	Male	4.3%	14.5%	77.1%	4.1%	189
	Female	3.0%	9.6%	86.3%	1.0%	323
One family member checking up on another by following them or constantly calling or texting them resulting in them feeling distressed or fearful	Male	7.3%	10.7%	77.3%	4.7%	189
	Female	3.5%	7.9%	86.9%	1.6%	323
One family member withholding or threatening to withhold the necessary living expenses of a person or child	Male	7.9%	12.0%	75.4%	4.7%	189
	Female	6.1%	10.3%	80.7%	3.0%	323
One family member controlling where another goes or who they see	Male	11.5%	15.2%	70.2%	3.2%	189
	Female	6.5%	17.7%	73.3%	2.5%	323
One family member preventing another from worshipping in their desired faith	Male	9.4%	10.5%	75.7%	4.4%	189
	Female	8.1%	8.4%	80.1%	3.4%	323



Respondent profile

The following section provides the demographic profile of the respondents surveyed for the *Kingston City Council – 2012 Health and Wellbeing Survey*.

Age group

Age structure
Kingston City Council - 2012 Health and Wellbeing Survey
 (Number and percent of total respondents)

Age	2012 Survey		Region 1	Region 2	Region 3	Region 4
	Number	Percent				
15 - 24 years	31	6.1%	6.0%	6.9%	4.1%	6.7%
25 - 35 years	85	16.6%	18.5%	19.1%	8.2%	20.0%
36 - 45 years	130	25.4%	29.1%	25.2%	28.2%	20.0%
46 - 55 years	102	19.9%	22.5%	17.6%	20.0%	20.0%
56 - 75 years	132	25.8%	21.2%	26.0%	29.4%	26.7%
76 years and over	32	6.3%	2.6%	5.3%	10.0%	6.7%
Total	512	100%	151	131	170	60

Gender

Gender
Kingston City Council - 2012 Health and Wellbeing Survey
 (Number and percent of total respondents)

Gender	2012 Survey		Region 1	Region 2	Region 3	Region 4
	Number	Percent				
Male	189	36.9%	36.4%	28.2%	37.6%	46.7%
Female	323	63.1%	63.6%	71.8%	62.4%	53.3%
Total	512	100%	151	131	170	60

Language

Language
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Language	2012 Survey		Region 1	Region 2	Region 3	Region 4
	Number	Percent				
English	404	78.9%	57.3%	78.6%	89.9%	88.3%
Greek	11	2.1%	5.3%	2.3%	1.2%	0.0%
Hindi	10	2.0%	6.7%	1.5%	0.0%	0.0%
Italian	8	1.6%	0.7%	2.3%	1.2%	1.7%
French	6	1.2%	1.3%	1.5%	0.0%	1.7%
Russian	6	1.2%	2.0%	0.0%	1.2%	1.7%
Vietnamese	5	1.0%	2.7%	1.5%	0.0%	0.0%
Spanish	4	0.8%	0.0%	0.8%	0.6%	1.7%
Japanese	3	0.6%	0.0%	0.8%	0.0%	1.7%
Thai	3	0.6%	0.0%	1.5%	0.6%	0.0%
Malayalam	3	0.6%	0.7%	0.0%	0.0%	1.7%
Khmer	3	0.6%	1.3%	0.8%	0.0%	0.0%
Cantonese	3	0.6%	1.3%	0.8%	0.0%	0.0%
Hebrew	2	0.4%	2.0%	0.0%	0.0%	0.0%
Tamil	2	0.4%	2.0%	0.0%	0.0%	0.0%
Hungarian	2	0.4%	1.3%	0.0%	0.6%	0.0%
German	2	0.4%	0.7%	0.0%	1.2%	0.0%
Korean	2	0.4%	0.0%	0.0%	0.0%	1.7%
Arabic	2	0.4%	0.0%	0.8%	0.6%	0.0%
Polish	2	0.4%	1.3%	0.0%	0.0%	0.0%
Turkish	2	0.3%	1.3%	0.0%	0.0%	0.0%
Chinese, n.f.d	2	0.3%	1.3%	0.0%	0.0%	0.0%
Punjabi	1	0.3%	0.7%	0.0%	0.6%	0.0%
Mandarin	1	0.2%	0.0%	0.8%	0.0%	0.0%
Afrikaans	1	0.2%	0.0%	0.8%	0.0%	0.0%
Auslan	1	0.2%	0.0%	0.8%	0.0%	0.0%
Croatian	1	0.1%	0.7%	0.0%	0.0%	0.0%
Armenian	1	0.1%	0.7%	0.0%	0.0%	0.0%
Amharic	1	0.1%	0.7%	0.0%	0.0%	0.0%
Teluga	1	0.1%	0.7%	0.0%	0.0%	0.0%
Sinhalese	1	0.1%	0.7%	0.0%	0.0%	0.0%
Burmese	1	0.1%	0.7%	0.0%	0.0%	0.0%
Tagalog (Filipino)	1	0.1%	0.7%	0.0%	0.0%	0.0%
Dutch	1	0.1%	0.0%	0.0%	0.6%	0.0%
Indonesian	1	0.1%	0.0%	0.0%	0.6%	0.0%
Other Languages n.f.d.	3	0.6%	2.0%	0.8%	0.0%	0.0%
Multiple	11	2.1%	3.3%	3.8%	1.2%	0.0%
Not stated	1		1	0	1	0
Total	513	100%	151	131	170	60

