



Kingston B-Well Program | Enquiry form

CBCHS and Kingston Council's Kingston B-Well program provides **free, confidential and personalised** advice to help you manage the health and safety of your staff (whether working on-site or at home). We can help you identify and prioritise risks, and develop and monitor a practical action plan to create a healthy and safe workplace.

Workplace name:

Contact person and details:

Preferred contact day(s) and times(s):

What FREE support you would be interested in receiving? (tick all that apply):

- A personal consultant to help you assess workplace risks and develop a tailored action plan (Your consultant can also become a member of your OH&S committee)
- Access to a network with other workplaces
- Corporate health discounts (i.e. discounted gym memberships)
- Example policies and fact sheets (i.e. family violence, flexible work)
- Training for Staff Managers. Topics: _____
- Blogs, articles, events/networks, and webinars

Is there anything else that we could assist with? This may include assistance with surveying or engaging staff, or interpreting staff wellbeing indicators (i.e. EAP usage).

Please send completed forms to prevention@cbchs.org.au

What should you expect?

- A CBCHS consultant will contact you to discuss your needs and arrange a meeting
- Your initial meeting (or on-site visit, if practical) will last 1-2 hours to assess risks
- You will receive ongoing access to advice and support to develop and track your plan

Still have questions? Get in touch! Ph: 8587 0214

Disclaimer: Kingston B-Well consultants are employed by CBCHS and are governed by the Privacy Act 1988 and Health Records Act 2001. Any information you provide to CBCHS will remain strictly confidential and will not be distributed without your request.