



# ACTIVE YOUTH ROAD SAFETY PROGRAM

KINGSTON CITY COUNCIL WORKS WITH SECONDARY SCHOOLS TO INCREASE ROAD SAFETY AND REDUCE YOUTH INJURIES WALKING AND RIDING TO SCHOOL.



## An Active Youth Road Safety program can help your school:

- Improve student road safety behaviour.
- Encourage more walking, cycling and other sustainable transport.
- Decrease traffic congestion, during the morning and afternoon peak travel periods.
- Improve general road safety around the area.

## How we work with your school:

- Lead the development of a School Travel Plan with a student project team.
- Work with the school community on engagement activities.
- Traffic engineering audit and mapping.
- Surveys to collect preliminary data.
- Provide support to deliver actions as part of the Travel Plan.
- Provide road safety resources, tools and templates.
- Infrastructure treatments, where possible.

## About the Active Youth Road Safety program

Kingston's Active Youth Road Safety program is aimed at increasing road safety and reducing injuries to teenage youth who are walking and riding to school or catching public transport.

The program is for student in years 7 and 8 in high school.

This is an interactive and comprehensive 12-month program where Council works with the school community to design and implement solutions to reduce road risk such as injuries and create a strong safe environment around the school.

## Why we work with Active Youth

Young people continue to be at a high risk of being involved in road crashes as a pedestrian. This is because they are often independent in their travel, including taking public transport and travelling distances to school, may engage in risk-taking behaviours and could be subject to peer group pressure.

This program specifically targets young people in Years 7 and 8 who have recently transitioned to secondary school, are yet to learn to drive, and are establishing new patterns of travel to school (having left the primary school environment).

## The benefits of the program

- The program is interactive and encourages students to develop social competence, resilience and leadership skills.
- The program offers opportunities for student agency and advocacy. Students are encouraged to design and implement their own solutions to the road safety challenges experienced in their community.
- Students improve knowledge, skills and awareness of road safety behaviour.
- With the peer to peer program, students will have an opportunity to model to other students the desired behaviour around road safety.
- As actions are implemented, the environment becomes safer around the school as more students walk and cycle while pedestrian and cycling injuries will decrease.
- Traffic management strategies are implemented to enhance the safety of pedestrians and cyclists around the school.