Disability

Disability
Kingston City Council - 2012 Health and Wellbeing Survey
 (Number and percent of total respondents)

Disability	2012 Survey		Region 1	Region 2	Region 3	Region 4
	Number	Percent				
Yes	65	12.8%	11.5%	13.2%	16.8%	10.0%
No	441	87.2%	88.5%	86.8%	83.2%	90.0%
Not stated	6		3	2	3	0
Total	512	100%	151	131	170	60

Household structure

Household structure
Kingston City Council - 2012 Health and Wellbeing Survey
 (Number and percent of total respondents)

Structure	2012 Survey		Region 1	Region 2	Region 3	Region 4
	Number	Percent				
Two parent family total	276	54.7%	57.8%	54.6%	53.3%	52.6%
<i>youngest child 0 - 4 years</i>	92	18.2%	19.7%	16.9%	16.0%	20.3%
<i>youngest child 5 - 12 years</i>	81	16.0%	18.4%	16.2%	17.8%	11.9%
<i>youngest child 13 - 18 years</i>	50	9.9%	10.2%	9.2%	8.3%	11.9%
<i>adult children only</i>	53	10.5%	9.5%	12.3%	11.2%	8.5%
One parent family total	35	6.9%	7.5%	7.8%	6.6%	6.8%
<i>youngest child 0 - 4 years</i>	4	0.8%	1.4%	0.8%	1.2%	0.0%
<i>youngest child 5 - 12 years</i>	3	0.6%	0.7%	0.8%	1.2%	0.0%
<i>youngest child 13 - 18 years</i>	13	2.6%	2.7%	3.1%	3.0%	1.7%
<i>adult children only</i>	15	3.0%	2.7%	3.1%	1.2%	5.1%
Couple only household	105	20.8%	16.3%	20.8%	21.9%	23.7%
Group household	20	4.0%	8.2%	3.1%	3.6%	1.7%
Sole person household	66	13.1%	8.8%	13.1%	14.8%	15.3%
Other family	3	0.6%	1.4%	0.8%	0.0%	0.0%
Not stated	7		4	1	1	1
Total	512	100%	151	131	170	60

Employment status

Employment status
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Language	2012 Survey		Region 1	Region 2	Region 3	Region 4
	Number	Percent				
Employed full time	177	34.6%	40.4%	31.3%	32.4%	35.0%
Employed part time / casually	116	22.7%	19.2%	32.1%	21.8%	15.0%
Self employed	27	5.3%	5.3%	5.3%	7.1%	3.3%
Full time studies	15	2.9%	4.6%	0.8%	1.8%	5.0%
Part time studies	1	0.2%	0.7%	0.0%	0.0%	0.0%
Employed and studying	5	1.0%	1.3%	0.8%	0.6%	1.7%
Unemployed seeking work	19	3.7%	4.0%	5.3%	3.5%	1.7%
Retired	103	20.1%	13.2%	14.5%	25.3%	28.3%
Home duties	39	7.6%	8.6%	6.1%	5.9%	10.0%
Other	10	2.0%	2.6%	3.8%	1.8%	0.0%
Total	512	100%	151	131	170	60

