

Looking After Our Mates

Information session

Looking After Our Mates is an interactive drink/drug driving information presentation about responsible driving and looking after each other.

The presentation is aimed at young adults in Year 12 or equivalent in a school or sports club setting, and can be run in 30 or 45 minutes sessions.

Presentations are held at a venue of your choice and at a time that is suitable for you and your members or participants.



The 'Looking After Our Mates' program teaches young people to plan ahead and look out for one another.

Who are the sessions for?

The session suits young adults in Year 12 or equivalent in a school or sports club setting.

What is covered in each session?

- Information about drug and drink driving as road safety issues.
- The laws regarding drug and drink driving.
- Strategies that can be used to avoid drug and drink driving.

Did you know?

P-plates have more than double the risk of being involved in a fatal crash.

Alcohol is a major factor in road deaths in Victoria, with approximately 25% of drivers killed in road crashes having a BAC of .05 or greater.

At a BAC of .05, your risk of being involved in a road crash is double compared with a BAC of zero.

Random drug testing in Victoria shows that one driver in 48 tests positively to the presence of illicit drugs.

What are the benefits of holding a session?

Holding a Looking After our Mates session will equip your participants with information which can help them to make informed decisions.

How to book

To book a Looking After Our Mates session contact the Community Programs Coordinator on (03) 9854 2242.

For more information visit the VicRoads website vicroads.vic.gov.au.