Suburb of residence

Suburb of residence
Kingston City Council - 2012 Health and Wellbeing Survey
(Number and percent of total respondents)

Suburb	2012 Survey		Region 1	Region 2	Region 3	Region 4
	Number	Percent				
Dingley Village	86	16.7%	0.0%	57.3%	0.0%	0.0%
Edithvale	56	11.0%	0.0%	0.0%	0.0%	45.0%
Clayton South	44	8.5%	38.4%	0.0%	0.0%	0.0%
Cheltenham	43	8.3%	0.0%	28.2%	0.0%	0.0%
Mordialloc	37	7.3%	0.0%	0.0%	30.6%	0.0%
Parkdale	35	6.9%	0.0%	0.0%	28.8%	0.0%
Aspendale	27	5.3%	0.0%	0.0%	22.4%	0.0%
Aspendale Gardens	22	4.3%	0.0%	0.0%	18.2%	0.0%
Mentone	20	3.8%	0.0%	13.0%	0.0%	0.0%
Oakleigh South	19	3.7%	16.6%	0.0%	0.0%	0.0%
Highett	19	3.7%	16.6%	0.0%	0.0%	0.0%
Moorabbin	17	3.2%	14.6%	0.0%	0.0%	0.0%
Clarinda	16	3.1%	13.9%	0.0%	0.0%	0.0%
Chelsea	15	2.9%	0.0%	0.0%	0.0%	11.7%
Bonbeach	15	2.9%	0.0%	0.0%	0.0%	11.7%
Chelsea Heights	15	2.9%	0.0%	0.0%	0.0%	11.7%
Patterson Lakes	13	2.5%	0.0%	0.0%	0.0%	10.0%
Carrum	13	2.5%	0.0%	0.0%	0.0%	10.0%
Heatherton	2	0.4%	0.0%	1.5%	0.0%	0.0%
Total	514	100%	151	131	170	60

General comments

Respondents were asked:

“Do you have any other comments you would like to make?”

General comments
Kingston City Council - 2012 Health and Wellbeing Survey
(Number of total responses)

<i>Response</i>	<i>Number</i>
<i>Planning and building</i>	
In some parts of this area there are lots of high rise buildings being built- issues relating to these are difficult to bring to the council and take a long time to be resolved. I am also concerned these will change the look of our area	1
More affordable housing	1
More open minded about the development around Mordialloc - losing out more money on tourism	1
People building new units is a nuisance. My fence is gone- too many building issues	1
Too many offices and industries coming up	1
<i>Garbage / smell from tip</i>	
Stop the smell from the tips - it is horrible	3
Encourage monitoring of smell from tips	1
Garbage man throws garbage everywhere and it is unhealthy	1
Hard rubbish collections more frequent as people keep dumping it	1
<i>Rates</i>	
Council rates are too high	7
Council rates are extremely high in the retirement village	3
Retirement village rates are very high and it is stressful	3
Keep the rates down	2
Rates are getting higher at bike sheds- but pretty good job here	2
Do not increase the rates	1
Make rates cheaper	1
Reduce cost of housing	1
Should pay attention to the elderly, especially regarding council rates. We don't get much in return for our money	1
The rates are worrying us greatly	1
<i>Roads / infrastructure maintenance</i>	
Fix gutters in driveways	2
Footpaths are not ok. Please take care of them as we keep falling	2
Improve roads in this area	2
Fix my driveway	1
Not happy with roads. It is a health hazard as we get stressed	1



General comments (continued)
Kingston City Council - 2012 Health and Wellbeing Survey

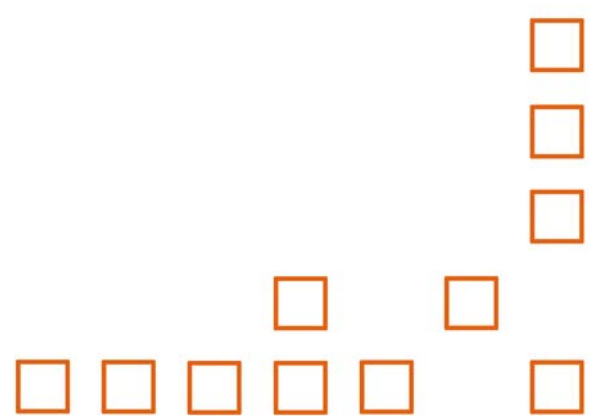
(Number of total responses)

<i>Response</i>	<i>Number</i>
<i>Parks and open spaces</i>	
Protect the green	3
Keep trees in streets and on nature strips maintained	2
Better environmental practices	1
Fix park at netball courts, opposite golf course - needs maintenance, poorly cut grass etc	1
Just the parks	1
More greenery in the area by the railway side	1
Water trees more - dying and nobody doing anything	1
<i>Safety / Lighting</i>	
Lighting along bike track is needed	1
Safety in the area. Do something about drug dealers. Neighbourhood Watch should come back	1
<i>Noise</i>	
Get rid of the helicopter training school- very noisy	1
Stop the aeroplanes. They are extremely noisy	1
<i>Communication / information / feedback</i>	
Didn't have any idea about the people who stood in the elections. They should do something about it	1
Need better feedback on requests made of the council	1
Need to find out the facilities in the area- please help	1
The Council needs to inform people what they are doing	1
There needs to be more contact of Councillors with the people. Get them on the street - they need to talk to us more	1
They do not get back to me on my issues/enquiries	1
We don't get information about young kids and the facilities for them from the Council. It can be made readily available	1
<i>Council services / facilities</i>	
Improve the Edithvale beach toilets. It is important	2
Bring the free swimming back. We need it desperately	1
Improved transportation services for seniors	1
Please provide in-home help	1
Problems with the rights for the people. Address the different money people	1
Put some provisions for dogs in the area, other than the dog park. Bayside has it, but not Kingston.	1
Dog baggies are needed	1
Reduce fees to get dog returned from lost dog's home	1
<i>Comments on survey</i>	
Good survey	1
I applaud the way the survey was delivered and constructed	1
Interesting survey	1
Odd survey - very subjective - don't understand the purpose of the survey	1
Some of the questions on this survey need to be clarified / made more specific	1



General comments (continued)
Kingston City Council - 2012 Health and Wellbeing Survey
 (Number of total responses)

<i>Response</i>	<i>Number</i>
<i>General positive</i>	
Has found Council to be extremely helpful	3
Happy with them. Doing a good job with gardens and beaches	2
Its all good	2
Kingston is good. People complain but I think they are very good, particularly for elderly citizens	2
They are good	2
Council does a good job	1
Doing an excellent job	1
Fantastic job on the streetscapes	1
Good to see the change of Council has come for the better	1
Great Council and very good family lifestyle in this area	1
Happy living in the area	1
Happy with Kingston Council representative. He will do good things	1
Honestly - I am very happy where I am	1
I am happy, but can mow lawns more	1
It is good that Council's facilities are disability-friendly. On work cover, can't walk. No access to DSP	1
Its a lovely area	1
Keep up the good work	1
Satisfied with the response from the Council representative (Angela)	1
Services for disabled people are excellent. Good job!	1
Thank you for the park	1
Very happy with swimming facilities	1
Very happy with this area	1
<i>General negative</i>	
Council fails to listen to the community	1
I would like to know why we have are paying so much rates when all the services have been of less quality. You are doing a terrible job. We used to get tip tickets but don't anymore. Ask and ask for things to be done and Council turns a blind eye	1
Not happy with the Council. They can do much better. People are struggling - do not respond to letters or calls. Don't make arrangements	1
Not too many problems here	1
They do not know what they are doing. Needs more improvement	1





General comments (continued)
Kingston City Council - 2012 Health and Wellbeing Survey
(Number of total responses)

<i>Response</i>	<i>Number</i>
<i>Other</i>	
Also prices are high	1
Can have more development in my area	1
Council needs to check on other people's lawns and allow large trees in front of gardens to be cut down as they are a danger	1
Dental service improved	1
Dogs that bark should be taken care of	1
Get rid of overhead powerlines	1
Health hazard from another house	1
Indian shops are not good at all. Cannot believe them	1
Jazz festival is too commercial - no locals go, just ring-ins	1
More law enforcement for new immigrants	1
Not much out there in terms of what they do. Out of touch with them	1
Parking fines	1
Supermarket and shopping centre are my biggest concerns	1
The training of aircraft is an issue	1
There needs to be a reduction in the fact that family violence is a taboo issue. It is far too closeted & not spoken about enough.	1
Tried volunteering once through an online service and found it to be a very difficult process	1
Want parking permit ticket	1
Watch what they spend Council money on e.g. spending on unnecessary areas	1
Young families need more help financially	1
<i>Specific areas identified</i>	
Bus to pass Sherwood Ave and Fowler St	2
Bay Rd parking is ridiculous for residents and needs to be addressed	1
Do something about the shops at Dingley Village	1
Golden Street - it is not good and both sides parking is not good at all. Dangerous to drive, too many cars	1
Keep Hyatt train station. Station at Southland would be good	1
Shops near Warren Rd do not have the flowers anymore- they were pretty and we miss them	1
Should do something about the Kensington side of the Clayton shopping centre. Full of weeds and not beautified - Monash side looks brilliant	1
Should spend more money in Apendale as it is shabby	1
Too much traffic congestion around Mordialloc beach especially on warm days	1
Total	137



Appendix one – safety by region

Reasons for rating perception of safety less than 3 out of 5 by region

Kingston City Council - 2012 Health and Wellbeing Survey

(Number of responses)

<i>Comments</i>	<i>Number</i>
<i>Region 1</i>	
All the kids running around	1
Anything can happen, it's getting worse	1
Anywhere something can happen at night	1
Because I have been mobbed twice	1
Because of groups of kids at night	1
Do not go there. There are a lot of problems there	1
Don't feel safe with all I hear	1
Don't have a good view of parks at night	1
Due to attack	1
Every Friday night there is a bikie gang going around	1
Halfway house nearby	1
Have a bingo parlour and we have complained a lot. Trucks park on road as we live opposite industrial precinct	1
Have been chased at night	1
Hear things about what happens - attempted rapes	1
I am a girl and am scared. It has a bad reputation	1
I wouldn't walk at night	1
Just creepy hanging around there	1
Live in corner and they deal with drugs here. They burnt the station. Drug dealing at Railway Parade	1
Lots of drug activity	1
Lots of drug dealers at night	1
Lots of hiding places in shrubbery	1
Lots of undesirables at night	1
Mainly because we are on Frankston line and I've seen confrontations	1
Might not know what will happen at night	1
Murchison Crescent - a speed bump for hoons	1
My area has a lot of things happening and it is not worth the risk	1
Near Keysborough - murder there	1
No police around	1
Not by myself and never will I go there	1
Not enough lighting in streets	1
Not many people about	1
Not safe at all	1
Not safe at all. Not worth the risk	1
Not safe at night at all	1



Reasons for rating perception of safety less than 3 out of 5 by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number of responses)

<i>Comments</i>	<i>Number</i>
<i>Region 1</i>	
Not very good lighting and hidey-holes	1
Ongoing tip smell needs to be addressed	1
People carry guns and knives and they just want wallets and jewellery etc	1
Reduction in gambling	1
So many incidents of violence in papers on public transport	1
The environment is wrong - people do what they want	1
The staff you hear on news	1
There are young people who smash bus stops. Not safe to walk	1
They are dangerous	1
They are not safe, full of crazy and mentally challenged people. Not sufficient lighting in the roads	1
Too many wrong people there	1
Walking along is not safe at all even during the day, Need more personnel at stations	1
We need more playground facilities for kids	1
Weird people - very dark - bad language	1
You hear horrible stories in the news	1
Young guys hanging around- feel insecure	1
Total	50
<i>Region 2</i>	
A lot of young people in the area- there is nowhere for them to go so all they have to do is get drunk at night	1
Apprehensive because it is dark- it is a personal thing	1
Because it is dark and crime is more likely to occur	1
Doesn't feel safe	1
Don't feel safe at those times & would not go by myself	1
Don't know much about computers, so I am very unsure about the internet	1
Druggies hang out at the foreshore at night	1
Generally don't feel safe being female	1
Have come across some seedy characters	1
Have witnessed a couple of incidents at night in parks	1
Hear stories of internet theft	1
Heard bad things, don't feel comfortable by myself at night. Don't trust the internet, hackers and thief's on it	1
It is a general perception, we don't give go there after 6	1
Just because I am female	1



Reasons for rating perception of safety less than 3 out of 5 by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number of responses)



<i>Comments</i>	<i>Number</i>
<i>Region 2</i>	
Just being precautionary	1
Just being safe	1
Just don't go at night as I am suspicious	1
Just would not go there. Would not put myself in that situation	1
Just wouldn't be comfortable	1
Less people around	1
Lot of dogs off-leash, dangerous for kids	1
Lot of rough people around	1
Lots of drunk people around	1
More schools	1
More street lights	1
Not enough light, feel uneasy	1
Not enough lighting	1
Not lit enough so don't feel comfortable	1
Park at night is dark and scary. Transport always has idiots	1
People drinking at parks at night. Had a bad experience of credit card fraud online	1
Public transport is full of thugs	1
Quite dark at night	1
Scary people are out at night	1
Study characters / groups of people, not enough light	1
Take precautions- shady characters	1
They are not patrolled	1
Weird people and very dark	1
You just don't know who is out there	1
Total	38

Region 3

A few dodgy people around	1
At night anything can happen	1
Because at night there are very few people outside and it is not safe	1
Because of the sorts of people it attracts	1
Because there are weirdos on the foreshore	1
Because things have happened, especially at the beach	1
Been approached at times in the park	1
Cause I am female, I wouldn't risk it	1





Reasons for rating perception of safety less than 3 out of 5 by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number of responses)

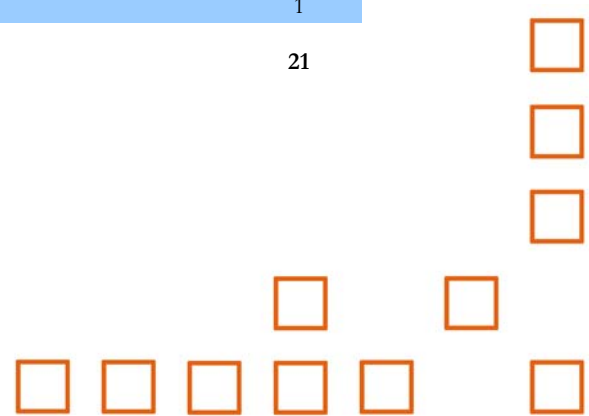
<i>Comments</i>	<i>Number</i>
<i>Region 3</i>	
Daughter was walking, cars followed her in the local area	1
Drug dealers, people abuse a lot	1
Drugs/drinking at those locations. Gets violent	1
Have had things happen	1
Hear about Mordialloc Station and don't feel safe	1
Hear stories, read papers and graffiti scares me. Also vandalism	1
I am afraid of the dark	1
I don't feel comfortable by myself	1
I have had a few friends bashed. Don't like pop-ups. Kids could get sucked in by them	1
I still drive, have leg problems & do not walk much so don't use them	1
I won't be there as they have gathering youths and it is not safe	1
Internet has too many viruses	1
It is not safe, in all areas	1
It is not safe. Too many bad people	1
It is risky	1
It is too risky. Read a lot about it	1
It is unsafe- more unsafe people at that	1
Just don't feel safe	1
Just the way it is, it is a good area but things happen at night	1
Lack of supervision	1
Lots of people who smoke drugs	1
Lots of unknown people hanging around	1
More crime at night	1
News in media- kidnappings	1
No adequate street lighting. Women are not safe at night	1
No lighting, just vacant & grassland	1
Not enough lighting, don't feel comfortable	1
Not happy with the monitoring of public safety at P. T. locations	1
Not safe at all	1
Not wise these days	1
Not worth the risk	1
Parks not lit well enough	1
Partly because it is dark and unsavoury characters hang around those areas	1
Physical restrictions	1
Subject of online fraud	1
Summer attracts many people from the Northern suburbs creating trouble	1



Reasons for rating perception of safety less than 3 out of 5 by region
Kingston City Council - 2012 Health and Wellbeing Survey
(Number of responses)

<i>Comments</i>	<i>Number</i>
<i>Region 3</i>	
The Chelsea area - kids drinking	1
The sexual assaults in the last few weeks have scared me. Schools have been targeted	1
The way the world is today	1
There are people that we don't feel safe around	1
There was an incident at a shopping centre that I was involved in. Industrial precincts have too few people in them to feel safe	1
They are pathetic	1
Too many kids uncontrolled	1
Updated infrastructure along the foreshore	1
Used to work in industrial areas - can be isolated	1
Very late at night, too exposed in parks	1
Was attacked once when walking home, and have witnessed a beating at night	1
We live near parks and I get nervous- it is scary	1
We live on a main road & we hear yelling and screaming	1
Total	57

<i>Region 4</i>	
Apprehension on the trains	1
Could be asking for trouble, lots of drunks coming out of pubs	1
Don't feel safe. People driving past, doing drugs or drinking	1
Feels unsafe. Lots of strangers	1
Few incidences of violence in the area and break-ins	1
Have had a bug in the computer recently	1
In my sixties, alot of things are so I wouldn't go out at night alone	1
Just being cautious	1
Lack of station masters	1
Lots of idiots use our beach when its hot and create trouble	1
Lots of strangers around- not locals	1
Night time is not safe at all	1
Not safe at all- too many drug dealers	1
Not very well lit	1
Precautionary- never had a bad experience	1
Safety is bad here	1
There is a football club near the park and they are drunk	1
Very dangerous- lots of drunk people so do not use	1
Watch news and hear all sorts of things- don't risk life	1
Wouldn't venture out, a lot goes on at night that people don't know	1
Youths come down from other areas- verbal abuse	1
Total	21





Appendix two - survey form



Kingston & Bayside Councils - 2012 Health & Well-being Survey

1

On a scale of 1 (strongly disagree) to (strongly agree), please rate your agreement with the following statements.

	<i>Strongly disagree</i>		<i>Neutral</i>		<i>Strongly agree</i>	<i>Can't say</i>
1. I play an active role in my community	1	2	3	4	5	99
2. There are opportunities to have a real say on issues that are important to me	1	2	3	4	5	99
3. I like the look and feel of my local area	1	2	3	4	5	99
4. I am satisfied with the quality of the parks, playgrounds and open spaces in my local area	1	2	3	4	5	99
5. I have access to fresh and affordable food to meet my household's needs	1	2	3	4	5	99
6. Alcohol consumption has a negative impact on my household	1	2	3	4	5	99
7. Illegal drugs have a negative impact on my household	1	2	3	4	5	99
8. Over the counter and / or prescription medications have a negative impact on my household	1	2	3	4	5	99
9. I am exposed to smoky environments at least once a week	1	2	3	4	5	99
10. Online gambling has a negative impact on my household	1	2	3	4	5	99
11. Pokies have a negative impact on my household	1	2	3	4	5	99
12. Other forms of gambling have a negative impact on my household	1	2	3	4	5	99
13. I feel confident I know how to protect myself against sexually transmitted infections	1	2	3	4	5	99
14. In times of need I could turn to the neighbours for help	1	2	3	4	5	99
15. I sometimes feel isolated and out of contact with other people	1	2	3	4	5	99
16. I am able to manage stress most of the time	1	2	3	4	5	99
17. I feel a strong sense of belonging to a community	1	2	3	4	5	99
18. I feel a sense of optimism about the future	1	2	3	4	5	99
19. There are adequate community services available in the local area	1	2	3	4	5	99
20. It's easy to find out what services are available to residents in the local area	1	2	3	4	5	99
21. I have access to a GP in my local area	1	2	3	4	5	99
22. I have access to dental services in my local area	1	2	3	4	5	99
23. I have access to mental health services locally	1	2	3	4	5	99
24. I have access to other medical / health services in my local area (e.g. physio, podiatry, psychologists)	1	2	3	4	5	99
If less than 3, what services are not available						

2

On a scale of 1 (very poor) to 5 (excellent), please rate your level of:

	<i>Very poor</i>	<i>Poor</i>	<i>Average</i>	<i>Good</i>	<i>Excellent</i>	<i>Can't say</i>
1. Physical health	1	2	3	4	5	9
2. Mental health	1	2	3	4	5	9

3

Overall, would you say your health and well-being is getting?

(please circle as many as appropriate)

Much better	5	Worse	2
Better	4	Much worse	1
Staying the same	3	Can't say	9

4

In the past week, have you done two and half hours of moderate to vigorous physical activity? (*vigorous activity is when you have become short of breath or caused you to puff and pant*)

Yes	1	Can't say	9
No	2		

5

How often do you typically visit local parks, gardens or reserves?

Daily	1	Rarely	4
Regularly (<i>at least once a week</i>)	2	Never	5
Occasionally	3	Can't say	9

6

In the past week, have you walked or cycled to the local shops or local facilities?

Yes - at least once	1	No	3
Yes - more than once	2	Can't say	9

7

Do you consider yourself to be a smoker?

Yes - a regular smoker	1	Have quit smoking	4
Yes - an occasional or "social" smoker	2	<i>time since quitting</i> _____	
No - not a smoker	3	Can't say	9

8

In the past week, did you consume the following?

	<i>Yes</i>	<i>No</i>	<i>Can't say</i>
At least two servings of fruit every day	1	2	9
Five servings of vegetables every day	1	2	9

9

Are you actively involved in your local community in either of the following ways?

	<i>Yes</i>	<i>No</i>	<i>Can't say</i>
I am an active member of a club or community group	1	2	9
I volunteer regularly	1	2	9

10

Would this household be able to access at least \$2,000 in an emergency?

Yes	1	Can't say	9
No	2		

11

On a scale of 1 (strongly disagree) to (strongly agree), please rate your agreement with the following statements.

	<i>Strongly disagree</i>		<i>Neutral</i>		<i>Strongly agree</i>	<i>Can't say</i>
1. I feel safe walking in my local area during the day	1	2	3	4	5	99
2. I feel safe walking in my local area at night	1	2	3	4	5	99
3. I feel safe at public transport locations	1	2	3	4	5	99
4. I feel safe at the foreshore, in parks or reserves during the day	1	2	3	4	5	99
5. I feel safe at the foreshore, in parks or reserves at night	1	2	3	4	5	99
6. I feel safe at shopping centres	1	2	3	4	5	99
7. I feel safe in industrial precincts	1	2	3	4	5	99
8. I feel safe online (using the Internet)	1	2	3	4	5	99

If any of these rated less than 3, please say why?

12

What three things could be improved or changed in your local area that would support or improve your health and well-being?

Issue One:	
Issue Two:	
Issue Three:	

13

Which, if any, of the following actions do you believe are examples of family violence?

<i>Action</i>	<i>Never</i>	<i>Sometimes</i>	<i>Always</i>	<i>Can't say</i>
1. A family member hitting, choking or throwing objects at another	1	2	3	<i>Can't say</i>
2. One family member forcing another to engage in sexual activities against their will	1	2	3	<i>Can't say</i>
3. One family member repeatedly calling another names or putting them down	1	2	3	<i>Can't say</i>
4. One family member checking up on another by following them or constantly calling or texting them resulting in them feeling distressed or fearful (<i>e.g. at work, calling family/friends</i>)	1	2	3	<i>Can't say</i>
5. One family member withholding or threatening to withhold the necessary living expenses of a person or child	1	2	3	<i>Can't say</i>
6. One family member controlling where another goes or who they see	1	2	3	<i>Can't say</i>
7. One family member preventing another from worshipping in their desired faith	1	2	3	<i>Can't say</i>

14

Please indicate which of the following best describes you.

(Please circle one only)

15 - 24 Years	1	46 - 55 Years	4
25 - 35 Years	2	56 - 75 Years	5
36 - 45 Years	3	76 Years or Over	6

15

Gender (fill in)

Male	1	Female	2
------	---	--------	---

16

Do any members of this household speak a language other than English at home?

English only	1	Other : _____	2
--------------	---	---------------	---

17

Do any members of this household identify as having a disability?

Yes	1	No	2
-----	---	----	---

18

What is the structure of this household?

(Please circle one only)

Two parent family (<i>youngest 0 - 4 yrs</i>)	1	One parent family (<i>youngest 13-18 yrs</i>)	7
Two parent family (<i>youngest 5 - 12 yrs</i>)	2	One parent family (<i>adult child only</i>)	8
Two parent family (<i>youngest 13 - 18 yrs</i>)	3	Group household	9
Two parent family (<i>adult child only</i>)	4	Sole person household	10
One parent family (<i>youngest 0 - 4 yrs</i>)	5	Couple only household	11
One parent family (<i>youngest 5 - 12 yrs</i>)	6	Other (<i>please specify</i>): _____	12

19

What is your current employment status?

(Please circle one only)

Employed full time	1	Employed and studying	6
Employed part time / casually	2	Unemployed seeking work	7
Self employed	3	Retired	8
Full time studies	4	Home duties	9
Part time studies	5	Other (<i>please specify</i>): _____	10

20

In which suburb do you live?

Suburb:

Council:

21

Do you have any other comments you would like to make?

THANK YOU FOR YOUR TIME AND FEEDBACK